



Performance Report for: <https://www.powertothepixel.com/>

Report generated: Tue, Mar 5, 2024 8:12 AM -0800
 Test Server Location: London, UK
 Using: Chrome 117.0.0.0, Lighthouse 11.0.0

B	Performance	Structure	L. Contentful Paint	T. Blocking Time	C. Layout Shift
	92%	77%	1.3s	20ms	0

Top Issues

Med	Use explicit width and height on image elements <small>CLS</small>	15 images found
Med	Use a Content Delivery Network (CDN)	70 resources found
Med-Low	Serve static assets with an efficient cache policy	Potential savings of 303KB
Med-Low	Eliminate render-blocking resources <small>FCP LCP</small>	Potential savings of 272ms
Med-Low	Avoid enormous network payloads <small>LCP</small>	Total size was 3.18MB

Page Details



Total Page Size - 3.17MB



Total Page Requests - 75



■ HTML
 ■ JS
 ■ CSS
 ■ IMG
 ■ Video
 ■ Font
 ■ Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

About GTmetrix



GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 28 years experience in web technology.

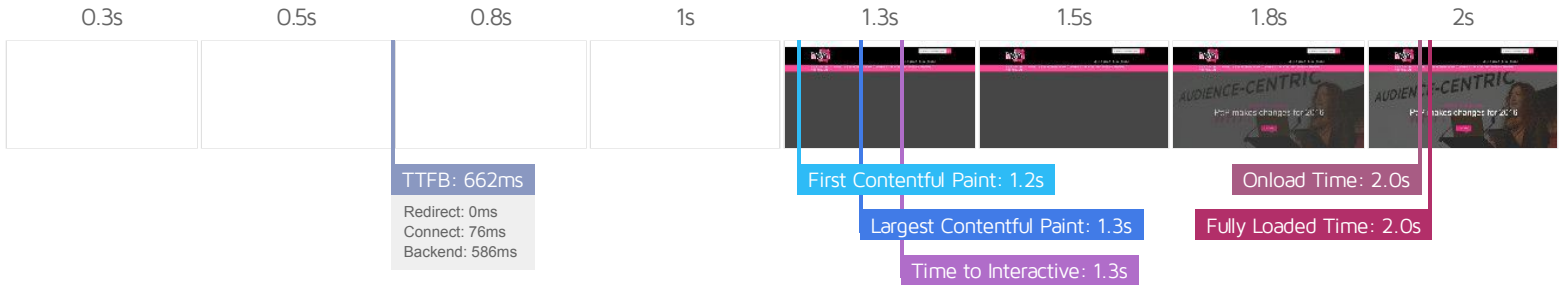
<https://carbon60.com/>

The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Power To The Pixel - : Power To The Pixel



Image_7-988x517.jpg	200	powertothe pixel.com	103KB				834ms	
The-Forum-breakout-sess...	200	powertothe pixel.com	256KB				1.1s	
Image_8-988x517.jpg	200	powertothe pixel.com	115KB				844ms	
The-Pixel-Lab-working-98...	200	powertothe pixel.com	171KB				1s	
The-Pixel-Lab-Audience-9...	200	powertothe pixel.com	118KB				870ms	
address.png	200	powertothe pixel.com	2.47KB			476ms		
jquery.form.min.js?ver=3...	200	powertothe pixel.com	14.9KB			180ms		
scripts.js?ver=4.7	200	powertothe pixel.com	13.4KB			180ms		
wp-embed.min.js?ver=ffd...	200	powertothe pixel.com	1.40KB			316ms		
jquery.royalslider.min.js?...	200	powertothe pixel.com	50.5KB			376ms		
bootstrap.min.js	200	powertothe pixel.com	34.8KB			365ms		
main.js	200	powertothe pixel.com	531B			331ms		
css?family=Lato:300,400	(blocked)	fonts.googleapis.com	0			0ms		
font-awesome.min.css	(blocked)	maxcdn.bootstrapcdn.com	0			0ms		
blank.gif	200	powertothe pixel.com	49B				712ms	
all-programmes-bg.jpg	200	powertothe pixel.com	436KB					901ms
jquery.min.js	(blocked)	ajax.googleapis.com	0			0ms		
ajax-loader.gif	200	powertothe pixel.com	847B					700ms
grab.png	200	powertothe pixel.com	99B					697ms
preloader-white.gif	200	powertothe pixel.com	869B					693ms
rs-universal.png	200	powertothe pixel.com	5.50KB					689ms
favicon.ico	200	powertothe pixel.com	6.86KB					8ms
75 Requests 3.17MB (3.33MB Uncompressed) Fully Loaded 2s (Onload 2s)								



