



# Performance Report for:

<http://focusedmindcoaching.co.uk/>

Report generated: Thu, Mar 7, 2024 12:59 PM -0800  
 Test Server Location: London, UK  
 Using: Chrome 117.0.0.0, Lighthouse 11.0.0

<b>D</b>	Performance	Structure	L. Contentful Paint	T. Blocking Time	C. Layout Shift
	<b>61%</b>	<b>68%</b>	<b>2.3s</b>	<b>254ms</b>	<b>0</b>

## Top Issues

High	<b>Avoid enormous network payloads</b> <small>LCP</small>	Total size was 7.29MB
Med	<b>Use explicit width and height on image elements</b> <small>CLS</small>	17 images found
Med	<b>Serve static assets with an efficient cache policy</b>	Potential savings of 1.58MB
Med-Low	<b>Avoid chaining critical requests</b> <small>FCP LCP</small>	23 chains found
Med-Low	<b>Use a Content Delivery Network (CDN)</b>	37 resources found

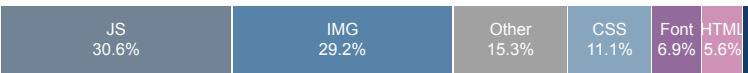
## Page Details



Total Page Size - 7.34MB



Total Page Requests - 72



### How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

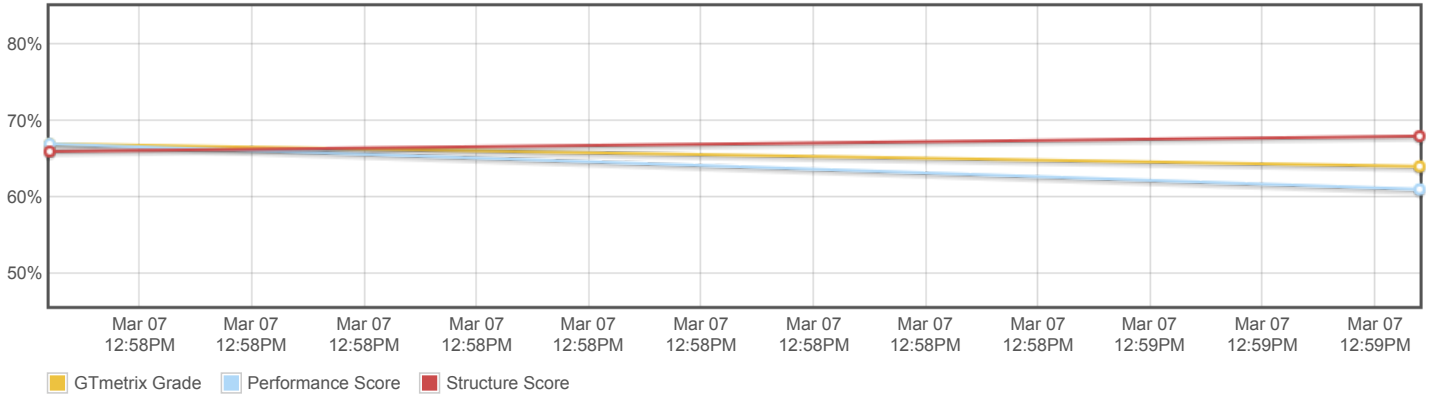
### About GTmetrix



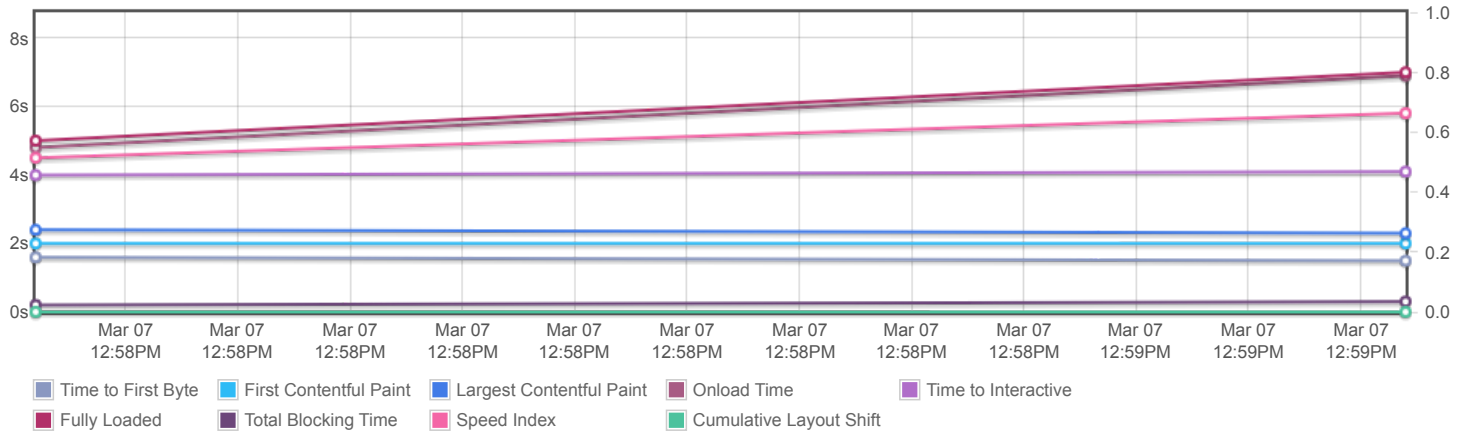
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 28 years experience in web technology.

