Performance Report for:

https://wearesyncopate.acai.temporarywebsiteaddress.com/

Report generated: Sat, Mar 16, 2024 6:11 AM -0700
Test Server Location: 🇬🇧 London, UK
Using: 🌐 Chrome 117.0.0.0, Lighthouse 11.0.0

A	Performance 100%	Structure 94%		L. Contentful Paint 566ms	T. Blocking Time 0ms	C. Layout Shift 0

Top Issues

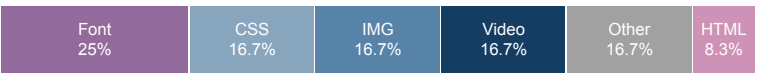| Med	Avoid enormous network payloads LCP	Total size was 3.49MB
Low	Use a Content Delivery Network (CDN)	4 resources found
Low	Avoid an excessive DOM size TBT	499 elements
Low	Properly size images	Potential savings of 271KB
Low	Serve static assets with an efficient cache policy	Potential savings of 1.23KB

Page Details

566ms
Fully Loaded Time

Total Page Size - 3.54MB

Video 3.06MB	IMG 292KB	Font 58KB

Total Page Requests - 12

Font 25%	CSS 16.7%	IMG 16.7%	Video 16.7%	Other 16.7%	HTML 8.3%

■ HTML ■ JS ■ CSS ■ IMG ■ Video ■ Font ■ Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**
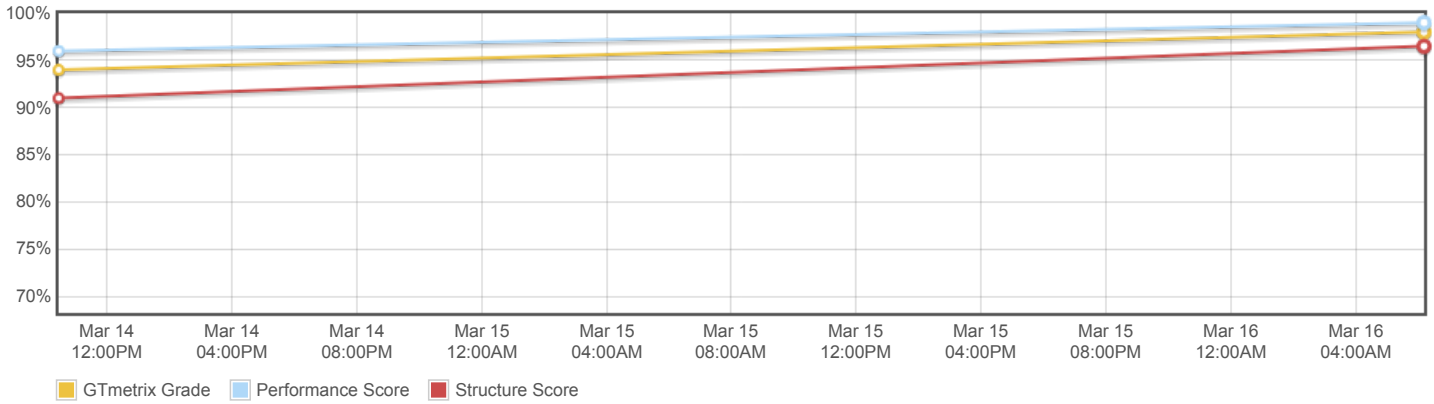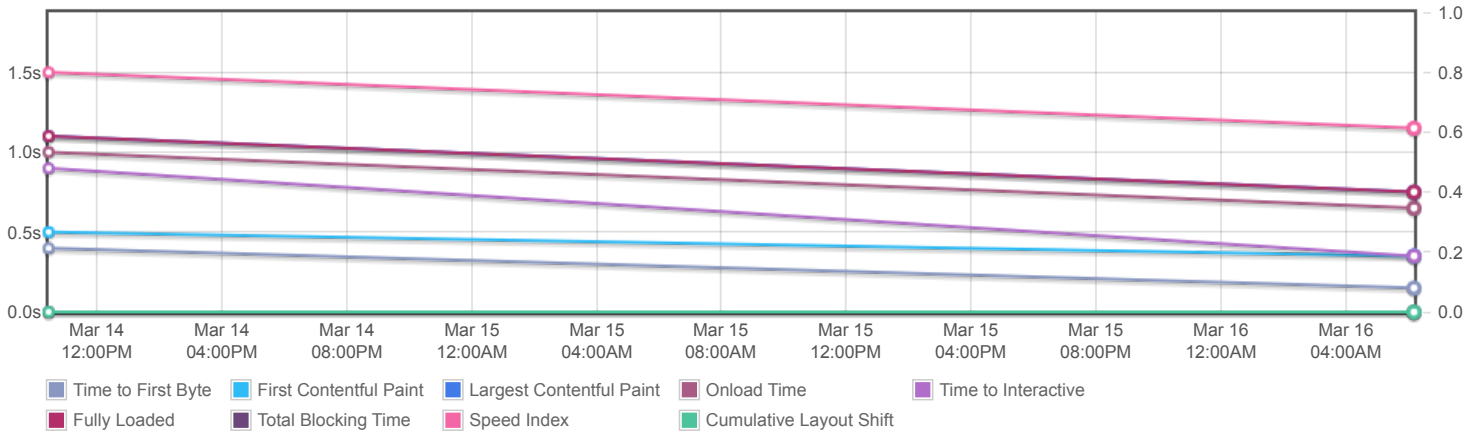
About GTmetrix

