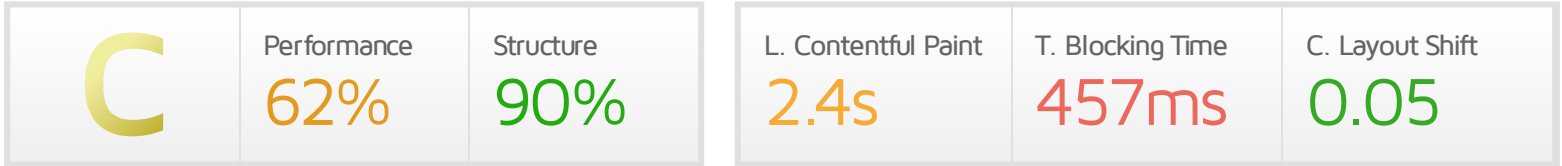




# Performance Report for: <http://mindsetchangeuk.com/>

Report generated: Thu, Mar 7, 2024 7:55 PM -0800  
 Test Server Location: London, UK  
 Using: Chrome 117.0.0.0, Lighthouse 11.0.0



## Top Issues

Med	Use explicit width and height on image elements <small>CLS</small>	4 images found
Med-Low	Avoid CSS @import <small>FCP LCP</small>	1 resource found
Low	Avoid long main-thread tasks <small>TBT</small>	9 long tasks found
Low	Avoid an excessive DOM size <small>TBT</small>	951 elements
Low	Use passive listeners to improve scrolling performance	1 event listener not passive

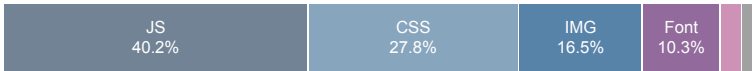
## Page Details



### Total Page Size - 1.95MB



### Total Page Requests - 97



## How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

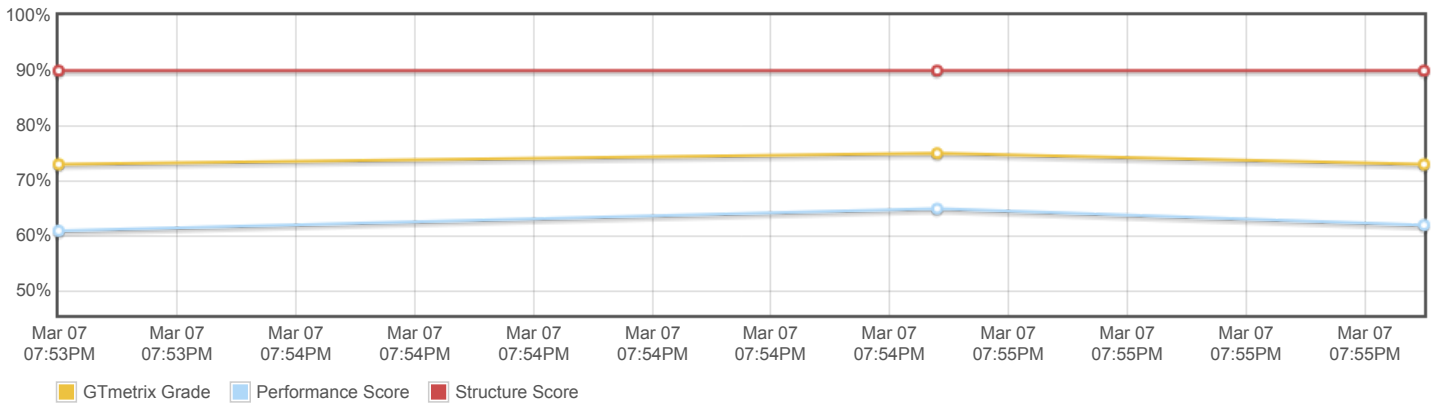
## About GTmetrix



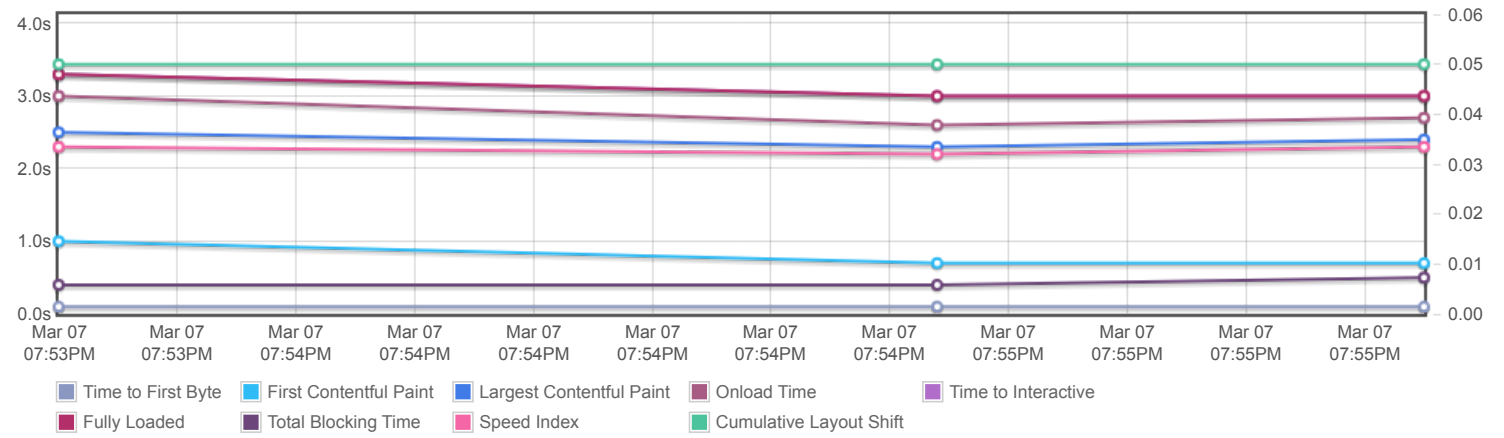
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 28 years experience in web technology.