<https://carbon60.com/>

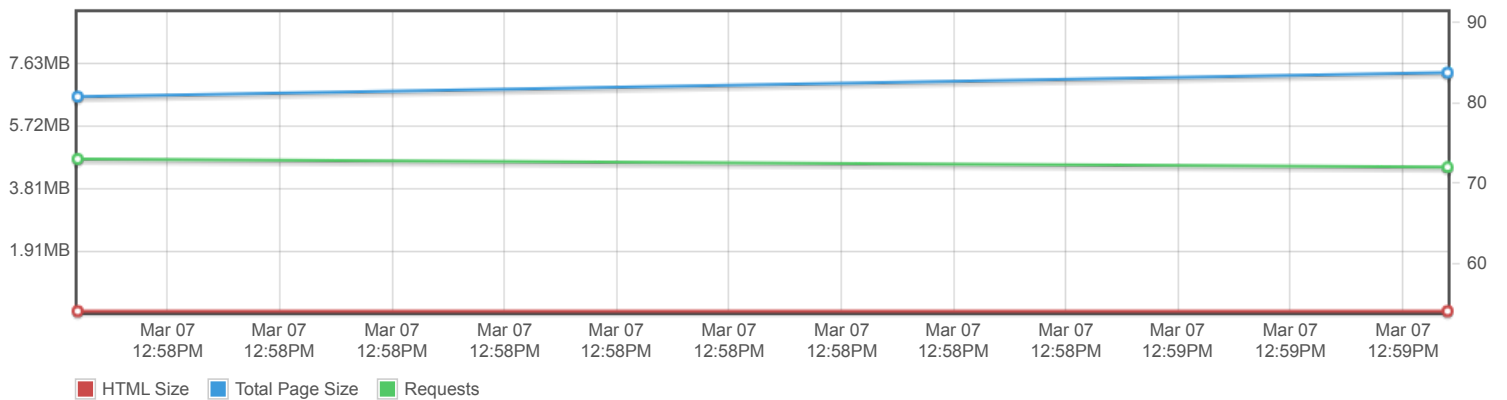
Page scores



Page metrics

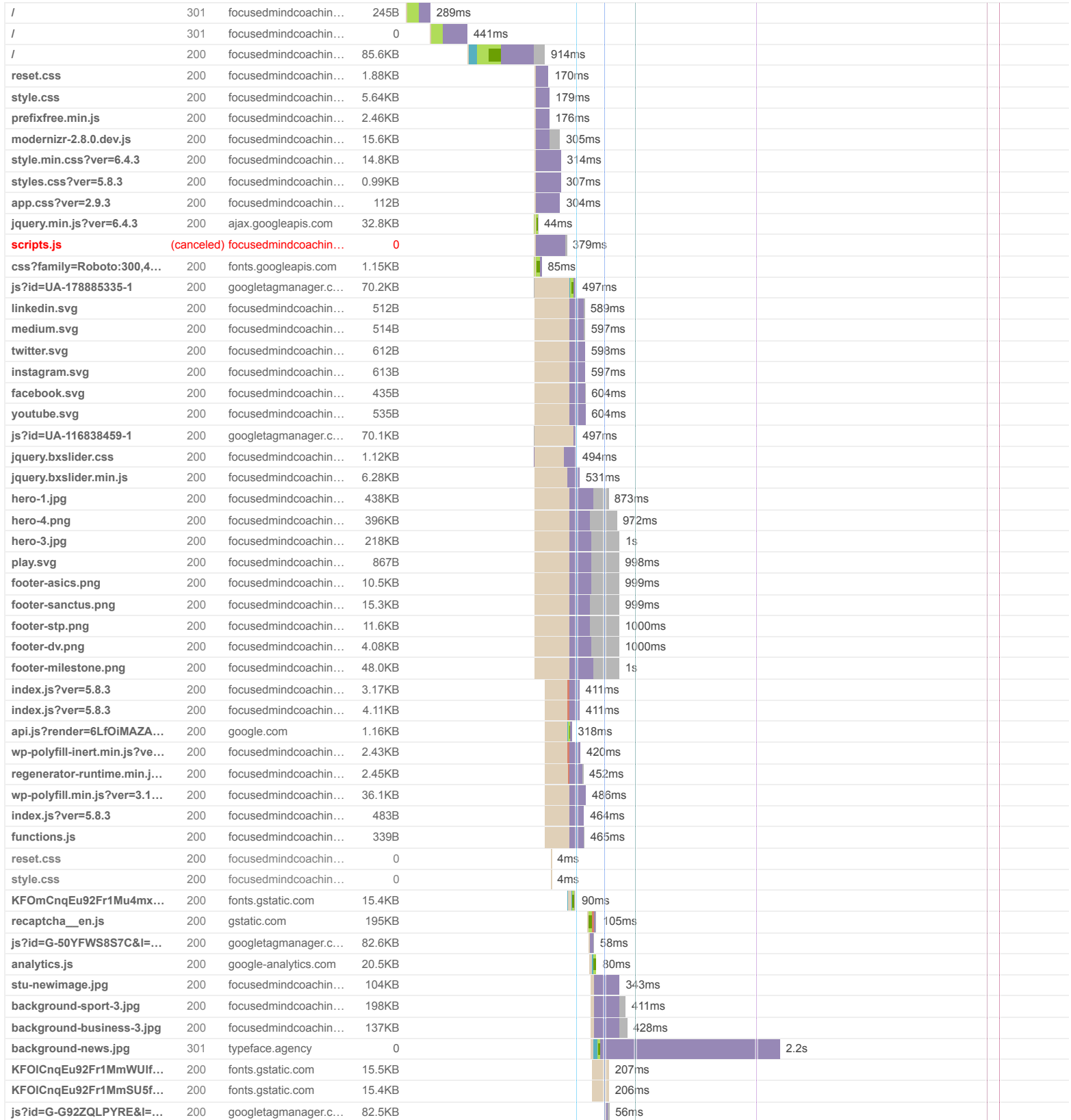


Page sizes and request counts

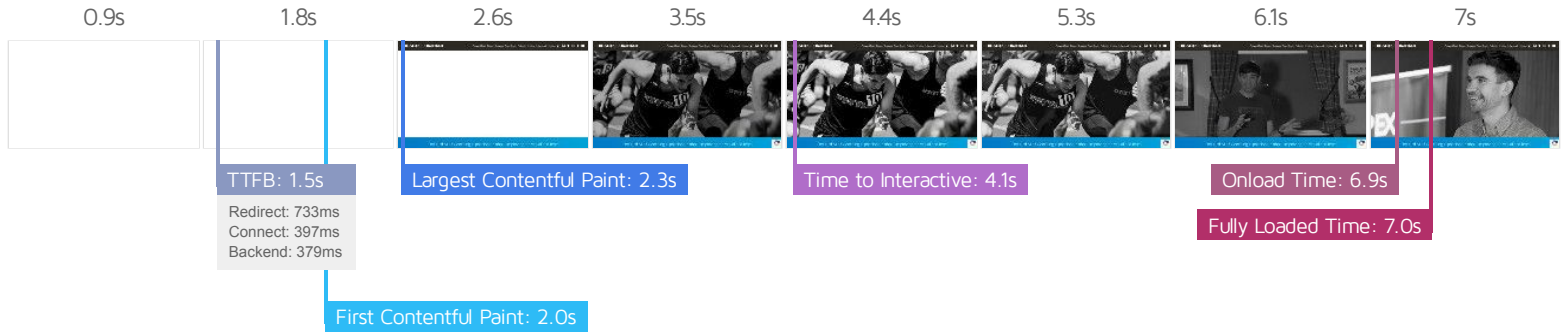


The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Sport and Performance Psychology | Focused Mind Coaching



Resource	Status	Host	Size	Time
header.mp4	(incomplete)	focusedmindcoachin...	4.69MB	>4.7s
style.min.css?ver=6.4.3	200	focusedmindcoachin...	0	7ms
styles.css?ver=5.8.3	200	focusedmindcoachin...	0	6ms
app.css?ver=2.9.3	200	focusedmindcoachin...	0	3ms
css?family=Roboto:300,4...	200	fonts.googleapis.com	0	3ms
jquery.bxslider.css	200	focusedmindcoachin...	0	3ms
wp-emoji-release.min.js?...	200	focusedmindcoachin...	5.00KB	262ms
anchor?ar=1&k=6LfOiMA...	200	google.com	28.2KB	86ms
styles__ltr.css	200	gstatic.com	24.0KB	65ms
recaptcha__en.js	200	gstatic.com	195KB	81ms
