Executive Summary



Performance Report for:

https://cellularorigins.com/

Report generated: Wed, Mar 13, 2024 4:01 AM -0700

Test Server Location: K London, UK

Using: O Chrome 117.0.0.0, Lighthouse 11.0.0

B

Performance 79%

Structure

86%

L. Contentful Paint

639ms

T. Blocking Time

335ms

C. Layout Shift

O

Top Issues

High	Avoid enormous network payloads LCP	Total size was 7.04MB
Med	Serve static assets with an efficient cache policy	Potential savings of 6.75MB
Med-Low	Use a Content Delivery Network (CDN)	17 resources found
Low	Avoid long main-thread tasks TBT	6 long tasks found
Low	Reduce JavaScript execution time TBT	532ms spent executing JavaScript

Page Details

HTML

1.8s

Fully Loaded Time

Total Page Size - 7.03MB



Total Page Requests - 30

JS	IMG	Other	CSS	FontHTMide
5.7%	26.7%	20%	13.3%	6.7%3.3%3%

Video

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How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, Google has announced that they are using page speed in their ranking algorithm.

About GTmetrix



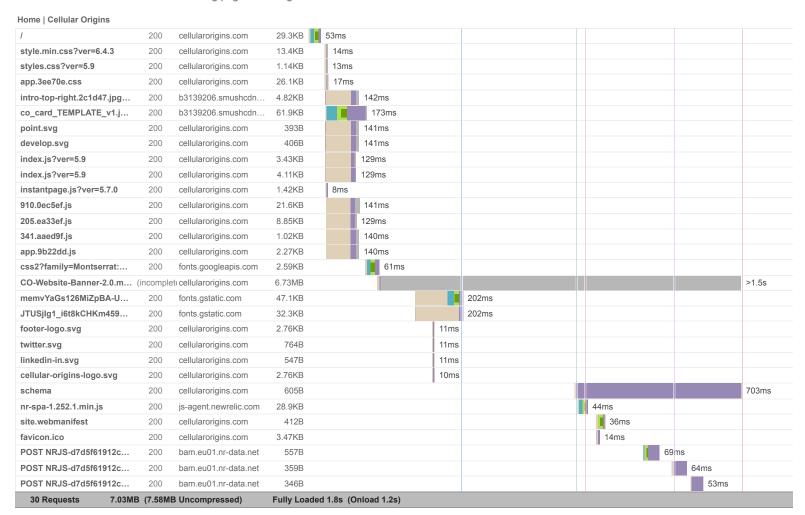
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 28 years experience in web technology.

https://carbon60.com/





The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.







Performance Metrics

Performance Metrics			
First Contentful Paint How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.	Good - Nothing to do here	Time to Interactive How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.	Good - Nothing to do here
Speed Index How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.	Much longer than recommended 2.6s	Total Blocking Time How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.	Longer than recommended 335ms
Largest Contentful Paint How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.	Good - Nothing to do here	Cumulative Layout Shift How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.	Good - Nothing to do here

Browser Timings

Redirect	Oms	Connect	44ms	Backend	8ms
TTFB	52ms	First Paint	640ms	DOM Int.	1.1s
DOM Loaded	1.1s	Onload	1.2s	Fully Loaded	1.8s

Structure Audits

IMPACT

AUDIT

Low

Avoid an excessive DOM size TBT

357 elements

A large DOM will increase memory usage, cause longer style calculations, and produce costly layout reflows.

STATISTIC ELEMENT VALUE Total DOM 357 Elements div > div.flex > a.bg-primary-100 > img.w-4 Maximum DOM <img width="512" height="512" src="https://cellularorigins.com/wp-</pre> 14 Depth content/uploads/twitter.svg" class="w-4 h-4" alt="" decoding="async" loading="lazy"> body.home Maximum Child 12 <body class="home page-template-default page page-id-59 wp-embed-responsive editor-styl..."</pre> Elements

Low

Properly size images

Potential savings of 50.3KB

Serve images that are appropriately-sized to save cellular data and improve load time.

URL RESOURCE SIZE POTENTIAL SAVINGS

https://b3139206.smushcdn.com/3139206/wp-content/uploads//co_card_TEMPLATE_v1.jpg?lossy=1&strip=1&webp=1 61.9KB 50.3KB

data-aos-easing="ease" data-aos-duration="1000" data-aos-delay="0">

Low

Reduce unused CSS FCP LCP

Potential savings of 36.8KB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity.

URL TRANSFER SIZE POTENTIAL SAVINGS

https://cellularorigins.com/wp-content/themes/cellular-origins-theme/public/css/app.3ee70e.css
 https://cellularorigins.com/wp-includes/css/dist/block-library/style.min.css?ver=6.4.3
 13.4KB
 13.3KB

Low

Avoid chaining critical requests FCP LCP

11 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Maximum critical path latency: 646ms

