

Performance Report for: <http://gelmetix.com/>

Report generated: Tue, Mar 12, 2024 7:03 AM -0700
 Test Server Location: London, UK
 Using: Chrome 117.0.0.0, Lighthouse 11.0.0

	Performance	Structure	L. Contentful Paint	T. Blocking Time	C. Layout Shift
	59%	92%	2.0s	3ms	0.56

Top Issues

High	Reduce initial server response time <small>FCP LCP</small>	Root document took 605ms
Med	Avoid large layout shifts <small>CLS</small>	5 elements found
Med	Use a Content Delivery Network (CDN)	75 resources found
Med-Low	Serve static assets with an efficient cache policy	Potential savings of 132KB
Med-Low	Avoid CSS @import <small>FCP LCP</small>	1 resource found

Page Details



Total Page Size - 2.11MB



Total Page Requests - 93



Legend: HTML JS CSS IMG Video Font Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

About GTmetrix

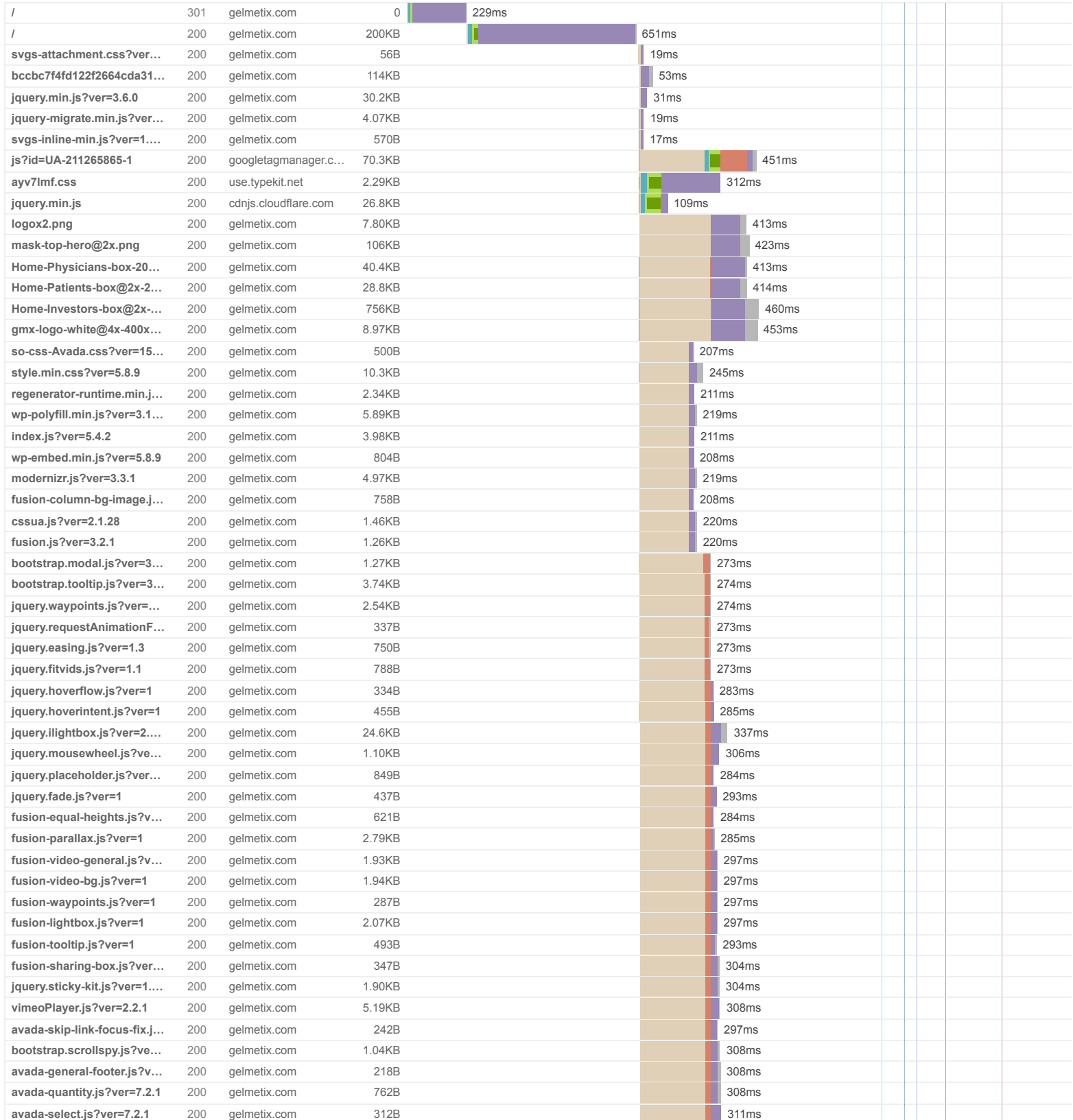


GTmetrix is developed by the good folks at Carbon60, a Canadian hosting company with over 28 years experience in web technology.

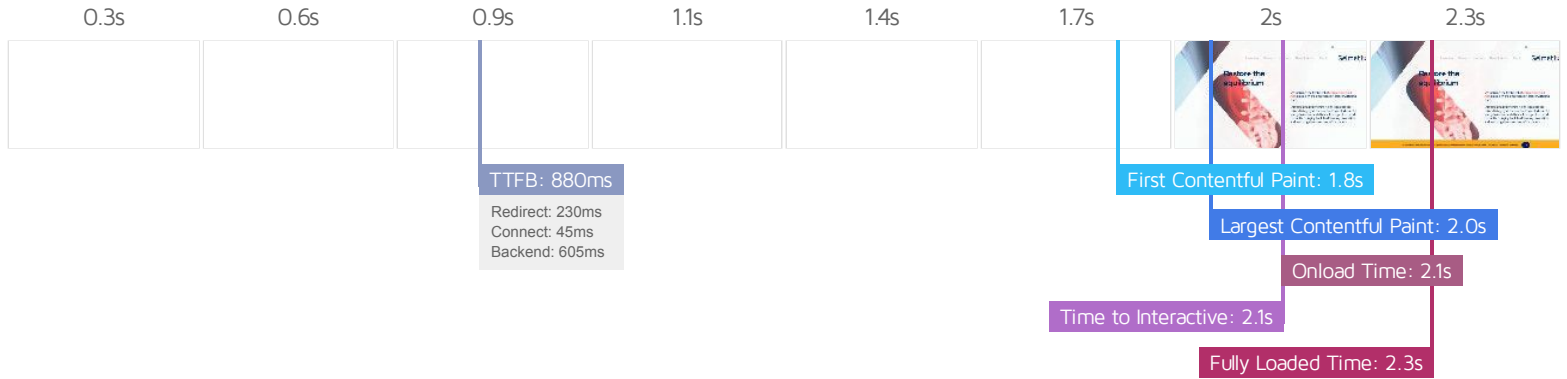
<https://carbon60.com/>

The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Gelmetix – Transforming Individuals' Lives