sLPloir_9R2H1vFE63bCW...	200	google.com	6.77KB	28ms
logo_48.png	200	gstatic.com	2.18KB	20ms
KFOmCnqEu92Fr1Mu4mx...	200	fonts.gstatic.com	15.0KB	162ms
KFOICnqEu92Fr1MmEU9f...	200	fonts.gstatic.com	15.2KB	162ms
webworker.js?hl=en&v=vj...	200	google.com	135B	26ms
manifest.json	404	focusedmindcoachin...	40.7KB	905ms
POST reload?k=6LfOiMA...	200	google.com	9.61KB	104ms
background-news.jpg	404	typeface.agency	531B	2.4s
favicon-32x32.png	200	focusedmindcoachin...	1.40KB	148ms
72 Requests 7.34MB (9.7MB Uncompressed) 7s (Onload 6.9s)				



### Performance Metrics

<p><b>First Contentful Paint</b></p> <p>How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.</p>	<p>Much longer than recommended</p> <p><b>2.0s</b></p>	<p><b>Time to Interactive</b></p> <p>How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.</p>	<p>Longer than recommended</p> <p><b>4.1s</b></p>
<p><b>Speed Index</b></p> <p>How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.</p>	<p>Much longer than recommended</p> <p><b>5.8s</b></p>	<p><b>Total Blocking Time</b></p> <p>How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.</p>	<p>Longer than recommended</p> <p><b>254ms</b></p>
<p><b>Largest Contentful Paint</b></p> <p>How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.</p>	<p>Longer than recommended</p> <p><b>2.3s</b></p>	<p><b>Cumulative Layout Shift</b></p> <p>How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.</p>	<p>Good - Nothing to do here</p> <p><b>0</b></p>

### Browser Timings

Redirect	733ms	Connect	397ms	Backend	379ms
TTFB	1.5s	First Paint	2.0s	DOM Int.	2.6s
DOM Loaded	2.7s	Onload	6.9s	Fully Loaded	7.0s

IMPACT AUDIT

Med-Low

**Avoid multiple page redirects** FCP LCP

Potential savings of 730ms

Redirects introduce additional delays before the page can be loaded.