<https://carbon60.com/>

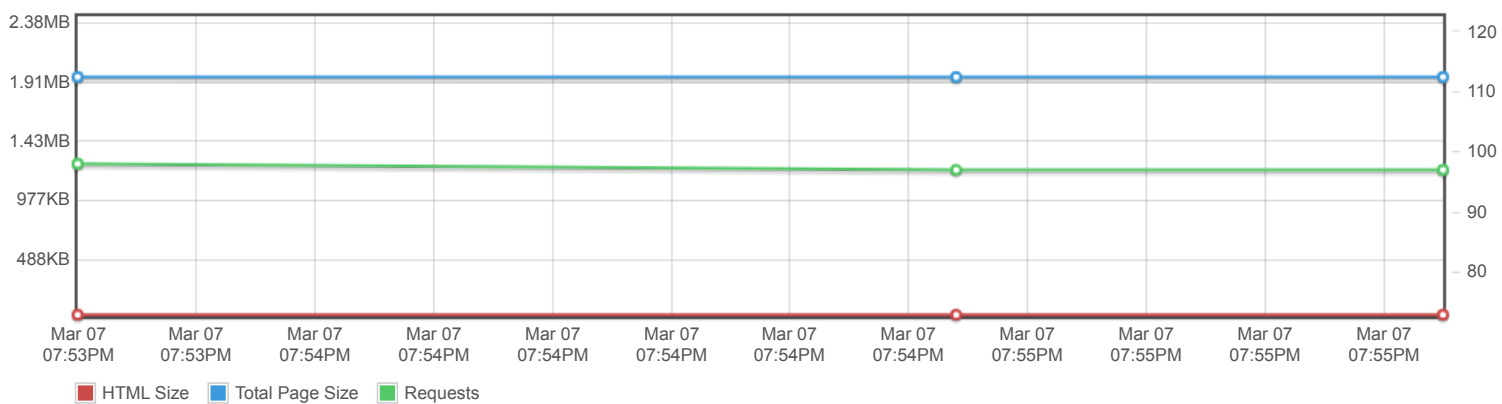
### Page scores



### Page metrics



### Page sizes and request counts



The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

## Mindset Change - Anxiety and Mindset Coaching

Resource	Size	Source	Load Time
/	301	mindsetchangeuk.com	236B
/	200	mindsetchangeuk.com	37.4KB
sbi-styles.min.css?ver=6...	200	mindsetchangeuk.com	6.38KB
style.min.css?ver=6.4.3	200	mindsetchangeuk.com	18.6KB
cookie-law-info.min.css?...	200	mindsetchangeuk.com	1.05KB
cookie-law-info-gdpr.min...	200	mindsetchangeuk.com	5.01KB
icomoon-the7-font.min.cs...	200	mindsetchangeuk.com	3.69KB
all.min.css?ver=11.11.1	200	mindsetchangeuk.com	14.7KB
js_composer.min.css?ver=...	200	mindsetchangeuk.com	56.4KB
basic.min.css?ver=2.8.4	200	mindsetchangeuk.com	9.01KB
theme-components.min.c...	200	mindsetchangeuk.com	244B
theme-ie11.min.css?ver=...	200	mindsetchangeuk.com	690B
theme.min.css?ver=2.8.4	200	mindsetchangeuk.com	6.46KB
main.min.css?ver=11.11.1	200	mindsetchangeuk.com	54.5KB
custom-scrollbar.min.css...	200	mindsetchangeuk.com	2.08KB
wpbakery.min.css?ver=11...	200	mindsetchangeuk.com	5.37KB
post-type.min.css?ver=2...	200	mindsetchangeuk.com	8.48KB
the7-css-vars.min.css?ve...	200	mindsetchangeuk.com	5.90KB
dt-custom.min.css?ver=e...	200	mindsetchangeuk.com	40.7KB
dt-media.min.css?ver=ef...	200	mindsetchangeuk.com	12.3KB
the7-mega-menu.min.css...	200	mindsetchangeuk.com	4.08KB
the7-elements.min.css?v...	200	mindsetchangeuk.com	1.71KB
style.min.css?ver=11.11.1	200	mindsetchangeuk.com	2.44KB
style.min.css?ver=3.19.19	200	mindsetchangeuk.com	3.47KB
content-box.min.css?ver...	200	mindsetchangeuk.com	461B
jquery.min.js?ver=3.7.1	200	mindsetchangeuk.com	34.9KB
jquery-migrate.min.js?ver...	200	mindsetchangeuk.com	5.49KB
cookie-law-info.min.js?ve...	200	mindsetchangeuk.com	7.35KB
jquery.json.min.js?ver=2...	200	mindsetchangeuk.com	1.18KB
gravityforms.min.js?ver=...	200	mindsetchangeuk.com	16.1KB
utils.min.js?ver=50c7bea...	200	mindsetchangeuk.com	13.4KB
above-the-fold.min.js?ver...	200	mindsetchangeuk.com	5.27KB
ultimate-params.min.js?v...	200	mindsetchangeuk.com	814B
fdl4qgn.css	200	use.typekit.net	723B
js?id=UA-2869393-1	200	googletagmanager.c...	70.2KB
Google-Reviews-logo-1.png	200	mindsetchangeuk.com	2.92KB
Mindset-Change-rgb-logo...	200	mindsetchangeuk.com	4.25KB
Mindset-Change-rgb-logo...	200	mindsetchangeuk.com	8.33KB
Paul-Sheppard-Mindset-C...	200	mindsetchangeuk.com	10.5KB
paul-sheppard-phone-gra...	200	mindsetchangeuk.com	31.0KB
Apple-Podcast-new.png	200	mindsetchangeuk.com	2.09KB
Spotify-Podcast-new.png	200	mindsetchangeuk.com	921B
Tune-In-Podcasts-new.png	200	mindsetchangeuk.com	757B
Google-Podcasts.png	200	mindsetchangeuk.com	1.64KB
background-style.min.css...	200	mindsetchangeuk.com	2.30KB
main.min.js?ver=11.11.1	200	mindsetchangeuk.com	106KB
api.js?render=6LfCMQKA...	200	google.com	1.16KB
wp-polyfill-inert.min.js?ve...	200	mindsetchangeuk.com	2.99KB
regenerator-runtime.min.j...	200	mindsetchangeuk.com	2.91KB
wp-polyfill.min.js?ver=3.1...	200	mindsetchangeuk.com	41.8KB
dom-ready.min.js?ver=39...	200	mindsetchangeuk.com	608B
hooks.min.js?ver=c6aec9...	200	mindsetchangeuk.com	1.90KB
i18n.min.js?ver=7701b0c...	200	mindsetchangeuk.com	4.12KB