Performance Metrics

<p>First Contentful Paint</p> <p>How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.</p>	<p>OK, but consider improvement</p> <p>1.2s</p>	<p>Time to Interactive</p> <p>How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.</p>	<p>Good - Nothing to do here</p> <p>1.3s</p>
<p>Speed Index</p> <p>How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.</p>	<p>OK, but consider improvement</p> <p>1.7s</p>	<p>Total Blocking Time</p> <p>How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.</p>	<p>Good - Nothing to do here</p> <p>20ms</p>
<p>Largest Contentful Paint</p> <p>How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.</p>	<p>OK, but consider improvement</p> <p>1.3s</p>	<p>Cumulative Layout Shift</p> <p>How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.</p>	<p>Good - Nothing to do here</p> <p>0</p>

Browser Timings

Redirect	0ms	Connect	76ms	Backend	586ms
TTFB	662ms	First Paint	1.2s	DOM Int.	1.3s
DOM Loaded	1.3s	Onload	2.0s	Fully Loaded	2.0s

IMPACT AUDIT

Med-Low

Efficiently encode images

Potential savings of 659KB

Optimized images load faster and consume less cellular data.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.powertothepixel.com/wp-content/uploads/2015/04/Power-to-the-Pixel-Conference.jpg	322KB	164KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/The-Forum-breakout-session.jpg	256KB	163KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Power-to-the-Pixel-Speaker.jpg	270KB	133KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/consulting-2.jpg	85.4KB	61.3KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/consulting-3.jpg	81.5KB	55.9KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/consulting-1.jpg	77.1KB	55.2KB
https://www.powertothepixel.com/wp-content/uploads/2016/03/DSC_4904.jpg	104KB	26.7KB

Low

Allow back/forward cache restoration

1 failure reason

Many navigations are performed by going back to a previous page, or forwards again. The back/forward cache (bfcache) can speed up these return navigations.

FAILURE REASON

FAILURE TYPE

Pages whose main resource has cache-control:no-store cannot enter back/forward cache.