URL	TIME SPENT
<a href="http://focusedmindcoaching.co.uk/">http://focusedmindcoaching.co.uk/</a>	289ms
<a href="http://www.focusedmindcoaching.co.uk/">http://www.focusedmindcoaching.co.uk/</a>	441ms
<a href="https://www.focusedmindcoaching.co.uk/">https://www.focusedmindcoaching.co.uk/</a>	0ms

Med-Low

**Eliminate render-blocking resources** FCP LCP

Potential savings of 220ms

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles.

Resources that **may** be contributing to render-blocking include:

URL	TRANSFER SIZE	DOWNLOAD TIME
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/_/js/modernizr-2.8.0.dev.js">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/_/js/modernizr-2.8.0.dev.js</a>	15.8KB	288ms
<a href="https://ajax.googleapis.com/ajax/libs/jquery/1.11.0/jquery.min.js?ver=6.4.3">https://ajax.googleapis.com/ajax/libs/jquery/1.11.0/jquery.min.js?ver=6.4.3</a>	33.4KB	1.1s

Low

**Avoid long main-thread tasks** TBT

6 long tasks found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay.

URL	START TIME	DURATION
<a href="https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha__en.js">https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha__en.js</a>	4.0s	132ms
<a href="https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha__en.js">https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha__en.js</a>	3.2s	120ms
<a href="https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha__en.js">https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha__en.js</a>	3.8s	99ms
<a href="https://www.focusedmindcoaching.co.uk/">https://www.focusedmindcoaching.co.uk/</a>	2.2s	87ms
<a href="https://www.googletagmanager.com/gtag/js?id=UA-178885335-1">https://www.googletagmanager.com/gtag/js?id=UA-178885335-1</a>	2.6s	62ms
<a href="https://www.focusedmindcoaching.co.uk/">https://www.focusedmindcoaching.co.uk/</a>	2.9s	52ms

Low

**Properly size images**

Potential savings of 62.0KB

Serve images that are appropriately-sized to save cellular data and improve load time.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-milestone.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-milestone.png</a>	48.0KB	37.5KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-sanctus.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-sanctus.png</a>	15.3KB	10.0KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-stp.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-stp.png</a>	11.6KB	7.57KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-asics.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-asics.png</a>	10.5KB	6.88KB

Low

**Efficiently encode images**

Potential savings of 112KB

Optimized images load faster and consume less cellular data.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/background-sport-3.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/background-sport-3.jpg</a>	198KB	64.3KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/background-business-3.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/background-business-3.jpg</a>	137KB	25.6KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-3.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-3.jpg</a>	218KB	21.7KB

**Low** Use passive listeners to improve scrolling performance 1 event listener not passive

Consider marking your touch and wheel event listeners as `passive` to improve your page's scroll performance.

URL	LOCATION
<ul style="list-style-type: none"> <li><a href="https://ajax.googleapis.com/ajax/libs/jquery/1.11.0/jquery.min.js?ver=6.4.3">https://ajax.googleapis.com/ajax/libs/jquery/1.11.0/jquery.min.js?ver=6.4.3</a></li> </ul>	Line:2

**Low** Reduce JavaScript execution time TBT 962ms spent executing JavaScript

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this.

URL	TOTAL CPU TIME	SCRIPT EVALUATION	SCRIPT PARSE
<a href="https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha__en.js">https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha__en.js</a>	678ms	613ms	9ms
Unattributable	432ms	23ms	0ms
<a href="https://www.focusedmindcoaching.co.uk/">https://www.focusedmindcoaching.co.uk/</a>	394ms	12ms	2ms
<a href="https://ajax.googleapis.com/ajax/libs/jquery/1.11.0/jquery.min.js?ver=6.4.3">https://ajax.googleapis.com/ajax/libs/jquery/1.11.0/jquery.min.js?ver=6.4.3</a>	123ms	99ms	1ms
<a href="https://www.googletagmanager.com/gtag/js?id=UA-178885335-1">https://www.googletagmanager.com/gtag/js?id=UA-178885335-1</a>	73ms	65ms	3ms
<a href="https://www.googletagmanager.com/gtag/js?id=UA-116838459-1">https://www.googletagmanager.com/gtag/js?id=UA-116838459-1</a>	68ms	55ms	11ms
<a href="https://www.google-analytics.com/analytics.js">https://www.google-analytics.com/analytics.js</a>	63ms	54ms	8ms