CARBON 60 THE MANAGED CLOUD COMPANY

GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 28 years experience in web technology.

https://carbon60.com/

Page scores

GTmetrix Grade   Performance Score   Structure Score

Page metrics

Time to First Byte   First Contentful Paint   Largest Contentful Paint   Onload Time   Time to Interactive
Fully Loaded   Total Blocking Time   Speed Index   Cumulative Layout Shift

Page sizes and request counts

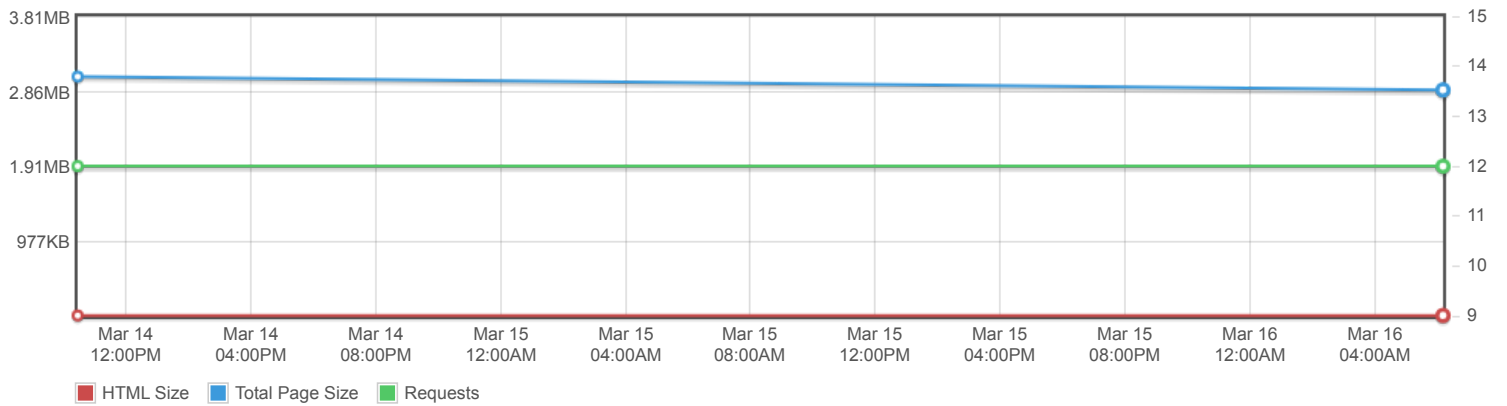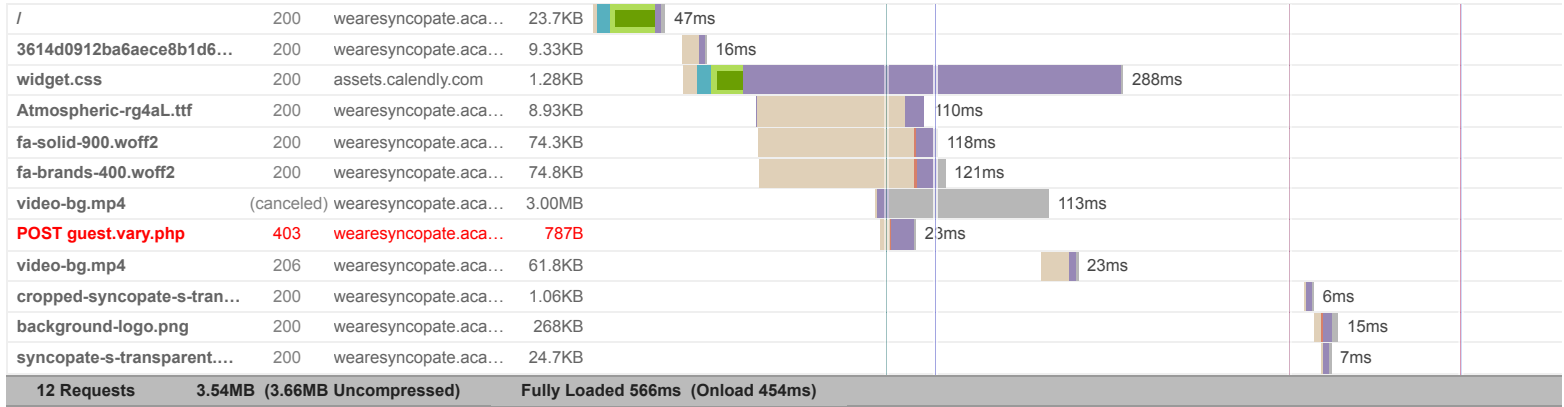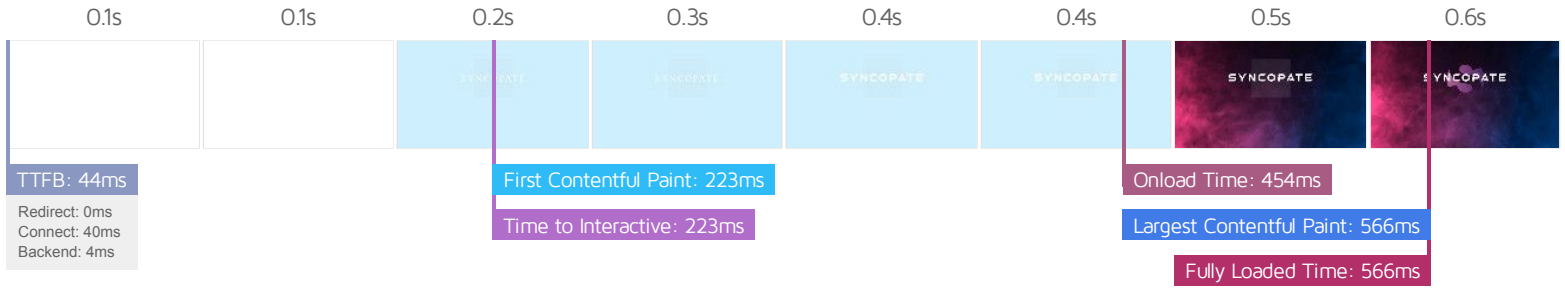HTML Size   Total Page Size   Requests