Circumstantial

<https://www.powertothepixel.com/>

Low

Enable text compression FCP LCP

Potential savings of 346KB

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
https://www.powertothepixel.com/wp-includes/js/jquery/jquery.js?ver=1.12.4	94.6KB	61.6KB
https://www.powertothepixel.com/wp-content/plugins/events-manager/includes/js/events-manager.js?ver=5.6624	48.3KB	36.5KB
https://www.powertothepixel.com/wp-content/plugins/new-royalslider/lib/royalslider/jquery.royalslider.min.js?ver=3.3.4	50.5KB	33.7KB
https://www.powertothepixel.com/wp-content/themes/pttp/js/651829118.js	55.2KB	28.3KB
https://www.powertothepixel.com/wp-content/themes/pttp/js/vendor/bootstrap.min.js	34.8KB	25.5KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/datepicker.min.js?ver=1.11.4	35.3KB	24.8KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/sortable.min.js?ver=1.11.4	24.3KB	18.0KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/draggable.min.js?ver=1.11.4	18.4KB	13.5KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/resizable.min.js?ver=1.11.4	17.9KB	12.9KB
https://www.powertothepixel.com/wp-content/themes/pttp/js/vendor/modernizr-2.6.2-respond-1.1.0.min.js	19.0KB	11.2KB
https://www.powertothepixel.com/wp-content/plugins/contact-form-7/includes/js/scripts.js?ver=4.7	13.4KB	9.8KB
https://www.powertothepixel.com/wp-content/plugins/contact-form-7/includes/js/jquery.form.min.js?ver=3.51.0-2014.06.20	14.9KB	9.17KB
https://www.powertothepixel.com/wp-content/themes/pttp/js/lib/modernizr-2.7.1.min.js?ver=2.7.1	14.2KB	8.44KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/dialog.min.js?ver=1.11.4	11.8KB	8.27KB
https://www.powertothepixel.com/wp-content/plugins/usp-pro/js/usp-pro.js?ver=2.5	13.6KB	6.66KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/menu.min.js?ver=1.11.4	9.32KB	6.58KB
https://www.powertothepixel.com/wp-includes/js/jquery/jquery-migrate.min.js?ver=1.4.1	9.8KB	5.90KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/autocomplete.min.js?ver=1.11.4	8.03KB	5.33KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/button.min.js?ver=1.11.4	7.05KB	5.02KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/widget.min.js?ver=1.11.4	6.67KB	4.18KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/position.min.js?ver=1.11.4	6.29KB	3.88KB
https://www.powertothepixel.com/wp-content/plugins/advanced-access-manager/media/js/aam-login.js?ver=ffd4fc1d9bd561ad5e841a4afb400853	3.47KB	2.60KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/mouse.min.js?ver=1.11.4	3.07KB	2.10KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/core.min.js?ver=1.11.4	3.84KB	2.07KB

Low

Serve images in next-gen formats

Potential savings of 1.43MB

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.powertothepixel.com/wp-content/uploads/2015/04/Power-to-the-Pixel-Conference.jpg	322KB	250KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/The-Forum-breakout-session.jpg	256KB	213KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Power-to-the-Pixel-Speaker.jpg	270KB	208KB
https://www.powertothepixel.com/wp-content/uploads/2016/05/DSC_6160-2-1750x780.jpg	158KB	86.6KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/The-Pixel-Lab-working-988x517.jpg	171KB	83.3KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/consulting-2.jpg	85.4KB	73.5KB
https://www.powertothepixel.com/wp-content/uploads/2016/03/DSC_4904.jpg	104KB	69.7KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/consulting-3.jpg	81.5KB	68.7KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/consulting-1.jpg	77.1KB	66.6KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/The-Pixel-Lab-Audience-988x517.jpg	118KB	62.4KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Image_8-988x517.jpg	115KB	61.2KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Image_7-988x517.jpg	103KB	54.8KB
https://www.powertothepixel.com/wp-content/uploads/2019/08/CreativeXR-326x265.png	57.3KB	50.3KB
https://www.powertothepixel.com/wp-content/uploads/2019/08/CreativeXR-231x254.png	43.4KB	37.5KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Image_5-864x517.jpg	59.0KB	33.0KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/power-to-the-pixel-logo.png	23.7KB	16.5KB
https://www.powertothepixel.com/wp-content/uploads/2016/02/0004740-326x265.jpg	36.3KB	15.1KB
https://www.powertothepixel.com/wp-content/uploads/2016/05/DSC_6160-326x265.jpg	18.3KB	8.91KB