**Low** Serve images in next-gen formats Potential savings of 1.00MB

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-4.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-4.png</a>	396KB	346KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-1.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-1.jpg</a>	438KB	205KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/background-sport-3.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/background-sport-3.jpg</a>	198KB	147KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-3.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-3.jpg</a>	218KB	138KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/background-business-3.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/background-business-3.jpg</a>	137KB	90.3KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/stu-newimage.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/stu-newimage.jpg</a>	104KB	49.3KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-milestone.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-milestone.png</a>	48.0KB	40.5KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-sanctus.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-sanctus.png</a>	15.3KB	10.5KB

**Low** Ensure text remains visible during webfont load FCP LCP 3 fonts found

Leverage the `font-display` CSS feature to ensure text is user-visible while webfonts are loading.

URL	POTENTIAL SAVINGS
• <a href="https://fonts.gstatic.com/s/roboto/v30/KFOmCnqEu92Fr1Mu4mxK.woff2">https://fonts.gstatic.com/s/roboto/v30/KFOmCnqEu92Fr1Mu4mxK.woff2</a>	56ms
• <a href="https://fonts.gstatic.com/s/roboto/v30/KFOICnqEu92Fr1MmWUlfBBc4.woff2">https://fonts.gstatic.com/s/roboto/v30/KFOICnqEu92Fr1MmWUlfBBc4.woff2</a>	17ms
• <a href="https://fonts.gstatic.com/s/roboto/v30/KFOICnqEu92Fr1MmSU5fBBc4.woff2">https://fonts.gstatic.com/s/roboto/v30/KFOICnqEu92Fr1MmSU5fBBc4.woff2</a>	17ms

**Low** **Reduce unused JavaScript** LCP Potential savings of 239KB

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
<a href="https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha_en.js">https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha_en.js</a>	196KB	96.3KB
<a href="https://www.googletagmanager.com/gtag/js?id=G-50YFWS8S7C&amp;dataLayer&amp;cx=c">https://www.googletagmanager.com/gtag/js?id=G-50YFWS8S7C&amp;dataLayer&amp;cx=c</a>	82.7KB	39.0KB
<a href="https://www.googletagmanager.com/gtag/js?id=G-G92ZQLPYRE&amp;dataLayer&amp;cx=c">https://www.googletagmanager.com/gtag/js?id=G-G92ZQLPYRE&amp;dataLayer&amp;cx=c</a>	82.5KB	38.9KB
<a href="https://www.googletagmanager.com/gtag/js?id=UA-116838459-1">https://www.googletagmanager.com/gtag/js?id=UA-116838459-1</a>	70.2KB	32.8KB
<a href="https://www.googletagmanager.com/gtag/js?id=UA-178885335-1">https://www.googletagmanager.com/gtag/js?id=UA-178885335-1</a>	70.6KB	31.9KB

**Low** **Avoid an excessive DOM size** TBT 251 elements

A large DOM will increase memory usage, cause longer style calculations, and produce costly layout reflows.

STATISTIC	ELEMENT	VALUE
Total DOM Elements		251
Maximum DOM Depth	div.bx-viewport > div.slider > div > img 	8
Maximum Child Elements	body.home <body class="home page-template page-template-index page-template-index-php page page-i..." style="">	29

**Low** **Reduce unused CSS** FCP LCP Potential savings of 21.5KB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
• @charset "UTF-8"; wp-block-archives{box-sizing:border-box} ...	21.5KB	21.5KB

**Low** **Reduce initial server response time** FCP LCP Root document took 379ms

Keep the server response time for the main document short because all other requests depend on it.

URL	TIME SPENT
• <a href="https://www.focusedmindcoaching.co.uk/">https://www.focusedmindcoaching.co.uk/</a>	379ms

**Low** **Defer offscreen images** Potential savings of 1.11MB

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive.