a11y.min.js?ver=7032343...	200	mindsetchangeuk.com	1.24KB		349ms			
placeholders.jquery.min.j...	200	mindsetchangeuk.com	2.09KB		350ms			
vendor-theme.min.js?ver...	200	mindsetchangeuk.com	7.14KB		351ms			
scripts-theme.min.js?ver...	200	mindsetchangeuk.com	2.10KB		352ms			
frontend.min.js?ver=1.4.0	200	mindsetchangeuk.com	857B		352ms			
legacy.min.js?ver=11.11.1	200	mindsetchangeuk.com	888B		360ms			
jquery-mousewheel.min.j...	200	mindsetchangeuk.com	1.46KB		361ms			
custom-scrollbar.min.js?...	200	mindsetchangeuk.com	13.9KB		362ms			
content-box.min.js?ver=3...	200	mindsetchangeuk.com	994B		363ms			
js_composer_front.min.js...	200	mindsetchangeuk.com	6.71KB		317ms			
akismet-frontend.js?ver=...	200	mindsetchangeuk.com	3.92KB		364ms			
jquery-appear.min.js?ver...	200	mindsetchangeuk.com	922B		323ms			
ultimate_bg.min.js?ver=3....	200	mindsetchangeuk.com	11.4KB		324ms			
custom.min.js?ver=3.19.19	200	mindsetchangeuk.com	5.74KB		325ms			
vhparallax.min.js?ver=3.1...	200	mindsetchangeuk.com	1.39KB		323ms			
skrollr.min.js?ver=7.5	200	mindsetchangeuk.com	6.25KB		323ms			
p.css?s=1&k=fdl4qgn&ht...	200	p.typekit.net	5B		25ms			
l?primer=7cdcb44be4a7d...	200	use.typekit.net	16.7KB		187ms			
fa-solid-900.woff2	200	mindsetchangeuk.com	76.4KB		188ms			
icomoon-the7-font.ttf?wi5...	200	mindsetchangeuk.com	25.0KB		181ms			
fa-brands-400.woff2	200	mindsetchangeuk.com	74.9KB		189ms			
l?primer=7cdcb44be4a7d...	200	use.typekit.net	16.7KB		184ms			
l?primer=7cdcb44be4a7d...	200	use.typekit.net	17.3KB		182ms			
KFOICnqEu92Fr1MmWUif...	200	fonts.gstatic.com	20.3KB		184ms			
10-Core-Ways-to-Heal-yo...	200	mindsetchangeuk.com	10.9KB		11ms			
headphones-background-...	200	mindsetchangeuk.com	199KB		24ms			
Blue-Life-Doctor-backgro...	404	mindsetchangeuk.com	62.9KB		907ms			
KFOmCnqEu92Fr1Mu4mx...	200	fonts.gstatic.com	20.3KB		72ms			
js?id=G-87W7K7K4SK&l=...	200	googletagmanager.c...	97.2KB		45ms			
analytics.js	200	google-analytics.com	20.5KB		92ms			
recaptcha_en.js	200	gstatic.com	194KB		60ms			
wp-emoji-release.min.js?...	200	mindsetchangeuk.com	5.98KB		16ms			
Mindset-Change-testimon...	200	mindsetchangeuk.com	3.52KB		14ms			
light-blue-mindset-backgr...	200	mindsetchangeuk.com	8.79KB		10ms			
Mindset-Change-with-Pau...	200	mindsetchangeuk.com	86.1KB		18ms			
anchor?ar=1&k=6LftCMQ...	200	google.com	28.0KB		93ms			
styles_ltr.css	200	gstatic.com	24.0KB		53ms			
recaptcha_en.js	200	gstatic.com	194KB		54ms			
IDLZ5bdCrEGdGR5FKKZf...	200	google.com	6.77KB		10ms			
logo_48.png	200	gstatic.com	2.18KB		14ms			
KFOmCnqEu92Fr1Mu4mx...	200	fonts.gstatic.com	15.0KB		125ms			
KFOICnqEu92Fr1MmEU9f...	200	fonts.gstatic.com	15.2KB		126ms			
webworker.js?hl=en&v=Q...	200	google.com	135B		23ms			
Mindset-favicon-32.png	200	mindsetchangeuk.com	875B		7ms			
97 Requests 1.95MB (5.51MB Uncompressed) Fully Loaded 3s (Onload 2.7s)								



### Performance Metrics

<p><b>First Contentful Paint</b></p> <p>How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.</p>	<p>Good - Nothing to do here</p> <p><b>727ms</b></p>
<p><b>Time to Interactive</b></p> <p>How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.</p>	<p>OK, but consider improvement</p> <p><b>3.0s</b></p>
<p><b>Speed Index</b></p> <p>How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.</p>	<p>Longer than recommended</p> <p><b>2.3s</b></p>
<p><b>Total Blocking Time</b></p> <p>How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.</p>	<p>Much longer than recommended</p> <p><b>457ms</b></p>
<p><b>Largest Contentful Paint</b></p> <p>How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.</p>	<p>Longer than recommended</p> <p><b>2.4s</b></p>
<p><b>Cumulative Layout Shift</b></p> <p>How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.</p>	<p>Good - Nothing to do here</p> <p><b>0.05</b></p>

### Browser Timings

Redirect	42ms	Connect	25ms	Backend	20ms
TTFB	87ms	First Paint	727ms	DOM Int.	1.1s
DOM Loaded	1.1s	Onload	2.7s	Fully Loaded	3.0s

IMPACT AUDIT

**Low** **Reduce JavaScript execution time** TBT 938ms spent executing JavaScript

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this.

URL	TOTAL CPU TIME	SCRIPT EVALUATION	SCRIPT PARSE
<a href="https://mindsetchangeuk.com/wp-content/plugins/js_composer/assets/lib/bower/skrollr/dist/skrollr.min.js?ver=7.5">https://mindsetchangeuk.com/wp-content/plugins/js_composer/assets/lib/bower/skrollr/dist/skrollr.min.js?ver=7.5</a>	699ms	73ms	0ms
<a href="https://mindsetchangeuk.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1">https://mindsetchangeuk.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1</a>	583ms	313ms	1ms
<a href="https://mindsetchangeuk.com/">https://mindsetchangeuk.com/</a>	525ms	45ms	27ms
Unattributable	429ms	24ms	0ms
<a href="https://www.gstatic.com/recaptcha/releases/QquE1_MNjFHgZF4HPsEcf_2/recaptcha_en.js">https://www.gstatic.com/recaptcha/releases/QquE1_MNjFHgZF4HPsEcf_2/recaptcha_en.js</a>	330ms	291ms	10ms
<a href="https://www.googletagmanager.com/gtag/js?id=G-87W7K7K4SK&amp;l=dataLayer&amp;cx=c">https://www.googletagmanager.com/gtag/js?id=G-87W7K7K4SK&amp;l=dataLayer&amp;cx=c</a>	96ms	81ms	14ms
<a href="https://www.googletagmanager.com/gtag/js?id=UA-2869393-1">https://www.googletagmanager.com/gtag/js?id=UA-2869393-1</a>	66ms	51ms	3ms

**Low** **Avoid enormous network payloads** LCP Total size was 1.96MB

Large network payloads cost users real money and are highly correlated with long load times.