Low

Defer offscreen images

Potential savings of 1.73MB

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.powertothepixel.com/wp-content/themes/pttp/img/all-programmes-bg.jpg	436KB	436KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/The-Forum-breakout-session.jpg	256KB	256KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Power-to-the-Pixel-Speaker.jpg	270KB	250KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/The-Pixel-Lab-working-988x517.jpg	171KB	171KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/The-Pixel-Lab-Audience-988x517.jpg	118KB	118KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Image_8-988x517.jpg	115KB	115KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Image_7-988x517.jpg	103KB	103KB
https://www.powertothepixel.com/wp-content/uploads/2016/03/DSC_4904.jpg	104KB	96.8KB
https://www.powertothepixel.com/wp-content/uploads/2015/04/Image_5-864x517.jpg	59.0KB	59.0KB
https://www.powertothepixel.com/wp-content/uploads/2019/08/CreativeXR-326x265.png	57.3KB	57.3KB
https://www.powertothepixel.com/wp-content/uploads/2016/02/0004740-326x265.jpg	36.3KB	36.3KB
https://www.powertothepixel.com/wp-content/uploads/2019/08/eb2132d6-6f3f-4ea4-94fe-202fa63e6fb8-326x265.jpg	20.8KB	20.8KB
https://www.powertothepixel.com/wp-content/uploads/2016/05/DSC_6160-326x265.jpg	18.3KB	18.3KB
https://www.powertothepixel.com/wp-content/uploads/2019/08/virtual-reality-326x265.jpg	17.3KB	17.3KB
https://www.powertothepixel.com/wp-content/uploads/2016/02/DSC_7054-326x265.jpg	15.4KB	15.4KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/address.png	2.47KB	2.47KB

Low

Properly size images

Potential savings of 65.8KB

Serve images that are appropriately-sized to save cellular data and improve load time.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.powertothepixel.com/wp-content/uploads/2016/05/DSC_6160-2-1750x780.jpg	158KB	48.1KB
https://www.powertothepixel.com/wp-content/themes/pttp/img/power-to-the-pixel-logo.png	23.7KB	17.7KB

Low **Reduce unused JavaScript** LCP Potential savings of 191KB

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
https://www.powertothepixel.com/wp-includes/js/jquery/jquery.js?ver=1.12.4	94.9KB	41.8KB
https://www.powertothepixel.com/wp-content/plugins/events-manager/includes/js/events-manager.js?ver=5.6624	48.6KB	39.8KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/datepicker.min.js?ver=1.11.4	35.5KB	31.4KB
https://www.powertothepixel.com/wp-content/themes/pttp/js/vendor/bootstrap.min.js	35.0KB	28.3KB
https://www.powertothepixel.com/wp-content/plugins/new-royalslider/lib/royalslider/jquery.royalslider.min.js?ver=3.3.4	50.8KB	26.9KB
https://www.powertothepixel.com/wp-includes/js/jquery/ui/sortable.min.js?ver=1.11.4	24.5KB	22.9KB

Low **Avoid an excessive DOM size** TBT 415 elements

A large DOM will increase memory usage, cause longer style calculations, and produce costly layout reflows.

STATISTIC	ELEMENT	VALUE
Total DOM Elements		415
Maximum DOM Depth	POWER TO THE PIXEL <p>	11
Maximum Child Elements	About Contact Login Register Search LIZ ROSENTHAL PROJECTS PAST PROGRAMMES P... <div id="stickywrap">	16

Low **Avoid long main-thread tasks** TBT 4 long tasks found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay.

URL	START TIME	DURATION
https://www.powertothepixel.com/wp-content/themes/pttp/js/lib/conditionizr-4.3.0.min.js?ver=4.3.0	863ms	146ms
https://www.powertothepixel.com/	1.1s	85ms
https://www.powertothepixel.com/	733ms	79ms
https://www.powertothepixel.com/wp-includes/js/jquery/jquery.js?ver=1.12.4	1.3s	70ms

Low **Reduce JavaScript execution time** TBT 165ms spent executing JavaScript

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this.