INITIAL NAVIGATION

https://cellularorigins.com/ 29.3KB, 45ms

https://cellularorigins.com/wp-includes/css/dist/block-library/style.min.css?ver=6.4.3 13.4KB, 9ms

https://cellularorigins.com/wp-content/themes/cellular-origins-theme/public/js/910.0ec5ef.js 21.6KB, 39ms

https://cellularorigins.com/wp-content/themes/cellular-origins-theme/public/js/341.aaed9f.js 1.02KB, 38ms

https://cellularorigins.com/wp-content/themes/cellular-origins-theme/public/js/app.9b22dd.js 2.27KB, 38ms

https://cellularorigins.com/wp-content/plugins/contact-form-7/includes/css/styles.css?ver=5.9 1.14KB, 8ms

https://cellularorigins.com/wp-content/themes/cellular-origins-theme/public/js/205.ea33ef.js 🍱 8.85KB, 26ms

https://cellularorigins.com/wp-content/plugins/contact-form-7/includes/js/index.js?ver=5.9 4.11KB, 27ms

https://cellularorigins.com/wp-content/plugins/instant-page/instantpage.js?ver=5.7.0 4 1.42KB, 7ms

https://cellularorigins.com/wp-content/plugins/contact-form-7/includes/swv/js/index.js?ver=5.9 🗗 3.43KB, 27ms

https://cellularorigins.com/wp-content/themes/cellular-origins-theme/public/css/app.3ee70e.css 26.1KB, 12ms

https://fonts.googleapis.com/css2?family=Montserrat:wght@600;700&family=Open+Sans:ital,wght@0,300;0,400;0,500;0,600;0,700;1,300;1,400&display=swap 2.59KB, 54ms

https://fonts.gstatic.com/s/montserrat/v26/JTUSjlg1_i6t8kCHKm459Wlhyw.woff2 32.4KB, 68ms

https://fonts.gstatic.com/s/opensans/v40/memvYaGs126MiZpBA-UvWbX2vVnXBbObj2OVTS-muw.woff2 47.6KB, 68ms

N/A Largest Contentful Paint element LCP 640 ms

This is the largest contentful element painted within the viewport.

ELEMENT

Enabling patient access to cell therapy at scale

<h1 class="my-0 md:w-7/12 text-white">

PHASE	% OF LCP	TIMING
TTFB	8%	53ms
Load Delay	0%	0ms
Load Time	0%	0ms
Render Delay	92%	586ms

N/A

Eliminate render-blocking resources FCP LCP

Potential savings of 0 ms

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles.

Resources that may be contributing to render-blocking include:

URL

TRANSFER SIZE

DOWNLOAD TIME

• https://cellularorigins.com/wp-content/plugins/contact-form-7/includes/css/styles.css?ver=5.9

1.14KB

152ms

N/A

Reduce initial server response time FCP LCP

Root document took 7ms

Keep the server response time for the main document short because all other requests depend on it.

TIME SPENT

• https://cellularorigins.com/

7ms

N/A

URL

Avoid serving legacy JavaScript to modern browsers TBT

Potential savings of 56B

Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. For your bundled JavaScript, adopt a modern script deployment strategy using module/nomodule feature detection to reduce the amount of code shipped to modern browsers, while retaining support for legacy browsers.

URL POTENTIAL SAVINGS

https://cellularorigins.com/wp-content/themes/cellular-origins-theme/public/js/205.ea33ef.js

56B

Line:1 Column:8767

@babel/plugin-transform-classes

N/A	Avoid large layout shifts CLS	2 elements found	
These DOM	I elements contribute most to the CLS of the page.		
ELEMENT		CLS CONTRIBUTION	
	gins is building scalable cell therapy automation manufacturing so	0.00	
<svg cla<="" td=""><td>main#main > div.wp-block-introduction > svg.absolute ss="absolute top-4 left-0 w-12 md:w-28 h-auto ric ttp://www.w3.org/2000/svg"></td><td>ght-0 mx-auto" viewBox="0 0 114 71" 0.00</td><td></td></svg>	main#main > div.wp-block-introduction > svg.absolute ss="absolute top-4 left-0 w-12 md:w-28 h-auto ric ttp://www.w3.org/2000/svg">	ght-0 mx-auto" viewBox="0 0 114 71" 0.00	
N/A	Minimize main-thread work TBT	Main-thread busy for 1.5s	
Consider re	ducing the time spent parsing, compiling and executing JS. You r	nay find delivering smaller JS payloads helps with this.	

CATEGORY	TIME SPENT
Other	624ms
Script Evaluation	560ms
Style & Layout	216ms
Parse HTML & CSS	104ms
Script Parsing & Compilation	20ms
Rendering	19ms

N/A Reduce the impact of third-party code TBT Third-party code blocked the main thread for 97ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
NEW RELIC	30.6KB	97ms
https://js-agent.newrelic.com/nr-spa-1.252.1.min.js	29.4KB	97ms
GOOGLE FONTS	82.7KB	0ms
https://fonts.gstatic.com/s/opensans/v40/memvYaGs126MiZpBA-UvWbX2vVnXBbObj2OVTS-muw.wo ff2	47.6KB	0ms
 https://fonts.gstatic.com/s/montserrat/v26/JTUSjlg1_i6t8kCHKm459Wlhyw.woff2 	32.4KB	0ms
SMUSHCDN.COM	67.9KB	0ms
 https://b3139206.smushcdn.com/3139206/wp-content/uploads//co_card_TEMPLATE_v1.jpg?lossy=1 &strip=1&webp=1 	62.5KB	0ms
• https://b3139206.smushcdn.com/3139206/wp-content/themes/cellular-origins-theme/public/images/intro-top-right.2c1d47.jpg?size=1536x1536&lossy=1&strip=1&webp=1	5.37KB	0ms

N/A

User Timing marks and measures

No user timings and/or marks found.