



Performance Report for:

<http://judedauntcoaching.co.uk/>

Report generated: Thu, Mar 7, 2024 1:17 PM -0800
 Test Server Location: London, UK
 Using: Chrome 117.0.0.0, Lighthouse 11.0.0

D	Performance	Structure	L. Contentful Paint	T. Blocking Time	C. Layout Shift
	52%	82%	2.5s	341ms	0.08

Top Issues

High	Avoid enormous network payloads <small>LCP</small>	Total size was 18.3MB
High	Reduce initial server response time <small>FCP LCP</small>	Root document took 1.3s
Med	Serve static assets with an efficient cache policy	Potential savings of 17.8MB
Med-Low	Use a Content Delivery Network (CDN)	28 resources found
Med-Low	Avoid long main-thread tasks <small>TBT</small>	11 long tasks found

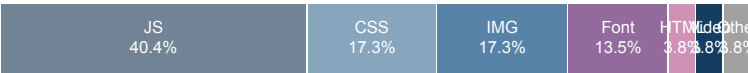
Page Details



Total Page Size - 11.4MB



Total Page Requests - 52



HTML JS CSS IMG Video Font Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

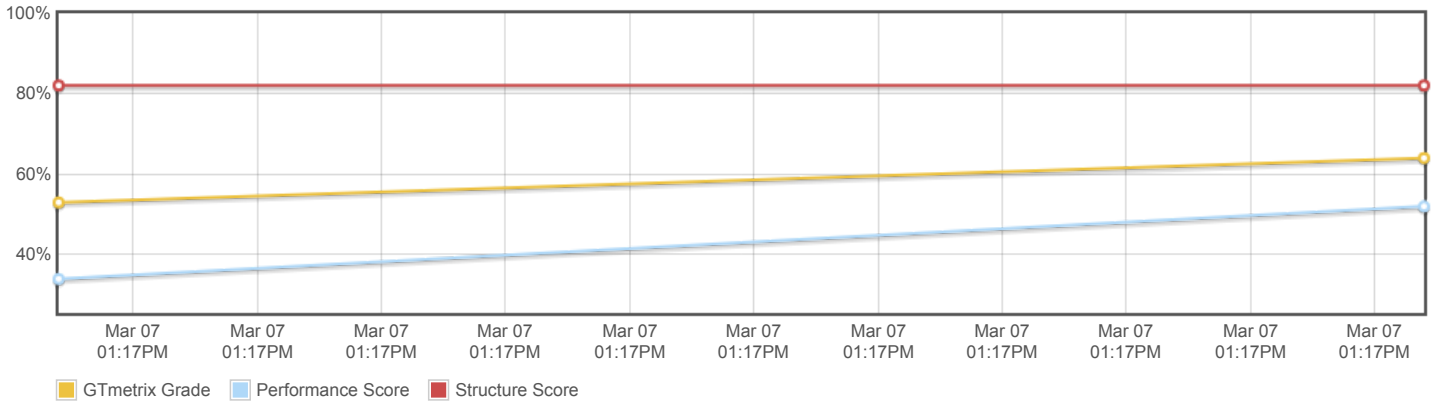
About GTmetrix



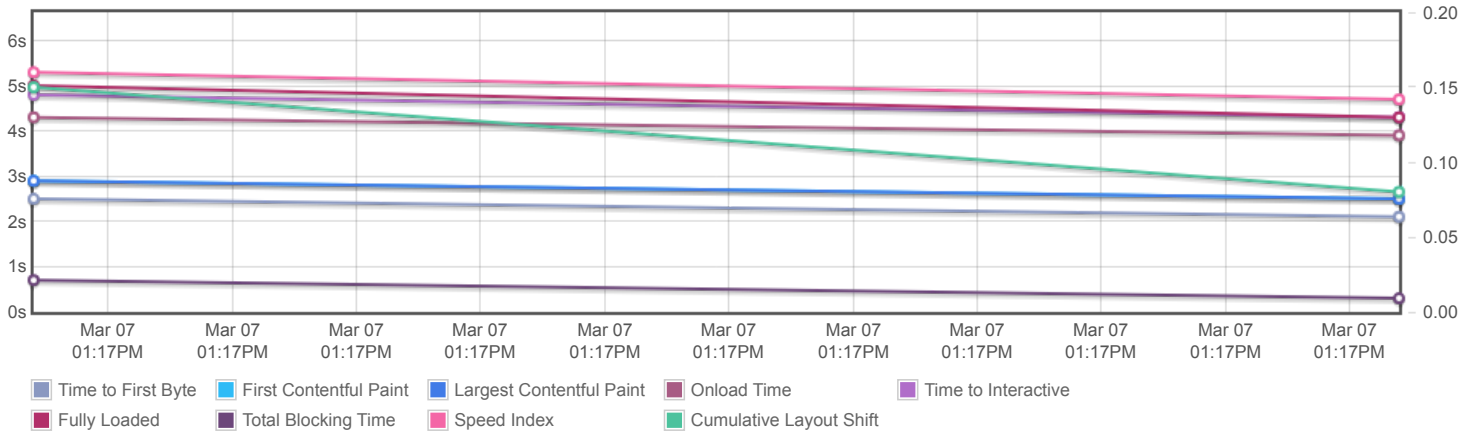
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 28 years experience in web technology.