avada-tabs-widget.js?ver=...	200	gelmetix.com	259B		323ms				
avada-container-scroll.js...	200	gelmetix.com	262B		311ms				
avada-contact-form-7.js?...	200	gelmetix.com	557B		317ms				
avada-live-search.js?ver=...	200	gelmetix.com	1.01KB		323ms				
fusion-alert.js?ver=5.8.9	200	gelmetix.com	195B		378ms				
fusion-menu.js?ver=1	200	gelmetix.com	2.48KB		323ms				
fusion-animations.js?ver=...	200	gelmetix.com	618B		323ms				
fusion-button.js?ver=5.8.9	200	gelmetix.com	174B		333ms				
jquery.textillate.js?ver=2.0	200	gelmetix.com	2.12KB		323ms				
fusion-title.js?ver=5.8.9	200	gelmetix.com	1.54KB		377ms				
fusion-form.js?ver=3.2.1	200	gelmetix.com	2.46KB		342ms				
fusion-modal.js?ver=1	200	gelmetix.com	852B		323ms				
fusion-container.js?ver=1	200	gelmetix.com	2.97KB		378ms				
avada-privacy.js?ver=7.2.1	200	gelmetix.com	1.98KB		405ms				
avada-drop-down.js?ver=...	200	gelmetix.com	1.08KB		341ms				
avada-to-top.js?ver=7.2.1	200	gelmetix.com	460B		377ms				
avada-custom-header.js?...	200	gelmetix.com	140B		341ms				
avada-sidebars.js?ver=7.2.1	200	gelmetix.com	831B		341ms				
avada-scrollspy.js?ver=7....	200	gelmetix.com	331B		377ms				
fusion-responsive-typogr...	200	gelmetix.com	1.04KB		377ms				
fusion-scroll-to-anchor.js...	200	gelmetix.com	1.68KB		377ms				
fusion-general-global.js?...	200	gelmetix.com	245B		377ms				
fusion-vertical-menu-wid...	200	gelmetix.com	461B		377ms				
fusion-video.js?ver=1	200	gelmetix.com	675B		377ms				
fusion-column.js?ver=1	200	gelmetix.com	922B		403ms				
p.css?s=1&k=ayv7lmf&ht...	200	p.typekit.net	5B		83ms				
l?primer=7cdcb44be4a7d...	200	use.typekit.net	40.7KB		117ms				
Backpain_redblue-scaled....	200	gelmetix.com	131KB		22ms				
footer-flower-bg-1.png	404	gelmetix.com	21.0KB					597ms	
icomoon.woff	200	gelmetix.com	12.6KB		113ms				
l?primer=7cdcb44be4a7d...	200	use.typekit.net	26.5KB		109ms				
l?primer=7cdcb44be4a7d...	200	use.typekit.net	27.1KB		110ms				
fa-solid-900.woff2	200	gelmetix.com	78.4KB		114ms				
fa-brands-400.woff2	200	gelmetix.com	76.7KB		113ms				
js?id=G-5NQPBGFDKX&l...	200	googletagmanager.c...	80.6KB		61ms				
analytics.js	200	google-analytics.com	20.5KB		75ms				
js?id=G-JC3J8P784D&l=d...	200	googletagmanager.c...	86.5KB		54ms				
l?primer=7cdcb44be4a7d...	200	use.typekit.net	41.3KB					25ms	
POST admin-ajax.php	200	gelmetix.com	95B						265ms
cropped-logolcon-32x32....	200	gelmetix.com	1.53KB						13ms
93 Requests 2.11MB (3.95MB Uncompressed) 2.3s (Onload 2.1s)									



Performance Metrics

<p>First Contentful Paint</p> <p>How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.</p>	<p>Much longer than recommended</p> <p>1.8s</p>	<p>Time to Interactive</p> <p>How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.</p>	<p>Good - Nothing to do here</p> <p>2.1s</p>
<p>Speed Index</p> <p>How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.</p>	<p>Longer than recommended</p> <p>1.9s</p>	<p>Total Blocking Time</p> <p>How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.</p>	<p>Good - Nothing to do here</p> <p>3ms</p>
<p>Largest Contentful Paint</p> <p>How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.</p>	<p>Longer than recommended</p> <p>2.0s</p>	<p>Cumulative Layout Shift</p> <p>How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.</p>	<p>Much more than recommended</p> <p>0.56</p>

Browser Timings

Redirect	230ms	Connect	45ms	Backend	605ms
TTFB	880ms	First Paint	1.8s	DOM Int.	1.9s
DOM Loaded	1.9s	Onload	2.1s	Fully Loaded	2.3s

IMPACT AUDIT

Low

Avoid chaining critical requests FCP LCP

75 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Maximum critical path latency: 2.0s