The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Syncopate - Syncopate

/	200	wearesyncopate.aca…	23.7KB	47ms
3614d0912ba6aece8b1d6…	200	wearesyncopate.aca…	9.33KB	16ms
widget.css	200	assets.calendly.com	1.28KB	288ms
Atmospheric-rg4aL.ttf	200	wearesyncopate.aca…	8.93KB	110ms
fa-solid-900.woff2	200	wearesyncopate.aca…	74.3KB	118ms
fa-brands-400.woff2	200	wearesyncopate.aca…	74.8KB	121ms
video-bg.mp4	(canceled)	wearesyncopate.aca…	3.00MB	113ms
POST guest.vary.php	**403**	**wearesyncopate.aca…**	**787B**	23ms
video-bg.mp4	206	wearesyncopate.aca…	61.8KB	23ms
cropped-syncopate-s-tran…	200	wearesyncopate.aca…	1.06KB	6ms
background-logo.png	200	wearesyncopate.aca…	268KB	15ms
syncopate-s-transparent.…	200	wearesyncopate.aca…	24.7KB	7ms

12 Requests	3.54MB (3.66MB Uncompressed)	Fully Loaded 566ms (Onload 454ms)

0.1s	0.1s	0.2s	0.3s	0.4s	0.4s	0.5s	0.6s

TTFB: 44ms
Redirect: 0ms
Connect: 40ms
Backend: 4ms

First Contentful Paint: 223ms

Time to Interactive: 223ms

Onload Time: 454ms

Largest Contentful Paint: 566ms

Fully Loaded Time: 566ms

Performance Metrics

First Contentful Paint

How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.

Good - Nothing to do here

222ms

Time to Interactive

How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.

