



# Performance Report for: <https://bioinduction.com/>

Report generated: Wed, Mar 13, 2024 2:12 AM -0700  
 Test Server Location: London, UK  
 Using: Chrome 117.0.0.0, Lighthouse 11.0.0

<b>A</b>	Performance	Structure	L. Contentful Paint	T. Blocking Time	C. Layout Shift
	86%	100%	2.3s	78ms	0.03

## Top Issues

Low	Avoid an excessive DOM size <small>TBT</small>	789 elements
Low	Eliminate render-blocking resources <small>FCP LCP</small>	Potential savings of 43ms
Low	Avoid enormous network payloads <small>LCP</small>	Total size was 1.00MB
Low	Properly size images	Potential savings of 191KB
Low	Efficiently encode images	Potential savings of 48.4KB

## Page Details



### Total Page Size - 1.00MB



### Total Page Requests - 59



■ HTML 
 ■ JS 
 ■ CSS 
 ■ IMG 
 ■ Video 
 ■ Font 
 ■ Other

## How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

## About GTmetrix



GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 28 years experience in web technology.

<https://carbon60.com/>

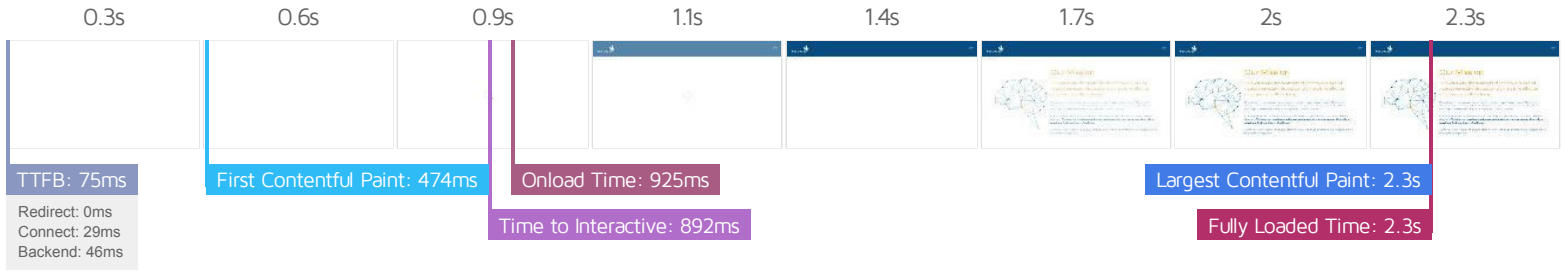
The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