<https://carbon60.com/>

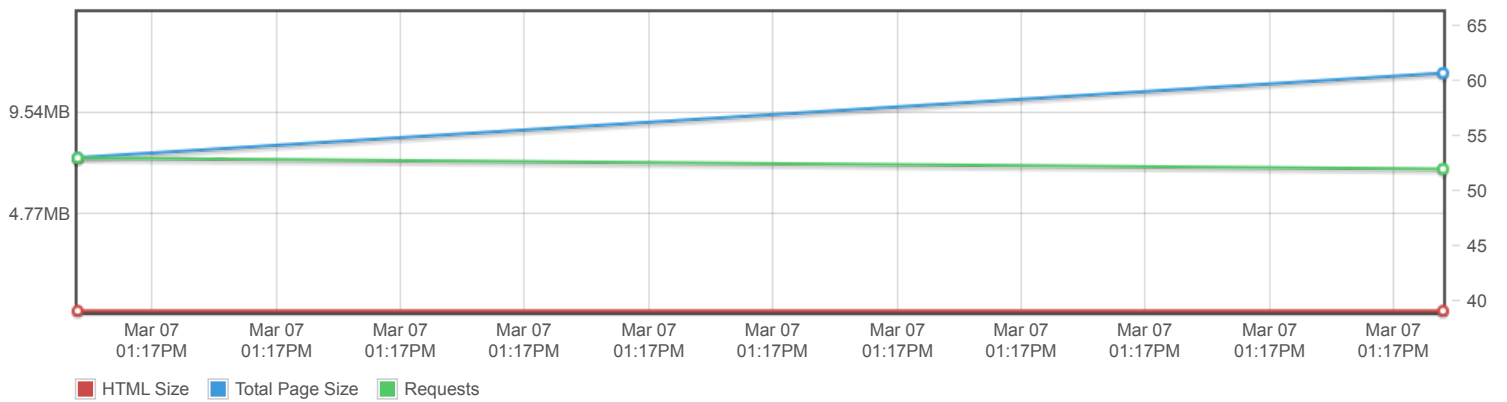
Page scores



Page metrics



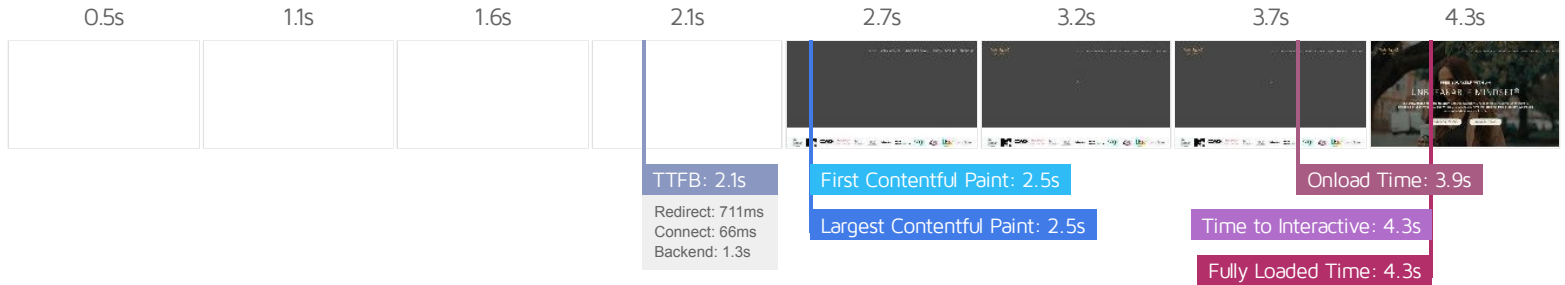
Page sizes and request counts



The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Home - Jude Daunt Coaching

/	301	judedauntoaching.c...	0	710ms				
/	200	judedauntoaching.c...	225KB		1.4s			
styles.css?ver=5.8.2	200	judedauntoaching.c...	1.06KB		35ms			
et-divi-dynamic-tb-69-7-la...	200	judedauntoaching.c...	2.73KB		43ms			
et-divi-dynamic-tb-69-7.cs...	200	judedauntoaching.c...	9.18KB		49ms			
css?family=Arsenal:regul...	200	fonts.googleapis.com	2.58KB		53ms			
style.css?ver=4.23.0	200	judedauntoaching.c...	263B		49ms			
jquery.min.js?ver=3.7.1	200	judedauntoaching.c...	85.5KB		74ms			
jquery-migrate.min.js?ver...	200	judedauntoaching.c...	13.3KB		49ms			
et-core-unified-tb-69-defe...	200	judedauntoaching.c...	7.34KB		48ms			
Jude-Logo-Version-2.png	200	judedauntoaching.c...	277KB		197ms			
Copy-of-FIVE-2.png	200	judedauntoaching.c...	130KB		90ms			
mediaelementplayer-lega...	200	judedauntoaching.c...	2.94KB		106ms			
wp-mediaelement.min.cs...	200	judedauntoaching.c...	1.27KB		128ms			
index.js?ver=5.8.2	200	judedauntoaching.c...	10.5KB		144ms			
index.js?ver=5.8.2	200	judedauntoaching.c...	12.6KB		145ms			
scripts.min.js?ver=4.23.0	200	judedauntoaching.c...	268KB		161ms			
jquery.fitvids.js?ver=4.23	200	judedauntoaching.c...	3.27KB		143ms			
easypiechart.js?ver=4.23	200	judedauntoaching.c...	9.10KB		163ms			
salvattore.js?ver=4.23	200	judedauntoaching.c...	8.37KB		166ms			
common.js?ver=4.23	200	judedauntoaching.c...	1.31KB		162ms			
mediaelement-and-player...	200	judedauntoaching.c...	154KB		184ms			
mediaelement-migrate.mi...	200	judedauntoaching.c...	1.16KB		174ms			
wp-mediaelement.min.js?...	200	judedauntoaching.c...	1.08KB		175ms			