URL	TRANSFER SIZE
<a href="https://mindsetchangeuk.com/wp-content/uploads/2023/04/headphones-background-Paul-Sheppard.webp?id=3898">https://mindsetchangeuk.com/wp-content/uploads/2023/04/headphones-background-Paul-Sheppard.webp?id=3898</a>	200KB
<a href="https://www.gstatic.com/recaptcha/releases/QquE1_MNjFHgZF4HPsEcf_2/recaptcha_en.js">https://www.gstatic.com/recaptcha/releases/QquE1_MNjFHgZF4HPsEcf_2/recaptcha_en.js</a>	195KB
<a href="https://www.gstatic.com/recaptcha/releases/QquE1_MNjFHgZF4HPsEcf_2/recaptcha_en.js">https://www.gstatic.com/recaptcha/releases/QquE1_MNjFHgZF4HPsEcf_2/recaptcha_en.js</a>	195KB
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/js/main.min.js?ver=11.11.1">https://mindsetchangeuk.com/wp-content/themes/dt-the7/js/main.min.js?ver=11.11.1</a>	106KB
<a href="https://www.googletagmanager.com/gtag/js?id=G-87W7K7K4SK&amp;l=dataLayer&amp;cx=c">https://www.googletagmanager.com/gtag/js?id=G-87W7K7K4SK&amp;l=dataLayer&amp;cx=c</a>	97.3KB
<a href="https://mindsetchangeuk.com/wp-content/uploads/2023/06/Mindset-Change-with-Paul-Sheppard-banner-1-scaled.webp">https://mindsetchangeuk.com/wp-content/uploads/2023/06/Mindset-Change-with-Paul-Sheppard-banner-1-scaled.webp</a>	86.4KB
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/webfonts/fa-solid-900.woff2">https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/webfonts/fa-solid-900.woff2</a>	76.7KB
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/webfonts/fa-brands-400.woff2">https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/webfonts/fa-brands-400.woff2</a>	75.3KB
<a href="https://www.googletagmanager.com/gtag/js?id=UA-2869393-1">https://www.googletagmanager.com/gtag/js?id=UA-2869393-1</a>	70.5KB
<a href="https://mindsetchangeuk.com/wp-content/uploads/2020/04/Blue-Life-Doctor-background-1.jpg">https://mindsetchangeuk.com/wp-content/uploads/2020/04/Blue-Life-Doctor-background-1.jpg</a>	62.9KB

**Low** **Serve static assets with an efficient cache policy** Potential savings of 15.8KB

A long cache lifetime can speed up repeat visits to your page.

URL	CACHE TTL	TRANSFER SIZE
<a href="https://www.google-analytics.com/analytics.js">https://www.google-analytics.com/analytics.js</a>	2 hours	20.8KB
<a href="https://www.gstatic.com/recaptcha/api2/logo_48.png">https://www.gstatic.com/recaptcha/api2/logo_48.png</a>	7 days	2.31KB
<a href="https://p.typekit.net/p.css?s=1&amp;k=fdl4qgn&amp;ht=tk&amp;f=2005.2006.2009.2010&amp;a=1359451&amp;app=typekit&amp;e=css">https://p.typekit.net/p.css?s=1&amp;k=fdl4qgn&amp;ht=tk&amp;f=2005.2006.2009.2010&amp;a=1359451&amp;app=typekit&amp;e=css</a>	7 days	172B

**Low** **Avoid large layout shifts** CLS 5 elements found

These DOM elements contribute most to the CLS of the page.

Transformational Mindset and Anxiety Freedom coaching Is your anxiety getting i...

```
<div data-vc-full-width="true" data-vc-full-width-init="true" data-vc-stretch-content="true"
class="vc_row wpb_row vc_row-fluid hide-back-image vc_custom_1687426871488 vc_row..."
style="position: relative; left: -58px; box-sizing: border-box; width: 1366px;" data-rtl="false"
data-row-effect-mobile-disable="true" data-img-parallax-mobile-disable="false">
```

0.02

Looking to Start your Journey to Anxiety Freedom? Download your free 10 Core Wa...

```
<div data-vc-full-width="true" data-vc-full-width-init="true" class="vc_row wpb_row vc_row-fluid
vc_custom_1687513729403 vc_column-gap-35 vc_ro..." style="position: relative; left: -51px; box-
sizing: border-box; width: 1366px;" data-rtl="false" data-row-effect-mobile-disable="true">
```

0.01

Looking to Start your Journey to Anxiety Freedom? Download your free 10 Core Wa...

```
<div id="main" class="sidebar-none sidebar-divider-off">
```

0.01

Looking to Start your Journey to Anxiety Freedom? Download your free 10 Core Wa...

```
<div class="wpb_column vc_column_container vc_col-sm-6">
```

0.01

Looking to Start your Journey to Anxiety Freedom? Download your free 10 Core Wa...

```
<div class="wpb_wrapper">
```

0.00

Low

**Properly size images**

Potential savings of 17.5KB

Serve images that are appropriately-sized to save cellular data and improve load time.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
<a href="https://mindsetchangeuk.com/wp-content/uploads/2023/06/paul-sheppard-phone-graphic-2023.webp">https://mindsetchangeuk.com/wp-content/uploads/2023/06/paul-sheppard-phone-graphic-2023.webp</a>	31.0KB	12.5KB
<a href="https://mindsetchangeuk.com/wp-content/uploads/2023/06/10-Core-Ways-to-Heal-your-Anxiety-cover-1-200x200.webp">https://mindsetchangeuk.com/wp-content/uploads/2023/06/10-Core-Ways-to-Heal-your-Anxiety-cover-1-200x200.webp</a>	10.9KB	5.08KB

Low

**Avoid multiple page redirects** FCP LCP

Potential savings of 38ms

Redirects introduce additional delays before the page can be loaded.