INITIAL NAVIGATION



<https://www.gelmetix.com/wp-content/plugins/fusion-builder/assets/js/min/general/fusion-column.js?ver=1> 955B, 167ms
<https://www.gelmetix.com/wp-includes/js/jquery/jquery-migrate.min.js?ver=3.3.2> 4.13KB, 17ms
<https://www.gelmetix.com/wp-content/plugins/fusion-builder/assets/js/min/general/fusion-video.js?ver=1> 709B, 142ms
<https://www.gelmetix.com/wp-includes/js/wp-embed.min.js?ver=5.8.9> 861B, 20ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/jquery.waypoints.js?ver=2.0.3> 2.58KB, 69ms
<https://www.gelmetix.com/wp-content/plugins/fusion-builder/assets/js/min/general/fusion-column-bg-image.js?ver=1> 815B, 19ms
<https://www.gelmetix.com/wp-content/plugins/fusion-builder/assets/js/min/library/jquery.textillate.js?ver=2.0> 2.15KB, 96ms
<https://www.gelmetix.com/wp-content/plugins/fusion-core/js/min/fusion-vertical-menu-widget.js?ver=5.2.1> 518B, 142ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/vimeoPlayer.js?ver=2.2.1> 5.23KB, 86ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/fusion-video-general.js?ver=1> 1.96KB, 76ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/jquery.sticky-kit.js?ver=1.1.2> 1.93KB, 82ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/modernizr.js?ver=3.3.1> 5.02KB, 31ms
<https://www.gelmetix.com/wp-includes/js/dist/vendor/regenerator-runtime.min.js?ver=0.13.7> 2.40KB, 23ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/bootstrap.tooltip.js?ver=3.3.5> 3.77KB, 69ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/bootstrap.modal.js?ver=3.1.1> 1.30KB, 69ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/jquery.fitvids.js?ver=1.1> 822B, 68ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/general/fusion-lightbox.js?ver=1> 2.10KB, 77ms
<https://www.gelmetix.com/wp-content/themes/Avada/assets/min/js/general/avada-quantity.js?ver=7.2.1> 796B, 85ms
<https://www.gelmetix.com/wp-content/plugins/svg-support/js/min/svg-inline-min.js?ver=1.0.0> 720B, 15ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/fusion-video-bg.js?ver=1> 1.97KB, 77ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/general/fusion-responsive-typography.js?ver=1> 1.08KB, 150ms
<https://www.gelmetix.com/wp-content/themes/Avada/assets/min/js/general/avada-tabs-widget.js?ver=7.2.1> 293B, 101ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/general/fusion-scroll-to-anchor.js?ver=1> 1.71KB, 150ms
<https://www.gelmetix.com/wp-content/themes/Avada/assets/min/js/general/avada-scrollspy.js?ver=7.2.1> 365B, 150ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/general/fusion-button.js?ver=5.8.9> 208B, 107ms
<https://www.gelmetix.com/wp-content/themes/Avada/assets/min/js/general/avada-skip-link-focus-fix.js?ver=7.2.1> 298B, 75ms
<https://www.gelmetix.com/wp-content/themes/Avada/assets/min/js/general/avada-select.js?ver=7.2.1> 345B, 89ms
<https://www.gelmetix.com/wp-includes/js/dist/vendor/wp-polyfill.min.js?ver=3.15.0> 5.92KB, 31ms
<https://www.gelmetix.com/wp-content/plugins/fusion-builder/assets/js/min/general/fusion-container.js?ver=1> 3.00KB, 151ms
<https://www.gelmetix.com/wp-includes/css/dist/block-library/style.min.css?ver=5.8.9> 10.3KB, 58ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/general/fusion-sharing-box.js?ver=1> 381B, 82ms
<https://www.gelmetix.com/wp-includes/js/jquery/jquery.min.js?ver=3.6.0> 30.2KB, 29ms
<https://www.gelmetix.com/wp-content/uploads/so-css/so-css-Avada.css?ver=1534854986> 556B, 19ms
<https://www.gelmetix.com/wp-content/plugins/fusion-builder/assets/js/min/general/fusion-modal.js?ver=1> 886B, 96ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/jquery.hoverintent.js?ver=1> 489B, 64ms
<https://www.gelmetix.com/wp-content/uploads/fusion-styles/bccbc7f4fd122f2664cda31f115b7554.min.css?ver=3.2.1> 114KB, 51ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/fonts/icomoon/icomoon.woff> 12.6KB, 23ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/fonts/fontawesome/webfonts/fa-solid-900.woff2> 78.5KB, 25ms
<https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/fonts/fontawesome/webfonts/fa-brands-400.woff2> 76.8KB, 24ms
<https://use.typekit.net/ayv7lmf.css> 2.51KB, 307ms
<https://use.typekit.net/af/9ff5df/000000000000000000131a3/27/?primer=7cdb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n4&v=3> 40.9KB, 18ms
<https://p.typekit.net/p.css?s=1&k=ayv7lmf&ht=tk&f=139.140.175.176.143.144.147.148.156.157.161.162.13378.13379.13380.13381.18220.18221.18222.18223.18304.18305.18306.18307.18219.18172> 172B, 62ms
<https://use.typekit.net/af/a727c9/000000000000000007735af8e/30/?primer=7cdb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n4&v=3> 26.7KB, 20ms
<https://use.typekit.net/af/81cbd6/000000000000000007735afa9/30/?primer=7cdb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n7&v=3>