gtm.js?id=GTM-WWTWQ8R	200	googletagmanager.c...	96.7KB		101ms			
2_2.mp4	(canceled)	judedauntoaching.c...	7.00MB			1s		
preloader.gif	200	judedauntoaching.c...	9.21KB		142ms			
Untitled-design-24-1.png	200	judedauntoaching.c...	1.77MB		153ms			
J1-scaled-e168486028071...	200	judedauntoaching.c...	499KB		140ms			
wXKrE3kQtZQ4pF3D51jc...	200	fonts.gstatic.com	17.2KB		231ms			
modules.woff	200	judedauntoaching.c...	89.9KB		242ms			
UcC73FwrK3iLTeHuS_fvQ...	200	fonts.gstatic.com	45.6KB		234ms			
Silver-South-Script.ttf	200	judedauntoaching.c...	66.6KB		241ms			
wXKuE3kQtZQ4pF3D7-P5...	200	fonts.gstatic.com	17.8KB		232ms			
j5-1-576x1024.jpg	200	judedauntoaching.c...	145KB		65ms			
et-divi-dynamic-tb-69-7-la...	200	judedauntoaching.c...	2.73KB		62ms			
fa-brands-400.woff2	200	judedauntoaching.c...	76.6KB		238ms			
alethiapro-regular.otf	200	judedauntoaching.c...	69.1KB		212ms			
js?id=G-1C9Z7YVVt3&l=...	200	googletagmanager.c...	94.9KB		74ms			
destination?id=AW-95464...	200	googletagmanager.c...	84.6KB		67ms			
hotjar-3735620.js?sv=7	200	static.hotjar.com	3.98KB		43ms			
hotjar-3841417.js?sv=7	200	static.hotjar.com	3.98KB		42ms			
fbevents.js	200	connect.facebook.net	56.0KB		50ms			
modules.478d49d6cc21ec...	200	script.hotjar.com	54.3KB		51ms			
682159769289156?v=2.9.1...	200	connect.facebook.net	12.8KB		274ms			
954641038?random=1709...	200	googleads.g.doublec...	1.27KB		96ms			
POST ?site_id=3735620&...	200	content.hotjar.io	56B		88ms			
2_2.mp4	206	judedauntoaching.c...	0			286ms		
954641038?random=1709...	200	google.com	42B		58ms			
954641038?random=1709...	200	google.co.uk	42B		67ms			
tr?id=682159769289156&...	200	facebook.com	185B		55ms			
favicon.ico	200	judedauntoaching.c...	14.7KB		32ms			
52 Requests				11.4MB (19.6MB Uncompressed)	Fully Loaded 4.3s (Onload 3.9s)			