URL	TOTAL CPU TIME	SCRIPT EVALUATION	SCRIPT PARSE
https://www.powertothepixel.com/	375ms	81ms	2ms
Unattributable	186ms	0ms	0ms
https://www.powertothepixel.com/wp-includes/js/jquery/jquery.js?ver=1.12.4	103ms	79ms	1ms

Low

Reduce unused CSS FCP LCP

Potential savings of 22.1KB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
<ul style="list-style-type: none"> https://www.powertothepixel.com/wp-content/themes/pttp/css/bootstrap_min.css 	23.5KB	22.1KB

Low

Reduce initial server response time FCP LCP

Root document took 585ms

Keep the server response time for the main document short because all other requests depend on it.

URL	TIME SPENT
<ul style="list-style-type: none"> https://www.powertothepixel.com/ 	585ms

Low

Avoid non-composited animations CLS

1 animated element found

Animations which are not composited can be janky and increase CLS.

ELEMENT	NAME
html.js <pre><html lang="en-GB" prefix="og: http://ogp.me/ns#" class=" js flexbox canvas canvastext webgl no-touch geolocation postmessage websq..." style=""></pre> Unsupported CSS Property: font-size	font-size

Low

Minify JavaScript FCP LCP

Potential savings of 15.3KB

Minifying JavaScript files can reduce payload sizes and script parse time.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
<ul style="list-style-type: none"> https://www.powertothepixel.com/wp-content/plugins/events-manager/includes/js/events-manager.js?ver=5.6624 	48.6KB	9.9KB
<ul style="list-style-type: none"> https://www.powertothepixel.com/wp-content/plugins/contact-form-7/includes/js/scripts.js?ver=4.7 	13.5KB	3.15KB
<ul style="list-style-type: none"> https://www.powertothepixel.com/wp-content/plugins/advanced-access-manager/media/js/aam-login.js?ver=ffd4fc1d9bd561ad5e841a4afb400853 	3.66KB	2.26KB

Low

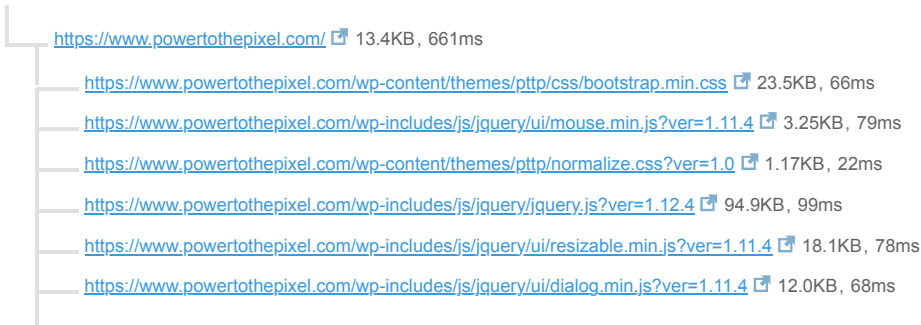
Avoid chaining critical requests FCP LCP

41 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Maximum critical path latency: 1.2s