Low **Avoid enormous network payloads** LCP Total size was 2.09MB

Large network payloads cost users real money and are highly correlated with long load times.

URL	TRANSFER SIZE
https://www.gelmetix.com/wp-content/uploads/2021/06/Home-Investors-box@2x-1024x744.png	757KB
https://www.gelmetix.com/wp-content/uploads/2019/10/footer-flower-bg-1.png	171KB
https://www.gelmetix.com/wp-content/uploads/2021/06/Backpain_redblue-scaled.jpg	132KB
https://www.gelmetix.com/wp-content/uploads/fusion-styles/bccbc7f4fd122f2664cda31f115b7554.min.css?ver=3.2.1	114KB
https://www.gelmetix.com/wp-content/uploads/2021/06/mask-top-hero@2x.png	106KB
https://www.googletagmanager.com/gtag/js?id=G-JC3J8P784D&l=dataLayer&cx=c	86.6KB
https://www.googletagmanager.com/gtag/js?id=G-5NQPBGFDKX&l=dataLayer&cx=c	80.7KB
https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/fonts/fontawesome/webfonts/fa-solid-900.woff2	78.5KB
https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/fonts/fontawesome/webfonts/fa-brands-400.woff2	76.8KB
https://www.googletagmanager.com/gtag/js?id=UA-211265865-1	70.7KB

Low **Eliminate render-blocking resources** FCP LCP Potential savings of 29ms

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles.

Resources that **may** be contributing to render-blocking include:

URL	TRANSFER SIZE	DOWNLOAD TIME
https://www.gelmetix.com/wp-content/uploads/fusion-styles/bccbc7f4fd122f2664cda31f115b7554.min.css?ver=3.2.1	114KB	1.9s
https://use.typekit.net/ayv7lmf.css	2.51KB	760ms
https://www.gelmetix.com/wp-includes/js/jquery/jquery.min.js?ver=3.6.0	30.2KB	315ms
https://www.gelmetix.com/wp-includes/js/jquery/jquery-migrate.min.js?ver=3.3.2	4.13KB	158ms

Low **Avoid long main-thread tasks** TBT 4 long tasks found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay.

URL	START TIME	DURATION
https://www.gelmetix.com/wp-content/uploads/fusion-styles/bccbc7f4fd122f2664cda31f115b7554.min.css?ver=3.2.1	949ms	78ms
https://www.gelmetix.com/	1.4s	66ms
https://www.gelmetix.com/wp-content/plugins/contact-form-7/includes/js/index.js?ver=5.4.2	1.5s	59ms
https://www.googletagmanager.com/gtag/js?id=UA-211265865-1	2.0s	53ms

Low **Avoid an excessive DOM size** TBT 548 elements

A large DOM will increase memory usage, cause longer style calculations, and produce costly layout reflows.