Performance Metrics

<p>First Contentful Paint</p> <p>How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.</p>	<p>Much longer than recommended</p> <p>2.5s</p>	<p>Time to Interactive</p> <p>How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.</p>	<p>Longer than recommended</p> <p>4.3s</p>
<p>Speed Index</p> <p>How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.</p>	<p>Much longer than recommended</p> <p>4.7s</p>	<p>Total Blocking Time</p> <p>How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.</p>	<p>Longer than recommended</p> <p>341ms</p>
<p>Largest Contentful Paint</p> <p>How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.</p>	<p>Much longer than recommended</p> <p>2.5s</p>	<p>Cumulative Layout Shift</p> <p>How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.</p>	<p>Good - Nothing to do here</p> <p>0.08</p>

Browser Timings

Redirect	711ms	Connect	66ms	Backend	1.3s
TTFB	2.1s	First Paint	2.5s	DOM Int.	3.1s
DOM Loaded	3.1s	Onload	3.9s	Fully Loaded	4.3s

IMPACT AUDIT

Low

Avoid chaining critical requests FCP LCP

24 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Maximum critical path latency: 2.8s

INITIAL NAVIGATION



Low

Allow back/forward cache restoration

1 failure reason

Many navigations are performed by going back to a previous page, or forwards again. The back/forward cache (bfcache) can speed up these return navigations.

FAILURE REASON

Pages with WebSocket cannot enter back/forward cache.
<https://www.judedauntcoaching.co.uk/>

FAILURE TYPE

Pending browser support

Low **Reduce JavaScript execution time** TBT 931ms spent executing JavaScript

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this.

URL	TOTAL CPU TIME	SCRIPT EVALUATION	SCRIPT PARSE
• Unattributable	621ms	11ms	0ms
• https://www.judedauntcoaching.co.uk/	536ms	7ms	5ms
• https://script.hotjar.com/modules.478d49d6cc21ec95d184.js	348ms	288ms	21ms
• https://www.judedauntcoaching.co.uk/content/themes/Divi/js/scripts.min.js?ver=4.23.0	191ms	137ms	5ms
• https://www.judedauntcoaching.co.uk/wp/wp-includes/js/jquery/jquery.min.js?ver=3.7.1	154ms	133ms	1ms
• https://www.googletagmanager.com/gtm.js?id=GTM-WWTWQ8R	112ms	97ms	13ms
• https://www.googletagmanager.com/gtag/destination?id=AW-954641038&l=dataLayer&cx=c	82ms	78ms	3ms
• https://www.judedauntcoaching.co.uk/wp/wp-includes/js/mediaelement/mediaelement-and-player.min.js?ver=4.2.17	74ms	62ms	5ms
• https://www.googletagmanager.com/gtag/js?id=G-1C9Z7YVVV3&l=dataLayer&cx=c	58ms	52ms	5ms

Low **Avoid an excessive DOM size** TBT 660 elements

A large DOM will increase memory usage, cause longer style calculations, and produce costly layout reflows.