### Picostim Skull Mounted DBS - Bioinduction Ltd

Resource	Size	Source	Load Time
/	200	bioinduction.com	16.8KB 76ms
style.min.css?ver=6.4.3	200	bioinduction.com	14.7KB 43ms
styles.css?ver=5.6.4	200	bioinduction.com	1.20KB 31ms
style.css?ver=220404-550...	200	bioinduction.com	577B 28ms
font-awesome-legacy.min...	200	bioinduction.com	10.0KB 37ms
grid-system.css?ver=15.0.4	200	bioinduction.com	3.11KB 38ms
style.css?ver=15.0.4	200	bioinduction.com	30.2KB 78ms
element-flip-box.css?ver...	200	bioinduction.com	1.54KB 65ms
element-fancy-unordered...	200	bioinduction.com	681B 39ms
element-milestone.css?v...	200	bioinduction.com	941B 62ms
css?family=Open+Sans%...	200	fonts.googleapis.com	2.13KB 95ms
responsive.css?ver=15.0.4	200	bioinduction.com	7.76KB 39ms
select2.css?ver=4.0.1	200	bioinduction.com	2.35KB 60ms
skin-material.css?ver=15...	200	bioinduction.com	9.35KB 64ms
menu-dynamic.css?ver=4...	200	bioinduction.com	0.99KB 62ms
js_composer.min.css?ver...	200	bioinduction.com	6.59KB 75ms
salient-dynamic-styles.cs...	200	bioinduction.com	21.0KB 76ms
css?family=Montserrat%...	200	fonts.googleapis.com	681B 94ms
jquery.min.js?ver=3.7.1	200	bioinduction.com	31.1KB 75ms
jquery-migrate.min.js?ver...	200	bioinduction.com	5.20KB 68ms
custom.js?ver=220404-55...	200	bioinduction.com	1.10KB 69ms
Bio-logo-2_reversesded-c...	200	bioinduction.com	54.0KB 280ms
Brain-idea-2.png	200	bioinduction.com	145KB 287ms
equals-solid-300x193.png	200	bioinduction.com	2.60KB 285ms
animate.min.css?ver=6.9.1	200	bioinduction.com	4.35KB 168ms
style-non-critical.css?ver...	200	bioinduction.com	5.37KB 168ms
jquery.fancybox.css?ver=...	200	bioinduction.com	3.88KB 256ms
core.css?ver=15.0.4	200	bioinduction.com	3.90KB 272ms
slide-out-right-hover.css?...	200	bioinduction.com	1.95KB 250ms
index.js?ver=5.6.4	200	bioinduction.com	3.41KB 256ms
index.js?ver=5.6.4	200	bioinduction.com	4.37KB 246ms
encoder-form.js?ver=220...	200	bioinduction.com	1.20KB 256ms
jquery.easing.min.js?ver=...	200	bioinduction.com	1.34KB 252ms
jquery.mousewheel.min.j...	200	bioinduction.com	1.65KB 252ms
priority.js?ver=15.0.4	200	bioinduction.com	1.25KB 254ms
transit.min.js?ver=0.9.9	200	bioinduction.com	3.21KB 255ms
waypoints.js?ver=4.0.2	200	bioinduction.com	3.18KB 254ms
imagesLoaded.min.js?ver...	200	bioinduction.com	2.31KB 256ms
hoverintent.min.js?ver=1.9	200	bioinduction.com	1.45KB 261ms
jquery.fancybox.min.js?v...	200	bioinduction.com	22.3KB 262ms
anime.min.js?ver=4.5.1	200	bioinduction.com	7.68KB 261ms
superfish.js?ver=1.5.8	200	bioinduction.com	2.56KB 256ms
init.js?ver=15.0.4	200	bioinduction.com	76.5KB 277ms
touchswipe.min.js?ver=1.0	200	bioinduction.com	3.82KB 267ms
select2.min.js?ver=4.0.1	200	bioinduction.com	18.7KB 270ms
comment-reply.min.js?ve...	200	bioinduction.com	1.79KB 283ms
js_composer_front.min.js...	200	bioinduction.com	6.78KB 275ms
nik-1.jpg	200	bioinduction.com	36.4KB 68ms
ivor-1.jpg	200	bioinduction.com	42.3KB 60ms
anton.jpg	200	bioinduction.com	43.3KB 59ms
khalid.jpg	200	bioinduction.com	42.2KB 62ms
jon-1.jpg	200	bioinduction.com	42.9KB 62ms
barry-1.jpg	200	bioinduction.com	48.8KB 58ms

JTUSjlg1_i6t8kCHKm459...	200	fonts.gstatic.com	32.3KB		197ms	
memvYaGs126MiZpBA-U...	200	fonts.gstatic.com	47.1KB		197ms	
fontawesome-webfont.wo...	200	bioinduction.com	96.3KB		189ms	
icomoon.woff?v=1.3	200	bioinduction.com	21.2KB		166ms	
wp-emoji-release.min.js?...	200	bioinduction.com	5.32KB		48ms	
bio_logo_sq-150x150.png	200	bioinduction.com	8.75KB			47ms

**59 Requests**      **1.00MB (2.23MB Uncompressed)**      **Fully Loaded 2.3s (Onload 925ms)**



### Performance Metrics

<p><b>First Contentful Paint</b></p> <p>How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.</p>	<p>Good - Nothing to do here</p> <p><b>473ms</b></p>	<p><b>Time to Interactive</b></p> <p>How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.</p>	<p>Good - Nothing to do here</p> <p><b>891ms</b></p>
<p><b>Speed Index</b></p> <p>How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.</p>	<p>OK, but consider improvement</p> <p><b>1.5s</b></p>	<p><b>Total Blocking Time</b></p> <p>How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.</p>	<p>Good - Nothing to do here</p> <p><b>78ms</b></p>
<p><b>Largest Contentful Paint</b></p> <p>How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.</p>	<p>Longer than recommended</p> <p><b>2.3s</b></p>	<p><b>Cumulative Layout Shift</b></p> <p>How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.</p>	<p>Good - Nothing to do here</p> <p><b>0.03</b></p>

### Browser Timings

Redirect	0ms	Connect	29ms	Backend	46ms
TTFB	75ms	First Paint	474ms	DOM Int.	770ms
DOM Loaded	773ms	Onload	925ms	Fully Loaded	2.3s

IMPACT AUDIT

Low

**Ensure text remains visible during webfont load** FCP LCP

2 fonts found

Leverage the `font-display` CSS feature to ensure text is user-visible while webfonts are loading.