STATISTIC	ELEMENT	VALUE
Total DOM Elements		548
Maximum DOM Depth	Search for: 	20
Maximum Child Elements	This website uses cookies to enhance your experience. Accept our terms to keep ... <div class="avada-footer-scripts">	86

Low **Properly size images** Potential savings of 832KB

Serve images that are appropriately-sized to save cellular data and improve load time.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.gelmetix.com/wp-content/uploads/2021/06/Home-Investors-box@2x-1024x744.png	756KB	734KB
https://www.gelmetix.com/wp-content/uploads/2021/06/mask-top-hero@2x.png	106KB	99KB

Low **Avoid multiple page redirects** FCP LCP Potential savings of 230ms

Redirects introduce additional delays before the page can be loaded.

URL	TIME SPENT
<ul style="list-style-type: none"> http://gelmetix.com/ https://www.gelmetix.com/ 	230ms 0ms

Low **Efficiently encode images** Potential savings of 4.44KB

Optimized images load faster and consume less cellular data.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.gelmetix.com/wp-content/uploads/2021/06/Backpain_redblue-scaled.jpg	131KB	4.44KB

Low **Ensure text remains visible during webfont load** FCP LCP 4 fonts found

Leverage the `font-display` CSS feature to ensure text is user-visible while webfonts are loading.

URL	POTENTIAL SAVINGS
https://use.typekit.net/af/9ff5df/000000000000000000000000131a3/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a91&fvd=n4&v=3	18ms
https://use.typekit.net/af/a727c9/0000000000000000000000007735af8e/30/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n4&v=3	20ms
https://use.typekit.net/af/81cbd6/0000000000000000000000007735afa9/30/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n7&v=3	21ms
https://use.typekit.net/af/6ebf8d/000000000000000000000000131a0/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n7&v=3	4ms

Low **Reduce JavaScript execution time** TBT 245ms spent executing JavaScript

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this.

URL	TOTAL CPU TIME	SCRIPT EVALUATION	SCRIPT PARSE
• Unattributable	286ms	19ms	0ms
• https://www.gelmetix.com/	226ms	9ms	7ms
• https://cdnjs.cloudflare.com/ajax/libs/jquery/3.3.1/jquery.min.js	142ms	96ms	1ms
• https://www.gelmetix.com/wp-content/uploads/fusion-styles/bccbc7f4fd122f2664cda31f115b7554.min.css?ver=3.2.1	78ms	0ms	0ms
• https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/modernizr.js?ver=3.3.1	57ms	28ms	0ms
• https://www.googletagmanager.com/gtag/js?id=G-JC3J8P784D&l=dataLayer&cx=c	50ms	36ms	3ms
• https://www.googletagmanager.com/gtag/js?id=UA-211265865-1	50ms	38ms	4ms

Low

Reduce unused CSS FCP LCP

Potential savings of 119KB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
• https://www.gelmetix.com/wp-content/uploads/fusion-styles/bccbc7f4fd122f2664cda31f115b7554.min.css?ver=3.2.1	114KB	108KB
• https://www.gelmetix.com/wp-includes/css/dist/block-library/style.min.css?ver=5.8.9	10.3KB	10.3KB

Low

Serve images in next-gen formats

Potential savings of 889KB

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.gelmetix.com/wp-content/uploads/2021/06/Home-Investors-box@2x-1024x744.png	756KB	706KB
https://www.gelmetix.com/wp-content/uploads/2021/06/Backpain_redblue-scaled.jpg	131KB	80.6KB
https://www.gelmetix.com/wp-content/uploads/2021/06/mask-top-hero@2x.png	106KB	41.3KB
https://www.gelmetix.com/wp-content/uploads/2021/06/Home-Physicians-box-200x158.png	40.4KB	35.7KB
https://www.gelmetix.com/wp-content/uploads/2021/06/Home-Patients-box@2x-200x156.png	28.8KB	25.3KB