STATISTIC	ELEMENT	VALUE
Total DOM Elements		660
Maximum DOM Depth	12 Reasons Why You Need A Life Coach 	21
Maximum Child Elements	body.home <body class="home page-template-default page page-id-7 et-tb-has-template et-tb-has-foo..." style="overflow-x: hidden;">	23

Low **Avoid large layout shifts** CLS 3 elements found

These DOM elements contribute most to the CLS of the page.

ELEMENT	CLS CONTRIBUTION
body.home <body class="home page-template-default page page-id-7 et-tb-has-template et-tb-has-foo..." style="overflow-x: hidden;">	0.04
HOME WORK WITH ME BECOME A COACH WHAT CLIENTS SAY ABOUT ME <div id="et-top-navigation" data-height="120" data-fixed-height="40" style="padding-left: 211px;">	0.03
div.entry-content > div.et-l > div.et_builder_inner_content > div.et_pb_section <div class="et_pb_section et_pb_section_1 et_pb_fullwidth_section et_section_regular">	0.02

Low **Eliminate render-blocking resources** FCP LCP Potential savings of 32ms

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. Resources that **may** be contributing to render-blocking include:

URL	TRANSFER SIZE	DOWNLOAD TIME
https://www.judedauntcoaching.co.uk/content/plugins/contact-form-7/includes/css/styles.css?ver=5.8.2	1.24KB	166ms
https://fonts.googleapis.com/css?family=Arsenal:regular,italic,700,700italic Inter:100,200,300,regular,500,600,700,800,900 Jost:100,200,300,regular,500,600,700,800,900,100italic,200italic,300italic,italic,500italic,600italic,700italic,800italic,900italic Montserrat:100,200,300,regular,500,600,700,800,900,100italic,200italic,300italic,italic,500italic,600italic,700italic,800italic,900italic Arizonia:regular&subset=latin,latin-ext&display=swap	2.58KB	768ms
https://www.judedauntcoaching.co.uk/wp/wp-includes/js/jquery/jquery.min.js?ver=3.7.1	85.7KB	996ms
https://www.judedauntcoaching.co.uk/wp/wp-includes/js/jquery/jquery-migrate.min.js?ver=3.4.1	13.4KB	166ms

Low **Enable text compression** FCP LCP Potential savings of 409KB

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
https://www.judedauntcoaching.co.uk/content/themes/Divi/js/scripts.min.js?ver=4.23.0	268KB	199KB
https://www.judedauntcoaching.co.uk/wp/wp-includes/js/mediaelement/mediaelement-and-player.min.js?ver=4.2.17	154KB	116KB
https://www.judedauntcoaching.co.uk/wp/wp-includes/js/jquery/jquery.min.js?ver=3.7.1	85.5KB	55.8KB
https://www.judedauntcoaching.co.uk/content/plugins/contact-form-7/includes/js/index.js?ver=5.8.2	12.6KB	8.56KB
https://www.judedauntcoaching.co.uk/wp/wp-includes/js/jquery/jquery-migrate.min.js?ver=3.4.1	13.3KB	8.50KB
https://www.judedauntcoaching.co.uk/content/plugins/contact-form-7/includes/swv/js/index.js?ver=5.8.2	10.5KB	7.41KB
https://www.judedauntcoaching.co.uk/content/themes/Divi/includes/builder/feature/dynamic-assets/assets/js/easypiechart.js?ver=4.23	9.10KB	6.05KB
https://www.judedauntcoaching.co.uk/content/themes/Divi/includes/builder/feature/dynamic-assets/assets/js/salvattore.js?ver=4.23	8.37KB	5.04KB
https://www.judedauntcoaching.co.uk/content/themes/Divi/includes/builder/feature/dynamic-assets/assets/js/jquery.fancybox.js?ver=4.23	3.27KB	1.96KB

Low **Properly size images** Potential savings of 455KB

Serve images that are appropriately-sized to save cellular data and improve load time.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/Jude-Logo-Version-2.png	277KB	270KB
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/Copy-of-FIVE-2.png	130KB	94.0KB
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/j5-1-576x1024.jpg	145KB	90.6KB

Low **Avoid multiple page redirects** FCP LCP Potential savings of 710ms

Redirects introduce additional delays before the page can be loaded.