Good - Nothing to do here

222ms

Speed Index

How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.

Good - Nothing to do here

969ms

Total Blocking Time

How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.

Good - Nothing to do here

0ms

Largest Contentful Paint

How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.

Good - Nothing to do here

566ms

Cumulative Layout Shift

How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.

Good - Nothing to do here

0

Browser Timings

Redirect	0ms	Connect	40ms	Backend	4ms
TTFB	44ms	DOM Int.	190ms	DOM Loaded	191ms
First Paint	223ms	Onload	454ms	Fully Loaded	566ms

IMPACT	AUDIT	
Low	**Avoid long main-thread tasks** TBT	1 long task found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay.

URL	START TIME	DURATION
• https://wearesyncopate.acai.temporarywebsiteaddress.com/	97ms	74ms

IMPACT	AUDIT	
Low	**Serve images in next-gen formats**	Potential savings of 248KB

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://wearesyncopate.acai.temporarywebsiteaddress.com/wp-content/themes/syncopate-2022/img/background-logo.png	268KB	248KB

IMPACT	AUDIT	
Low	**Avoid non-composited animations** CLS	5 animated elements found

Animations which are not composited can be janky and increase CLS.

ELEMENT	NAME
ul#front-main-menu > li#menu-item-60 > a.nav-link > ::before	
`<::before>`	
Unsupported CSS Property: box-shadow	pulse
ul#front-main-menu > li#menu-item-61 > a.nav-link > ::before	
`<::before>`	
Unsupported CSS Property: box-shadow	pulse
ul#front-main-menu > li#menu-item-63 > a.nav-link > ::before	
`<::before>`	
Unsupported CSS Property: box-shadow	pulse
ul#front-main-menu > li#menu-item-59 > a.nav-link > ::before	
`<::before>`	
Unsupported CSS Property: box-shadow	pulse
ul#front-main-menu > li#menu-item-62 > a.nav-link > ::before	
`<::before>`	
Unsupported CSS Property: box-shadow	pulse

IMPACT	AUDIT	
N/A	**Largest Contentful Paint element** LCP	570 ms

This is the largest contentful element painted within the viewport.

Syncopate
```
<img data-lazyloaded="1" src="https://wearesyncopate.acai.temporarywebsiteaddress.com/wp-content/themes/…"
width="1000" height="1000" class="logo entered litespeed-loaded" data-
src="https://wearesyncopate.acai.temporarywebsiteaddress.com/wp-content/themes/…" alt="Syncopate" data-ll-
status="loaded">
```

PHASE	% OF LCP	TIMING
TTFB	8%	44ms
Load Delay	76%	432ms
Load Time	2%	11ms
Render Delay	14%	77ms

N/A	**Reduce JavaScript execution time** TBT	52ms spent executing JavaScript

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this.

URL	TOTAL CPU TIME	SCRIPT EVALUATION	SCRIPT PARSE
• https://wearesyncopate.acai.temporarywebsiteaddress.com/	819ms	22ms	2ms
• Unattributable	134ms	28ms	0ms

N/A	**Reduce initial server response time** FCP LCP	Root document took 3ms

Keep the server response time for the main document short because all other requests depend on it.

URL	TIME SPENT
• https://wearesyncopate.acai.temporarywebsiteaddress.com/	3ms

N/A	**Avoid large layout shifts** CLS	1 element found

These DOM elements contribute most to the CLS of the page.

ELEMENT	CLS CONTRIBUTION
SYNCOPATE `<h2 class="logo-text animation featured-animation-container">`	0.00

N/A	**Minimize main-thread work** TBT	Main-thread busy for 955ms

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this.

CATEGORY	TIME SPENT
Other	575ms
Style & Layout	185ms
Rendering	124ms
Script Evaluation	51ms
Parse HTML & CSS	15ms
Script Parsing & Compilation	2ms

N/A	**Reduce the impact of third-party code** TBT	Total size was 1.28KB

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
CALENDLY	1.28KB	0ms

N/A	**Avoid chaining critical requests** FCP LCP

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Maximum critical path latency: **45ms**

INITIAL NAVIGATION

https://wearesyncopate.acai.temporarywebsiteaddress.com/ ⧉ 24.3KB, 45ms

N/A	**Eliminate render-blocking resources** FCP LCP

Nothing to do here, good job!

N/A	**Avoid serving legacy JavaScript to modern browsers** TBT

Nothing to do here, good job!

N/A	**User Timing marks and measures**

No user timings and/or marks found.