URL	RESOURCE SIZE	POTENTIAL SAVINGS
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-1.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-1.jpg</a>	438KB	438KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-4.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-4.png</a>	396KB	396KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-3.jpg">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/hero-3.jpg</a>	218KB	218KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-milestone.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-milestone.png</a>	48.0KB	48.0KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-sanctus.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-sanctus.png</a>	15.3KB	15.3KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-stp.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-stp.png</a>	11.6KB	11.6KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-asics.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-asics.png</a>	10.5KB	10.5KB
<a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-dv.png">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/images/footer-dv.png</a>	4.08KB	4.08KB

Low

**Minify JavaScript** FCP LCP

Potential savings of 10.6KB

Minifying JavaScript files can reduce payload sizes and script parse time.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
<ul style="list-style-type: none"> <li><a href="https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/_js/modernizr-2.8.0.dev.js">https://www.focusedmindcoaching.co.uk/wp-content/themes/focusedtheme/_js/modernizr-2.8.0.dev.js</a></li> </ul>	15.8KB	10.6KB

N/A

**Largest Contentful Paint element** LCP

2,350 ms

This is the largest contentful element painted within the viewport.

ELEMENT

Focused Mind Coaching is passionate about improving individual and team perform...

<h4>

PHASE	% OF LCP	TIMING
TTFB	64%	1.5s
Load Delay	0%	0ms
Load Time	0%	0ms
Render Delay	36%	836ms

N/A

**Avoid serving legacy JavaScript to modern browsers** TBT

Potential savings of 53B

Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. For your bundled JavaScript, adopt a modern script deployment strategy using module/nomodule feature detection to reduce the amount of code shipped to modern browsers, while retaining support for legacy browsers.

URL	POTENTIAL SAVINGS
<a href="https://www.focusedmindcoaching.co.uk/wp-includes/js/dist/vendor/wp-polyfill-inert.min.js?ver=3.1.2">https://www.focusedmindcoaching.co.uk/wp-includes/js/dist/vendor/wp-polyfill-inert.min.js?ver=3.1.2</a>	53B

Line:0 Column:452

```
@babel/plugin-transform-class
es
```

N/A

**Avoid large layout shifts** CLS

5 elements found

These DOM elements contribute most to the CLS of the page.

ELEMENT	CLS CONTRIBUTION
Focused Sport Focused Business About Stuart Podcasts Articles Testimonials Cont... <nav>	0.00
<div class="sociallinks">	0.00
Focused Mind Coaching is passionate about improving individual and team perform... <h4>	0.00
Focused Business <li id="menu-item-321" class="menu-item menu-item-type-post_type menu-item-object-page menu-item-321">	0.00
About Stuart <li id="menu-item-323" class="menu-item menu-item-type-post_type menu-item-object-page menu-item-323">	0.00

N/A **Minimize main-thread work** TBT Main-thread busy for 2.1s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this.

CATEGORY	TIME SPENT
Script Evaluation	1.1s
Other	551ms
Style & Layout	246ms
Script Parsing & Compilation	61ms
Rendering	40ms
Garbage Collection	34ms
Parse HTML & CSS	34ms