URL	TIME SPENT
• http://judedauntcoaching.co.uk/	710ms
• https://www.judedauntcoaching.co.uk/	0ms

Low **Reduce unused CSS** FCP LCP Potential savings of 13.6KB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
• @font-face{font-family:ETmodules;font-display:block;src:url(//www.judedauntcoaching.co.uk/content/t...	15.3KB	13.6KB

Low **Serve images in next-gen formats** Potential savings of 2.21MB

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/Untitled-design-24-1.png	1.77MB	1.68MB
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/Jude-Logo-Version-2.png	277KB	221KB
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/J1-scaled-e1684860280710.jpg	499KB	175KB
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/Copy-of-FIVE-2.png	130KB	104KB
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/j5-1-576x1024.jpg	145KB	47.9KB

Low **Defer offscreen images** Potential savings of 392KB

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.judedauntcoaching.co.uk/content/uploads/2023/05/J1-scaled-e1684860280710.jpg	499KB	392KB

Low **Avoid non-composited animations** CLS 5 animated elements found

Animations which are not composited can be janky and increase CLS.

ELEMENT

NAME

BECOME A LIFE COACH

```
<a class="et_pb_button et_pb_button_1 et_pb_bg_layout_light" href="https://www.judedauntcoaching.co.uk/life-coach-certification/">
```

Unsupported CSS Property: visibility

visibility

WORK WITH A LIFE COACH

```
<a class="et_pb_button et_pb_button_0 et_pb_bg_layout_light" href="https://www.judedauntcoaching.co.uk/life-coaching/">
```

Unsupported CSS Property: visibility

visibility

```
div.et_pb_column > div.et_pb_button_module_wrapper > a.et_pb_button > ::after
```

```
<::after>
```

Unsupported CSS Property: visibility

visibility

```
div.et_pb_column > div.et_pb_button_module_wrapper > a.et_pb_button > ::after
```

```
<::after>
```

Unsupported CSS Property: visibility

visibility

HOME WORK WITH ME BECOME A COACH WHAT CLIENTS SAY ABOUT ME

```
<div id="et-top-navigation" data-height="120" data-fixed-height="40" style="padding-left: 211px;">
```

Unsupported CSS Property: padding-left

padding-left

Low

Minify JavaScript FCP LCP

Potential savings of 3.49KB

Minifying JavaScript files can reduce payload sizes and script parse time.

URL

TRANSFER SIZE

POTENTIAL SAVINGS

- <https://www.judedauntcoaching.co.uk/content/themes/Divi/includes/builder/feature/dynamic-assets/assets/js/easypiechart.js?ver=4.23>

9.26KB

3.49KB

Low

Reduce unused JavaScript LCP

Potential savings of 441KB

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity.

URL

TRANSFER SIZE

POTENTIAL SAVINGS

<https://www.judedauntcoaching.co.uk/content/themes/Divi/js/scripts.min.js?ver=4.23.0>

268KB

161KB

<https://www.judedauntcoaching.co.uk/wp/wp-includes/js/mediaelement/mediaelement-and-player.min.js?ver=4.2.17>

155KB

77.7KB

<https://www.googletagmanager.com/gtm.js?id=GTM-WWTWQ8R>

97.1KB

42.3KB

<https://www.googletagmanager.com/gtag/js?id=G-1C9Z7YVVT3&l=dataLayer&cx=c>

95.0KB

41.5KB

<https://www.googletagmanager.com/gtag/destination?id=AW-954641038&l=dataLayer&cx=c>

84.8KB

36.7KB

<https://www.judedauntcoaching.co.uk/wp/wp-includes/js/jquery/jquery.min.js?ver=3.7.1>

85.7KB

36.6KB

<https://script.hotjar.com/modules.478d49d6cc21ec95d184.js>

54.9KB

25.1KB

https://connect.facebook.net/en_US/fbevents.js

58.0KB

20.0KB

N/A

Largest Contentful Paint element LCP

2,550 ms

This is the largest contentful element painted within the viewport.