INITIAL NAVIGATION



- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/core.min.js?ver=1.11.4> 4.02KB, 65ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/js/vendor/bootstrap.min.js> 35.0KB, 61ms
- <https://www.powertothepixel.com/wp-content/plugins/new-royalslider/lib/royalslider/royalslider.css?ver=3.3.4> 1.66KB, 22ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/js/scripts.js?ver=1.0.0> 318B, 65ms
- <https://www.powertothepixel.com/wp-content/plugins/new-royalslider/lib/royalslider/jquery.royalslider.min.js?ver=3.3.4> 50.8KB, 72ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/js/lib/modernizr-2.7.1.min.js?ver=2.7.1> 14.4KB, 28ms
- <https://www.powertothepixel.com/wp-content/plugins/advanced-access-manager/media/js/aam-login.js?ver=ffd4fc1d9bd561ad5e841a4afb400853> 3.66KB, 56ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/jquery-migrate.min.js?ver=1.4.1> 10.0KB, 54ms
- <https://www.powertothepixel.com/wp-content/plugins/contact-form-7/includes/js/scripts.js?ver=4.7> 13.5KB, 10ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/button.min.js?ver=1.11.4> 7.23KB, 67ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/css/main.css> 6.01KB, 51ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/position.min.js?ver=1.11.4> 6.47KB, 65ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/widget.min.js?ver=1.11.4> 6.86KB, 65ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/css/pttp.css> 696B, 50ms
- <http://ajax.googleapis.com/ajax/libs/jquery/1.11.1/jquery.min.js> 0B, 0ms
- <https://www.powertothepixel.com/wp-content/plugins/contact-form-7/includes/css/styles.css?ver=4.7> 876B, 22ms
- <http://fonts.googleapis.com/css?family=Lato:300,400> 0B, 0ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/menu.min.js?ver=1.11.4> 9.51KB, 77ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/js/lib/conditionizr-4.3.0.min.js?ver=4.3.0> 1.25KB, 28ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/autocomplete.min.js?ver=1.11.4> 8.23KB, 77ms
- <https://www.powertothepixel.com/wp-includes/js/wp-a11y.min.js?ver=ffd4fc1d9bd561ad5e841a4afb400853> 789B, 76ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/style.css?ver=1.0> 3.67KB, 22ms
- <https://www.powertothepixel.com/wp-content/plugins/contact-form-7/includes/js/jquery.form.min.js?ver=3.51.0-2014.06.20> 15.1KB, 10ms
- https://www.powertothepixel.com/wp-content/plugins/events-manager/includes/css/events_manager.css?ver=5.6624 4.61KB, 22ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/js/vendor/modernizr-2.6.2-respond-1.1.0.min.js> 19.2KB, 64ms
- <https://www.powertothepixel.com/wp-includes/js/wp-embed.min.js?ver=ffd4fc1d9bd561ad5e841a4afb400853> 1.59KB, 13ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/js/651829118.js> 55.4KB, 65ms
- <https://www.powertothepixel.com/wp-content/plugins/events-manager/includes/js/events-manager.js?ver=5.6624> 48.6KB, 59ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/draggable.min.js?ver=1.11.4> 18.6KB, 71ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/sortable.min.js?ver=1.11.4> 24.5KB, 76ms
- <https://www.powertothepixel.com/wp-content/themes/pttp/js/main.js> 718B, 28ms
- <https://www.powertothepixel.com/wp-content/plugins/new-royalslider/lib/royalslider/skins/universal/rs-universal.css?ver=3.3.4> 2.49KB, 22ms
- <https://www.powertothepixel.com/wp-includes/js/jquery/ui/datepicker.min.js?ver=1.11.4> 35.5KB, 79ms
- <http://maxcdn.bootstrapcdn.com/font-awesome/4.3.0/css/font-awesome.min.css> 0B, 0ms
- <https://www.powertothepixel.com/wp-content/plugins/usp-pro/js/usp-pro.js?ver=2.5> 13.8KB, 56ms

N/A

Largest Contentful Paint element LCP

1,270 ms

This is the largest contentful element painted within the viewport.

ELEMENT

```
div.header-logo-area > div.container > a.logo > img.pttp-logo

```

PHASE	% OF LCP	TIMING
TTFB	52%	661ms
Load Delay	27%	346ms
Load Time	2%	28ms
Render Delay	18%	235ms

N/A **Minimize main-thread work** TBT Main-thread busy for 806ms

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this.

CATEGORY	TIME SPENT
Other	323ms
Script Evaluation	221ms
Style & Layout	178ms
Parse HTML & CSS	37ms
Rendering	24ms
Script Parsing & Compilation	19ms

N/A **Reduce the impact of third-party code** TBT

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
GOOGLE FONTS	0B	0ms
BOOTSTRAP CDN	0B	0ms
GOOGLE CDN	0B	0ms

N/A **Avoid serving legacy JavaScript to modern browsers** TBT

Nothing to do here, good job!

N/A **Avoid large layout shifts** CLS

Nothing to do here, good job!

N/A **User Timing marks and measures**

No user timings and/or marks found.