N/A **Reduce the impact of third-party code** TBT Third-party code blocked the main thread for 141ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
<b>GOOGLE CDN</b>	451KB	141ms
• <a href="https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha_en.js">https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/recaptcha_en.js</a>	392KB	141ms
• <a href="https://ajax.googleapis.com/ajax/libs/jquery/1.11.0/jquery.min.js?ver=6.4.3">https://ajax.googleapis.com/ajax/libs/jquery/1.11.0/jquery.min.js?ver=6.4.3</a>	33.4KB	0ms
• <a href="https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/styles_ltr.css">https://www.gstatic.com/recaptcha/releases/vj7hFxe2iNgbe-u95xTozOXW/styles_ltr.css</a>	24.1KB	0ms
<b>GOOGLE TAG MANAGER</b>	306KB	0ms
• <a href="https://www.googletagmanager.com/gtag/js?id=G-50YFWS8S7C&amp;l=dataLayer&amp;cx=c">https://www.googletagmanager.com/gtag/js?id=G-50YFWS8S7C&amp;l=dataLayer&amp;cx=c</a>	82.7KB	0ms
• <a href="https://www.googletagmanager.com/gtag/js?id=G-G92ZQLPYRE&amp;l=dataLayer&amp;cx=c">https://www.googletagmanager.com/gtag/js?id=G-G92ZQLPYRE&amp;l=dataLayer&amp;cx=c</a>	82.5KB	0ms
• <a href="https://www.googletagmanager.com/gtag/js?id=UA-178885335-1">https://www.googletagmanager.com/gtag/js?id=UA-178885335-1</a>	70.6KB	0ms
• <a href="https://www.googletagmanager.com/gtag/js?id=UA-116838459-1">https://www.googletagmanager.com/gtag/js?id=UA-116838459-1</a>	70.2KB	0ms
<b>GOOGLE FONTS</b>	78.9KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v30/KFOmCnqEu92Fr1Mu4mxK.woff2">https://fonts.gstatic.com/s/roboto/v30/KFOmCnqEu92Fr1Mu4mxK.woff2</a>	15.9KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v30/KFOlCnqEu92Fr1MmWUlfBBc4.woff2">https://fonts.gstatic.com/s/roboto/v30/KFOlCnqEu92Fr1MmWUlfBBc4.woff2</a>	15.6KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v18/KFOmCnqEu92Fr1Mu4mxK.woff2">https://fonts.gstatic.com/s/roboto/v18/KFOmCnqEu92Fr1Mu4mxK.woff2</a>	15.5KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v30/KFOlCnqEu92Fr1MmSU5fBBc4.woff2">https://fonts.gstatic.com/s/roboto/v30/KFOlCnqEu92Fr1MmSU5fBBc4.woff2</a>	15.5KB	0ms
• <a href="https://fonts.gstatic.com/s/roboto/v18/KFOlCnqEu92Fr1MmEU9fBBc4.woff2">https://fonts.gstatic.com/s/roboto/v18/KFOlCnqEu92Fr1MmEU9fBBc4.woff2</a>	15.3KB	0ms
<b>OTHER GOOGLE APIS/SDKS</b>	46.3KB	0ms
• <a href="https://www.google.com/recaptcha/api2/anchor?ar=1&amp;k=6LfOiMAZAAAAALNKNXXSIn4jMoPX41GiZEIRKsBE&amp;co=aHR0cHM6Ly93d3cuZm9jdXNlZG1pbmRjb2FjaGluZy5jby51azo0NDM.&amp;hl=en&amp;v=vj7hFxe2iNgbe-u95xTozOXW&amp;size=invisible&amp;cb=v5popq91jjuv">https://www.google.com/recaptcha/api2/anchor?ar=1&amp;k=6LfOiMAZAAAAALNKNXXSIn4jMoPX41GiZEIRKsBE&amp;co=aHR0cHM6Ly93d3cuZm9jdXNlZG1pbmRjb2FjaGluZy5jby51azo0NDM.&amp;hl=en&amp;v=vj7hFxe2iNgbe-u95xTozOXW&amp;size=invisible&amp;cb=v5popq91jjuv</a>	28.2KB	0ms
• <a href="https://www.google.com/recaptcha/api2/reload?k=6LfOiMAZAAAAALNKNXXSIn4jMoPX41GiZEIRKsBE">https://www.google.com/recaptcha/api2/reload?k=6LfOiMAZAAAAALNKNXXSIn4jMoPX41GiZEIRKsBE</a>	9.61KB	0ms
• <a href="https://www.google.com/js/bg/sLPlolr_9R2H1vFE63bCW9_RmUPMblk-XyKwDAco0G4.js">https://www.google.com/js/bg/sLPlolr_9R2H1vFE63bCW9_RmUPMblk-XyKwDAco0G4.js</a>	7.18KB	0ms
<b>GOOGLE ANALYTICS</b>	20.8KB	0ms
• <a href="https://www.google-analytics.com/analytics.js">https://www.google-analytics.com/analytics.js</a>	20.8KB	0ms
<b>TYPEFACE.AGENCY</b>	531B	0ms

N/A

**User Timing marks and measures**

No user timings and/or marks found.