ELEMENT

```
div.et_builder_inner_content > div.et_pb_section > div.et_pb_module > img.wp-image-3316
```

```

```

PHASE	% OF LCP	TIMING
TTFB	82%	2.1s
Load Delay	1%	35ms
Load Time	3%	88ms
Render Delay	13%	334ms

N/A	Avoid serving legacy JavaScript to modern browsers TBT	Potential savings of 36.4KB
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Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. For your bundled JavaScript, adopt a modern script deployment strategy using module/nomodule feature detection to reduce the amount of code shipped to modern browsers, while retaining support for legacy browsers.

URL	POTENTIAL SAVINGS
https://www.judedauntcoaching.co.uk/content/themes/Divi/includes/builer/feature/dynamic-assets/assets/js/easypiechart.js?ver=4.23	25.2KB
Line:63 Column:1	Dat e.no w
https://connect.facebook.net/en_US/fbevents.js	10.7KB
Line:23 Column:2302	@bab el/p lugi n-tr ansf orm- clas ses
Line:24 Column:20141	Arra y.pr otot ype. filt er
Line:24 Column:26258	Arra y.fr om
Line:24 Column:28008	Arra y.pr otot ype. map
Line:24 Column:28800	Arra y.pr otot ype. find
https://www.judedauntcoaching.co.uk/wp/wp-includes/js/mediaelement/mediaelement-and-player.min.js?ver=4.2.17	218B
Line:11 Column:12531	@bab el/p lugi n-tr ansf orm- clas ses
https://static.hotjar.com/c/hotjar-3735620.js?sv=7	78B
Line:2 Column:921	@bab el/p lugi n-tr ansf orm- clas ses
https://static.hotjar.com/c/hotjar-3841417.js?sv=7	78B
Line:2 Column:921	@bab el/p lugi n-tr ansf orm- clas ses
https://script.hotjar.com/modules.478d49d6cc21ec95d184.js	58B
Line:1 Column:68463	@bab el/p

lugi
n-tr
ansf
orm-
clas
ses

https://connect.facebook.net/signals/config/682159769289156?v=2.9.148&r=stable&domain=www.judedautcoaching.co.uk&hme=20c913bdc4be51a752120153aa5caaecb3ee86c7f26cf737846e40b202aba68&ex_m=62%2C106%2C94%2C98%2C53%2C3%2C88%2C61%2C14%2C86%2C79%2C44%2C46%2C150%2C153%2C164%2C160%2C161%2C163%2C25%2C89%2C45%2C68%2C162%2C145%2C148%2C157%2C158%2C165%2C115%2C13%2C43%2C169%2C168%2C117%2C16%2C29%2C32%2C1%2C36%2C57%2C58%2C59%2C63%2C83%2C15%2C12%2C85%2C82%2C81%2C95%2C97%2C31%2C96%2C26%2C22%2C146%2C149%2C124%2C24%2C9%2C10%2C11%2C5%2C6%2C21%2C19%2C20%2C49%2C54%2C56%2C66%2C90%2C23%2C67%2C8%2C7%2C71%2C41%2C18%2C92%2C91%2C17%2C4%2C73%2C80%2C72%2C78%2C40%2C39%2C77%2C33%2C35%2C76%2C48%2C74%2C28%2C37%2C65%2C0%2C84%2C75%2C2%2C30%2C55%2C34%2C93%2C38%2C70%2C60%2C99%2C52%2C51%2C27%2C87%2C50%2C47%2C42%2C69%2C64%2C100

45B

Line:19 Column:2057

@bab
el/p
lugi
n-tr
ansf
orm-
clas
ses

N/A	Minimize main-thread work TBT	Main-thread busy for 2.3s
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Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this.