URL	TIME SPENT
• <a href="http://mindsetchangeuk.com/">http://mindsetchangeuk.com/</a>	38ms
• <a href="https://mindsetchangeuk.com/">https://mindsetchangeuk.com/</a>	0ms

Low

**Ensure text remains visible during webfont load** FCP LCP

4 fonts found

Leverage the `font-display` CSS feature to ensure text is user-visible while webfonts are loading.

URL	POTENTIAL SAVINGS
<a href="https://use.typekit.net/af/e3ca36/00000000000000000000e805/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=n7&amp;v=3">https://use.typekit.net/af/e3ca36/00000000000000000000e805/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=n7&amp;v=3</a>	17ms
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/icomoon-the7-font/icomoon-the7-font.ttf?wi57p5">https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/icomoon-the7-font/icomoon-the7-font.ttf?wi57p5</a>	12ms
<a href="https://use.typekit.net/af/620bf8/00000000000000000000e7fe/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=n3&amp;v=3">https://use.typekit.net/af/620bf8/00000000000000000000e7fe/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=n3&amp;v=3</a>	17ms
<a href="https://use.typekit.net/af/2841b6/00000000000000000000e806/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=i7&amp;v=3">https://use.typekit.net/af/2841b6/00000000000000000000e806/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=i7&amp;v=3</a>	18ms

**Low** **Reduce unused CSS** FCP LCP Potential savings of 188KB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
<a href="https://mindsetchangeuk.com/wp-content/plugins/js_composer/assets/css/js_composer.min.css?ver=7.5">https://mindsetchangeuk.com/wp-content/plugins/js_composer/assets/css/js_composer.min.css?ver=7.5</a>	56.4KB	55.8KB
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/css/main.min.css?ver=11.11.1">https://mindsetchangeuk.com/wp-content/themes/dt-the7/css/main.min.css?ver=11.11.1</a>	54.5KB	50.5KB
<a href="https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-custom.min.css?ver=efb846898eda">https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-custom.min.css?ver=efb846898eda</a>	40.7KB	36.7KB
<a href="https://mindsetchangeuk.com/wp-includes/css/dist/block-library/style.min.css?ver=6.4.3">https://mindsetchangeuk.com/wp-includes/css/dist/block-library/style.min.css?ver=6.4.3</a>	18.6KB	18.5KB
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/css/all.min.css?ver=11.11.1">https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/css/all.min.css?ver=11.11.1</a>	14.7KB	14.5KB
<a href="https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-media.min.css?ver=efb846898eda">https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-media.min.css?ver=efb846898eda</a>	12.3KB	12.0KB

**Low** **Defer offscreen images** Potential savings of 73.4KB

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
<a href="https://mindsetchangeuk.com/wp-content/uploads/2020/04/Blue-Life-Doctor-background-1.jpg">https://mindsetchangeuk.com/wp-content/uploads/2020/04/Blue-Life-Doctor-background-1.jpg</a>	62.9KB	62.9KB
<a href="https://mindsetchangeuk.com/wp-content/uploads/2023/06/Paul-Sheppard-Mindset-Change.webp">https://mindsetchangeuk.com/wp-content/uploads/2023/06/Paul-Sheppard-Mindset-Change.webp</a>	10.5KB	10.5KB

**Low** **Avoid non-composited animations** CLS 1 animated element found

Animations which are not composited can be janky and increase CLS.

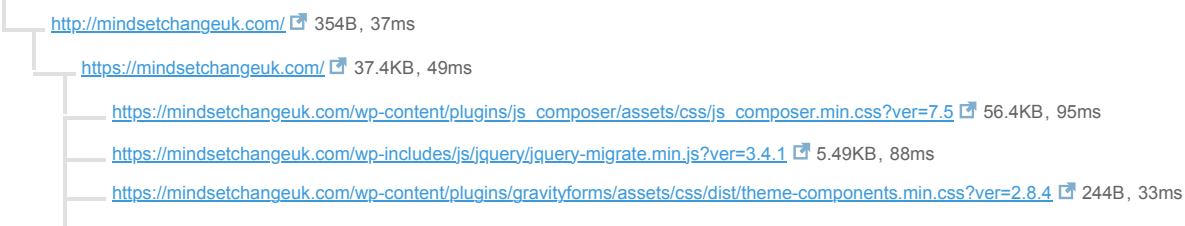
ELEMENT	NAME
body#the7-body > div#load	
<code>&lt;div id="load" class="ring-loader loader-removed"&gt;</code>	
Unsupported CSS Property: visibility	visibility

**Low** **Avoid chaining critical requests** FCP LCP 42 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Maximum critical path latency: 1.0s

INITIAL NAVIGATION





[https://mindsetchangeuk.com/wp-content/plugins/Ultimate\\_VC\\_Addons/assets/min-js/ultimate\\_bg\\_min.js?ver=3.19.19](https://mindsetchangeuk.com/wp-content/plugins/Ultimate_VC_Addons/assets/min-js/ultimate_bg_min.js?ver=3.19.19) 11.4KB, 52ms

<https://fonts.gstatic.com/s/roboto/v30/KFOICnqEu92Fr1MmWUJfBBc9.ttf> 20.9KB, 31ms

[https://mindsetchangeuk.com/wp-content/plugins/Ultimate\\_VC\\_Addons/assets/min-css/background-style\\_min.css?ver=3.19.19](https://mindsetchangeuk.com/wp-content/plugins/Ultimate_VC_Addons/assets/min-css/background-style_min.css?ver=3.19.19) 2.30KB, 8ms

[https://mindsetchangeuk.com/wp-includes/js/dist/i18n\\_min.js?ver=7701b0c3857f914212ef](https://mindsetchangeuk.com/wp-includes/js/dist/i18n_min.js?ver=7701b0c3857f914212ef) 4.12KB, 8ms

[https://mindsetchangeuk.com/wp-content/plugins/dt-the7-core/assets/css/post-type\\_min.css?ver=2.7.8](https://mindsetchangeuk.com/wp-content/plugins/dt-the7-core/assets/css/post-type_min.css?ver=2.7.8) 8.48KB, 56ms

[https://mindsetchangeuk.com/wp-content/plugins/instagram-feed/css/sbi-styles\\_min.css?ver=6.2.8](https://mindsetchangeuk.com/wp-content/plugins/instagram-feed/css/sbi-styles_min.css?ver=6.2.8) 6.38KB, 31ms