Low

Reduce unused JavaScript LCP

Potential savings of 154KB

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
https://www.googletagmanager.com/gtag/js?id=G-JC3J8P784D&l=dataLayer&cx=c	86.6KB	41.4KB
https://www.googletagmanager.com/gtag/js?id=G-5NQPBGFDKX&l=dataLayer&cx=c	80.7KB	38.7KB
https://www.googletagmanager.com/gtag/js?id=UA-211265865-1	70.7KB	31.4KB
https://www.gelmetix.com/wp-includes/js/jquery/jquery.min.js?ver=3.6.0	30.2KB	21.2KB
https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/jquery.lightbox.js?ver=2.2.3	24.6KB	21.1KB

N/A

Largest Contentful Paint element LCP

1,960 ms

This is the largest contentful element painted within the viewport.

ELEMENT

Our patented polymer gel helps to restore the natural integrity of the disc its...

```
<h2 class="overlayText fusion-responsive-typography-calculated" style="margin-top: 1em; display: block; margin-left: 50%; max-width: 50%;" data-fontsize="24" data-lineheight="26.4px">
```

PHASE	% OF LCP	TIMING
TTFB	45%	881ms
Load Delay	0%	0ms
Load Time	0%	0ms
Render Delay	55%	1.1s

N/A **Avoid serving legacy JavaScript to modern browsers** TBT Potential savings of 9.37KB

Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. For your bundled JavaScript, adopt a modern script deployment strategy using module/nomodule feature detection to reduce the amount of code shipped to modern browsers, while retaining support for legacy browsers.

URL	POTENTIAL SAVINGS
https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/jquery.ilightbox.js?ver=2.2.3 Line:0 Column:81336	9.31KB
https://www.gelmetix.com/wp-content/themes/Avada/includes/lib/assets/min/js/library/vimeoPlayer.js?ver=2.2.1 Line:2 Column:9272	54B

N/A **Minimize main-thread work** TBT Main-thread busy for 1.1s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this.

CATEGORY	TIME SPENT
Other	396ms
Script Evaluation	357ms
Style & Layout	201ms
Parse HTML & CSS	89ms
Script Parsing & Compilation	45ms
Rendering	10ms
Garbage Collection	3ms

N/A **Reduce the impact of third-party code** TBT Total size was 425KB

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
GOOGLE TAG MANAGER	238KB	0ms
• https://www.googletagmanager.com/gtag/js?id=G-JC3J8P784D&l=dataLayer&cx=c	86.6KB	0ms
• https://www.googletagmanager.com/gtag/js?id=G-5NQPBGFDKX&l=dataLayer&cx=c	80.7KB	0ms
• https://www.googletagmanager.com/gtag/js?id=UA-211265865-1	70.7KB	0ms
ADOBE TYPEKIT	139KB	0ms
• https://use.typekit.net/af/6ebf8d/0000000000000000000000000000131a0/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n7&v=3	41.5KB	0ms
• https://use.typekit.net/af/9ff5df/0000000000000000000000000000131a3/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n4&v=3	40.9KB	0ms
• https://use.typekit.net/af/81cbd6/00000000000000000000000000007735afa9/30/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n7&v=3	27.3KB	0ms
• https://use.typekit.net/af/a727c9/00000000000000000000000000007735af8e/30/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n4&v=3	26.7KB	0ms
CLOUDFLARE CDN	27.5KB	0ms
• https://cdnjs.cloudflare.com/ajax/libs/jquery/3.3.1/jquery.min.js	27.5KB	0ms
GOOGLE ANALYTICS	20.8KB	0ms
• https://www.google-analytics.com/analytics.js	20.8KB	0ms

N/A

User Timing marks and measures

No user timings and/or marks found.