CATEGORY	TIME SPENT
Script Evaluation	975ms
Other	748ms
Style & Layout	427ms
Script Parsing & Compilation	76ms
Rendering	41ms
Parse HTML & CSS	38ms
Garbage Collection	26ms

N/A	User Timing marks and measures	6 user timings
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Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences.

NAME	TYPE	START TIME	DURATION
fbevents:start:estPageViewProcessing	Mark	3.8s	0ms
fbevents:end:estPageViewProcessing	Mark	3.8s	0ms
fbevents:start:unwantedDataProcessing_682159769289156	Mark	3.8s	0ms
fbevents:end:unwantedDataProcessing_682159769289156	Mark	3.8s	0ms
fbevents:start:validateUrlProcessing_682159769289156	Mark	3.8s	0ms
fbevents:end:validateUrlProcessing_682159769289156	Mark	3.8s	0ms

N/A

Reduce the impact of third-party code TBT

Third-party code blocked the main thread for 158ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
HOTJAR	63.0KB	154ms
<ul style="list-style-type: none"> https://script.hotjar.com/modules.478d49d6cc21ec95d184.js Other resources 	54.9KB	154ms
	8.12KB	0ms
GOOGLE TAG MANAGER	277KB	3ms
<ul style="list-style-type: none"> https://www.googletagmanager.com/gtag/destination?id=AW-954641038&l=dataLayer&cx=c https://www.googletagmanager.com/gtm.js?id=GTM-WWTWQ8R https://www.googletagmanager.com/gtag/js?id=G-1C9Z7YVVV3&l=dataLayer&cx=c 	84.8KB	3ms
	97.1KB	0ms
	95.0KB	0ms
GOOGLE FONTS	83.9KB	0ms
<ul style="list-style-type: none"> https://fonts.gstatic.com/s/inter/v13/UcC73FwrK3iLTeHuS_fvQtMwCp50KnMa1ZL7.woff2 https://fonts.gstatic.com/s/arsenal/v12/wXKuE3kQtZQ4pF3D7-P5FeMKmA.woff2 https://fonts.gstatic.com/s/arsenal/v12/wXKrE3kQtZQ4pF3D51jcAA.woff2 	46.1KB	0ms
	17.9KB	0ms
	17.3KB	0ms
FACEBOOK	71.0KB	0ms
<ul style="list-style-type: none"> https://connect.facebook.net/en_US/fbevents.js https://connect.facebook.net/signals/config/682159769289156?v=2.9.148&r=stable&domain=www.judedauntcoaching.co.uk&hme=20c913bdcd4be51a752120153aa5caaecb3ee86c7f26cf737846e40b202aba68&ex_m=62%2C106%2C94%2C98%2C53%2C3%2C88%2C61%2C14%2C86%2C79%2C44%2C46%2C150%2C153%2C164%2C160%2C161%2C163%2C25%2C89%2C45%2C68%2C162%2C145%2C148%2C157%2C158%2C165%2C115%2C13%2C43%2C169%2C168%2C117%2C16%2C29%2C32%2C1%2C36%2C57%2C58%2C59%2C63%2C83%2C15%2C12%2C85%2C82%2C81%2C95%2C97%2C31%2C96%2C26%2C22%2C146%2C149%2C124%2C24%2C9%2C10%2C11%2C5%2C6%2C21%2C19%2C20%2C49%2C54%2C56%2C66%2C90%2C23%2C67%2C8%2C7%2C71%2C41%2C18%2C92%2C91%2C17%2C4%2C73%2C80%2C72%2C78%2C40%2C39%2C77%2C33%2C35%2C76%2C48%2C74%2C28%2C37%2C65%2C0%2C84%2C75%2C2%2C30%2C55%2C34%2C93%2C38%2C70%2C60%2C99%2C52%2C51%2C27%2C87%2C50%2C47%2C42%2C69%2C64%2C100 	58.0KB	0ms
	12.8KB	0ms
GOOGLE/DOUBLECLICK ADS	1.79KB	0ms
OTHER GOOGLE APIS/SDKS	910B	0ms