<https://fonts.gstatic.com/s/roboto/v30/KFOmCnqEu92Fr1Mu4mxP.ttf> 20.4KB, 8ms

[https://mindsetchangeuk.com/wp-content/plugins/cookie-law-info/legacy/public/css/cookie-law-info\\_min.css?ver=3.2.0](https://mindsetchangeuk.com/wp-content/plugins/cookie-law-info/legacy/public/css/cookie-law-info_min.css?ver=3.2.0) 1.05KB, 31ms

[https://mindsetchangeuk.com/wp-content/plugins/js\\_composer/assets/lib/bower/skrollr/dist/skrollr\\_min.js?ver=7.5](https://mindsetchangeuk.com/wp-content/plugins/js_composer/assets/lib/bower/skrollr/dist/skrollr_min.js?ver=7.5) 6.25KB, 54ms

[https://mindsetchangeuk.com/wp-includes/js/dist/vendor/wp-polyfill\\_min.js?ver=3.15.0](https://mindsetchangeuk.com/wp-includes/js/dist/vendor/wp-polyfill_min.js?ver=3.15.0) 41.8KB, 9ms

[https://mindsetchangeuk.com/wp-content/plugins/Ultimate\\_VC\\_Addons/assets/min-css/style\\_min.css?ver=3.19.19](https://mindsetchangeuk.com/wp-content/plugins/Ultimate_VC_Addons/assets/min-css/style_min.css?ver=3.19.19) 3.47KB, 66ms

[https://mindsetchangeuk.com/wp-includes/css/dist/block-library/style\\_min.css?ver=6.4.3](https://mindsetchangeuk.com/wp-includes/css/dist/block-library/style_min.css?ver=6.4.3) 18.6KB, 38ms

[https://mindsetchangeuk.com/wp-content/plugins/js\\_composer/assets/js/dist/js\\_composer\\_front\\_min.js?ver=7.5](https://mindsetchangeuk.com/wp-content/plugins/js_composer/assets/js/dist/js_composer_front_min.js?ver=7.5) 6.71KB, 45ms

[https://mindsetchangeuk.com/wp-content/plugins/Ultimate\\_VC\\_Addons/assets/min-js/jquery-appear\\_min.js?ver=3.19.19](https://mindsetchangeuk.com/wp-content/plugins/Ultimate_VC_Addons/assets/min-js/jquery-appear_min.js?ver=3.19.19) 922B, 51ms

[https://mindsetchangeuk.com/wp-content/plugins/Ultimate\\_VC\\_Addons/assets/min-css/content-box\\_min.css?ver=3.19.19](https://mindsetchangeuk.com/wp-content/plugins/Ultimate_VC_Addons/assets/min-css/content-box_min.css?ver=3.19.19) 461B, 67ms

[https://mindsetchangeuk.com/wp-content/plugins/Ultimate\\_VC\\_Addons/assets/min-js/vhparallax\\_min.js?ver=3.19.19](https://mindsetchangeuk.com/wp-content/plugins/Ultimate_VC_Addons/assets/min-js/vhparallax_min.js?ver=3.19.19) 1.39KB, 54ms

[https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-elements\\_min.css?ver=efb846898eda](https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-elements_min.css?ver=efb846898eda) 1.71KB, 65ms

[https://mindsetchangeuk.com/wp-content/themes/dt-the7/css/main\\_min.css?ver=11.11.1](https://mindsetchangeuk.com/wp-content/themes/dt-the7/css/main_min.css?ver=11.11.1) 54.5KB, 94ms

[https://mindsetchangeuk.com/wp-includes/js/dist/hooks\\_min.js?ver=c6aec9a8d4e5a5d543a1](https://mindsetchangeuk.com/wp-includes/js/dist/hooks_min.js?ver=c6aec9a8d4e5a5d543a1) 1.90KB, 6ms

[https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-css-vars\\_min.css?ver=efb846898eda](https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-css-vars_min.css?ver=efb846898eda) 5.90KB, 61ms

[https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-mega-menu\\_min.css?ver=efb846898eda](https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-mega-menu_min.css?ver=efb846898eda) 4.08KB, 64ms

[https://mindsetchangeuk.com/wp-content/themes/dt-the7/css/wpbakery\\_min.css?ver=11.11.1](https://mindsetchangeuk.com/wp-content/themes/dt-the7/css/wpbakery_min.css?ver=11.11.1) 5.37KB, 54ms

[https://mindsetchangeuk.com/wp-content/plugins/Ultimate\\_VC\\_Addons/assets/min-js/custom\\_min.js?ver=3.19.19](https://mindsetchangeuk.com/wp-content/plugins/Ultimate_VC_Addons/assets/min-js/custom_min.js?ver=3.19.19) 5.74KB, 53ms

[https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-media\\_min.css?ver=efb846898eda](https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-media_min.css?ver=efb846898eda) 12.3KB, 64ms

[https://mindsetchangeuk.com/wp-content/plugins/gravityforms/assets/css/dist/theme\\_min.css?ver=2.8.4](https://mindsetchangeuk.com/wp-content/plugins/gravityforms/assets/css/dist/theme_min.css?ver=2.8.4) 6.46KB, 34ms

[https://mindsetchangeuk.com/wp-includes/js/jquery/jquery\\_min.js?ver=3.7.1](https://mindsetchangeuk.com/wp-includes/js/jquery/jquery_min.js?ver=3.7.1) 34.9KB, 92ms

[https://mindsetchangeuk.com/wp-content/plugins/gravityforms/assets/css/dist/basic\\_min.css?ver=2.8.4](https://mindsetchangeuk.com/wp-content/plugins/gravityforms/assets/css/dist/basic_min.css?ver=2.8.4) 9.01KB, 30ms

[https://mindsetchangeuk.com/wp-content/themes/lifedoc2020/style\\_min.css?ver=11.11.1](https://mindsetchangeuk.com/wp-content/themes/lifedoc2020/style_min.css?ver=11.11.1) 2.44KB, 66ms

[https://mindsetchangeuk.com/wp-content/plugins/cookie-law-info/legacy/public/css/cookie-law-info-gdpr\\_min.css?ver=3.2.0](https://mindsetchangeuk.com/wp-content/plugins/cookie-law-info/legacy/public/css/cookie-law-info-gdpr_min.css?ver=3.2.0) 5.01KB, 31ms

[https://mindsetchangeuk.com/wp-content/plugins/gravityforms/assets/css/dist/theme-ie11\\_min.css?ver=2.8.4](https://mindsetchangeuk.com/wp-content/plugins/gravityforms/assets/css/dist/theme-ie11_min.css?ver=2.8.4) 690B, 34ms

[https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-custom\\_min.css?ver=efb846898eda](https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-custom_min.css?ver=efb846898eda) 40.7KB, 93ms

[https://mindsetchangeuk.com/wp-content/themes/dt-the7/lib/custom-scrollbar/custom-scrollbar\\_min.css?ver=11.11.1](https://mindsetchangeuk.com/wp-content/themes/dt-the7/lib/custom-scrollbar/custom-scrollbar_min.css?ver=11.11.1) 2.08KB, 53ms

[https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/icomoon-the7-font/icomoon-the7-font\\_min.css?ver=11.11.1](https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/icomoon-the7-font/icomoon-the7-font_min.css?ver=11.11.1) 3.69KB, 14ms

<https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/icomoon-the7-font/icomoon-the7-font.ttf?wi57p5> 25.0KB, 12ms

[https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/css/all\\_min.css?ver=11.11.1](https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/css/all_min.css?ver=11.11.1) 14.7KB, 17ms

<https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/webfonts/fa-solid-900.woff2> 76.7KB, 19ms

<https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/webfonts/fa-brands-400.woff2> 75.3KB, 20ms

<https://use.typekit.net/fd4qgn.css> 946B, 94ms

<https://use.typekit.net/af/620bf8/00000000000000000000e7fe/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n3&v=3> 16.8KB, 17ms

<https://use.typekit.net/af/e3ca36/00000000000000000000e805/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n7&v=3> 16.9KB, 17ms

<https://p.typekit.net/p.css?s=1&k=fd4qgn&ht=tk&f=2005.2006.2009.2010&a=1359451&app=typekit&e=css> 172B, 22ms

<https://use.typekit.net/af/2841b6/00000000000000000000e806/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=i7&v=3> 17.5KB, 18ms

Low

Reduce unused JavaScript LCP

Potential savings of 257KB

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
<a href="https://www.gstatic.com/recaptcha/releases/QquE1_MNjnFHgZF4HPsEcf_2/recaptcha_en.js">https://www.gstatic.com/recaptcha/releases/QquE1_MNjnFHgZF4HPsEcf_2/recaptcha_en.js</a>	195KB	110KB
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/js/main_min.js?ver=11.11.1">https://mindsetchangeuk.com/wp-content/themes/dt-the7/js/main_min.js?ver=11.11.1</a>	106KB	73.2KB
<a href="https://www.googletagmanager.com/gtag/js?id=G-87W7K7K4SK&amp;l=dataLayer&amp;cx=c">https://www.googletagmanager.com/gtag/js?id=G-87W7K7K4SK&amp;l=dataLayer&amp;cx=c</a>	97.3KB	42.0KB
<a href="https://www.googletagmanager.com/gtag/js?id=UA-2869393-1">https://www.googletagmanager.com/gtag/js?id=UA-2869393-1</a>	70.5KB	31.8KB

N/A

Largest Contentful Paint element LCP

2,370 ms

This is the largest contentful element painted within the viewport.

## ELEMENT

```
div#content > div.wpb-content-wrapper > div.vc_row > div.upb_row_bg
```

```
<div class="upb_row_bg vcpb-vz-jquery" data-upb_br_animation="" data-parallax_sense="30" data-bg-override="0" data-bg-animation="left-animation" data-bg-animation-type="h" data-animation-repeat="repeat" style="background-size: cover; background-repeat: no-repeat;">
```

PHASE	% OF LCP	TIMING
TTFB	4%	88ms
Load Delay	54%	1.3s
Load Time	1%	17ms
Render Delay	41%	979ms

N/A

Eliminate render-blocking resources FCP LCP

Potential savings of 11ms

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles.

Resources that **may** be contributing to render-blocking include:

URL	TRANSFER SIZE	DOWNLOAD TIME
<a href="https://mindsetchangeuk.com/wp-content/plugins/instagram-feed/css/sbi-styles.min.css?ver=6.2.8">https://mindsetchangeuk.com/wp-content/plugins/instagram-feed/css/sbi-styles.min.css?ver=6.2.8</a>	6.38KB	153ms
<a href="https://mindsetchangeuk.com/wp-includes/css/dist/block-library/style.min.css?ver=6.4.3">https://mindsetchangeuk.com/wp-includes/css/dist/block-library/style.min.css?ver=6.4.3</a>	18.6KB	305ms
<a href="https://mindsetchangeuk.com/wp-content/plugins/cookie-law-info/legacy/public/css/cookie-law-info.min.css?ver=3.2.0">https://mindsetchangeuk.com/wp-content/plugins/cookie-law-info/legacy/public/css/cookie-law-info.min.css?ver=3.2.0</a>	1.05KB	153ms
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/css/all.min.css?ver=11.11.1">https://mindsetchangeuk.com/wp-content/themes/dt-the7/fonts/FontAwesome/css/all.min.css?ver=11.11.1</a>	14.7KB	305ms
<a href="https://mindsetchangeuk.com/wp-content/plugins/js_composer/assets/css/js_composer.min.css?ver=7.5">https://mindsetchangeuk.com/wp-content/plugins/js_composer/assets/css/js_composer.min.css?ver=7.5</a>	56.4KB	916ms
<a href="https://mindsetchangeuk.com/wp-content/plugins/gravityforms/assets/css/dist/basic.min.css?ver=2.8.4">https://mindsetchangeuk.com/wp-content/plugins/gravityforms/assets/css/dist/basic.min.css?ver=2.8.4</a>	9.01KB	153ms
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/css/main.min.css?ver=11.11.1">https://mindsetchangeuk.com/wp-content/themes/dt-the7/css/main.min.css?ver=11.11.1</a>	54.5KB	305ms
<a href="https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-css-vars.min.css?ver=efb846898eda">https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-css-vars.min.css?ver=efb846898eda</a>	5.90KB	153ms
<a href="https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-custom.min.css?ver=efb846898eda">https://mindsetchangeuk.com/wp-content/uploads/the7-css/dt-custom.min.css?ver=efb846898eda</a>	40.7KB	153ms
<a href="https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-elements.min.css?ver=efb846898eda">https://mindsetchangeuk.com/wp-content/uploads/the7-css/the7-elements.min.css?ver=efb846898eda</a>	1.71KB	153ms
<a href="https://use.typekit.net/fdl4qgn.css">https://use.typekit.net/fdl4qgn.css</a>	946B	765ms
<a href="https://mindsetchangeuk.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1">https://mindsetchangeuk.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1</a>	34.9KB	153ms

N/A

Reduce initial server response time FCP LCP

Root document took 19ms

Keep the server response time for the main document short because all other requests depend on it.

URL	TIME SPENT
• <a href="https://mindsetchangeuk.com/">https://mindsetchangeuk.com/</a>	19ms

N/A

### Avoid serving legacy JavaScript to modern browsers TBT

Potential savings of 116B

Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. For your bundled JavaScript, adopt a modern script deployment strategy using module/nomodule feature detection to reduce the amount of code shipped to modern browsers, while retaining support for legacy browsers.

URL	POTENTIAL SAVINGS
<a href="https://mindsetchangeuk.com/wp-includes/js/dist/vendor/wp-polyfill-inert.min.js?ver=3.1.2">https://mindsetchangeuk.com/wp-includes/js/dist/vendor/wp-polyfill-inert.min.js?ver=3.1.2</a> Line:0 Column:452	63B
<a href="https://mindsetchangeuk.com/wp-content/themes/dt-the7/js/main.min.js?ver=11.11.1">https://mindsetchangeuk.com/wp-content/themes/dt-the7/js/main.min.js?ver=11.11.1</a> Line:57 Column:25690	53B

N/A

### Minimize main-thread work TBT

Main-thread busy for 2.9s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this.

CATEGORY	TIME SPENT
Other	1.1s
Script Evaluation	991ms
Style & Layout	561ms
Parse HTML & CSS	114ms
Script Parsing & Compilation	81ms
Rendering	80ms
Garbage Collection	31ms

N/A

### Reduce the impact of third-party code TBT

Third-party code blocked the main thread for 61ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
<b>GOOGLE CDN</b>	417KB	41ms
• <a href="https://www.gstatic.com/recaptcha/releases/QquE1_MNjnFHgZF4HPsEcf_2/recaptcha_en.js">https://www.gstatic.com/recaptcha/releases/QquE1_MNjnFHgZF4HPsEcf_2/recaptcha_en.js</a>	390KB	41ms
• <a href="https://www.gstatic.com/recaptcha/releases/QquE1_MNjnFHgZF4HPsEcf_2/styles_ltr.css">https://www.gstatic.com/recaptcha/releases/QquE1_MNjnFHgZF4HPsEcf_2/styles_ltr.css</a>	24.6KB	0ms
<b>GOOGLE TAG MANAGER</b>	168KB	19ms
• <a href="https://www.googletagmanager.com/gtag/js?id=G-87W7K7K4SK&amp;l=dataLayer&amp;cx=c">https://www.googletagmanager.com/gtag/js?id=G-87W7K7K4SK&amp;l=dataLayer&amp;cx=c</a>	97.3KB	19ms
• <a href="https://www.googletagmanager.com/gtag/js?id=UA-2869393-1">https://www.googletagmanager.com/gtag/js?id=UA-2869393-1</a>	70.5KB	0ms
<b>GOOGLE FONTS</b>	72.1KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v30/KFOICnqEu92Fr1MmWUlfBBc9.ttf">https://fonts.gstatic.com/s/roboto/v30/KFOICnqEu92Fr1MmWUlfBBc9.ttf</a>	20.9KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v30/KFOmCnqEu92Fr1Mu4mxP.ttf">https://fonts.gstatic.com/s/roboto/v30/KFOmCnqEu92Fr1Mu4mxP.ttf</a>	20.4KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v18/KFOmCnqEu92Fr1Mu4mxK.woff2">https://fonts.gstatic.com/s/roboto/v18/KFOmCnqEu92Fr1Mu4mxK.woff2</a>	15.5KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v18/KFOICnqEu92Fr1MmEU9fBBc4.woff2">https://fonts.gstatic.com/s/roboto/v18/KFOICnqEu92Fr1MmEU9fBBc4.woff2</a>	15.3KB	0ms
<b>ADOBE TYPEKIT</b>	52.4KB	0ms
• <a href="https://use.typekit.net/af/2841b6/000000000000000000e806/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=i7&amp;v=3">https://use.typekit.net/af/2841b6/000000000000000000e806/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=i7&amp;v=3</a>	17.5KB	0ms
• <a href="https://use.typekit.net/af/e3ca36/000000000000000000e805/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=n7&amp;v=3">https://use.typekit.net/af/e3ca36/000000000000000000e805/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=n7&amp;v=3</a>	16.9KB	0ms
• <a href="https://use.typekit.net/af/620bf8/000000000000000000e7fe/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=n3&amp;v=3">https://use.typekit.net/af/620bf8/000000000000000000e7fe/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&amp;fvd=n3&amp;v=3</a>	16.8KB	0ms
<b>OTHER GOOGLE APIS/SDKS</b>	36.4KB	0ms
• <a href="https://www.google.com/recaptcha/api2/anchor?ar=1&amp;k=6LfCMQkAAAAAackHaSagmbF-qF86goxU5dTEnqrr&amp;co=aHR0cHM6Ly9taW5kc2V0Y2hhbmdldWsuY29tQjQ0Mw..&amp;hl=en&amp;v=QquE1_MNjnFHgZF4HPsEcf_2&amp;size=invisible&amp;cb=mpf443i540yg">https://www.google.com/recaptcha/api2/anchor?ar=1&amp;k=6LfCMQkAAAAAackHaSagmbF-qF86goxU5dTEnqrr&amp;co=aHR0cHM6Ly9taW5kc2V0Y2hhbmdldWsuY29tQjQ0Mw..&amp;hl=en&amp;v=QquE1_MNjnFHgZF4HPsEcf_2&amp;size=invisible&amp;cb=mpf443i540yg</a>	28.0KB	0ms
• <a href="https://www.google.com/js/bg/IDLZ5bdCrEGdGR5FKKZfiIWVv7rMSIbAHUEzxUIOBQg.js">https://www.google.com/js/bg/IDLZ5bdCrEGdGR5FKKZfiIWVv7rMSIbAHUEzxUIOBQg.js</a>	7.17KB	0ms
<b>GOOGLE ANALYTICS</b>	20.8KB	0ms
• <a href="https://www.google-analytics.com/analytics.js">https://www.google-analytics.com/analytics.js</a>	20.8KB	0ms

N/A

**User Timing marks and measures**

No user timings and/or marks found.