URL	POTENTIAL SAVINGS
• <a href="https://fonts.gstatic.com/s/montserrat/v26/JTUSjlg1_i6t8kCHKm459Wlhyw.woff2">https://fonts.gstatic.com/s/montserrat/v26/JTUSjlg1_i6t8kCHKm459Wlhyw.woff2</a>	42ms
• <a href="https://fonts.gstatic.com/s/opensans/v40/memvYaGs126MiZpBA-UvWbX2vVnXBbObj2OVTS-muw.woff2">https://fonts.gstatic.com/s/opensans/v40/memvYaGs126MiZpBA-UvWbX2vVnXBbObj2OVTS-muw.woff2</a>	42ms

Low

**Avoid long main-thread tasks** TBT

4 long tasks found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay.

URL	START TIME	DURATION
• <a href="https://bioinduction.com/">https://bioinduction.com/</a>	306ms	126ms
• <a href="https://bioinduction.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1">https://bioinduction.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1</a>	782ms	108ms
• <a href="https://bioinduction.com/">https://bioinduction.com/</a>	667ms	70ms
• <a href="https://bioinduction.com/">https://bioinduction.com/</a>	103ms	57ms

Low

**Reduce JavaScript execution time** TBT

175ms spent executing JavaScript

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this.

URL	TOTAL CPU TIME	SCRIPT EVALUATION	SCRIPT PARSE
• <a href="https://bioinduction.com/">https://bioinduction.com/</a>	477ms	53ms	2ms
• Unattributable	223ms	13ms	0ms
• <a href="https://bioinduction.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1">https://bioinduction.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1</a>	175ms	105ms	1ms

Low

**Reduce unused CSS** FCP LCP

Potential savings of 55.5KB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
• <a href="https://bioinduction.com/wp-content/themes/salient/css/build/style.css?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/css/build/style.css?ver=15.0.4</a>	30.2KB	26.2KB
• <a href="https://bioinduction.com/wp-content/themes/salient/css/salient-dynamic-styles.css?ver=78184">https://bioinduction.com/wp-content/themes/salient/css/salient-dynamic-styles.css?ver=78184</a>	21.0KB	14.7KB
• <a href="https://bioinduction.com/wp-includes/css/dist/block-library/style.min.css?ver=6.4.3">https://bioinduction.com/wp-includes/css/dist/block-library/style.min.css?ver=6.4.3</a>	14.7KB	14.6KB

Low

**Serve images in next-gen formats**

Potential savings of 224KB

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
<a href="https://bioinduction.com/wp-content/uploads/2019/03/Brain-idea-2.png">https://bioinduction.com/wp-content/uploads/2019/03/Brain-idea-2.png</a>	145KB	39.8KB
<a href="https://bioinduction.com/wp-content/uploads/2021/06/barry-1.jpg">https://bioinduction.com/wp-content/uploads/2021/06/barry-1.jpg</a>	48.3KB	32.2KB
<a href="https://bioinduction.com/wp-content/uploads/2021/06/anton.jpg">https://bioinduction.com/wp-content/uploads/2021/06/anton.jpg</a>	42.8KB	28.9KB
<a href="https://bioinduction.com/wp-content/uploads/2021/06/jon-1.jpg">https://bioinduction.com/wp-content/uploads/2021/06/jon-1.jpg</a>	42.4KB	28.4KB
<a href="https://bioinduction.com/wp-content/uploads/2021/06/ivor-1.jpg">https://bioinduction.com/wp-content/uploads/2021/06/ivor-1.jpg</a>	41.7KB	27.8KB
<a href="https://bioinduction.com/wp-content/uploads/2021/06/khalid.jpg">https://bioinduction.com/wp-content/uploads/2021/06/khalid.jpg</a>	41.7KB	26.9KB
<a href="https://bioinduction.com/wp-content/uploads/2021/06/nik-1.jpg">https://bioinduction.com/wp-content/uploads/2021/06/nik-1.jpg</a>	35.8KB	24.9KB
<a href="https://bioinduction.com/wp-content/uploads/2019/03/Bio-logo-2_reversedded-copy-1.png">https://bioinduction.com/wp-content/uploads/2019/03/Bio-logo-2_reversedded-copy-1.png</a>	53.5KB	15.4KB

Low

**Avoid non-composited animations** CLS

1 animated element found

Animations which are not composited can be janky and increase CLS.

ELEMENT

NAME

div.loading-icon > div.material-icon > svg.nectar-material-spinner > circle

```
<circle stroke-linecap="round" cx="30" cy="30" r="26" fill="none" stroke-width="6">
```

Unsupported CSS Property: stroke-dashoffset

nectar\_material\_loader\_dash

Unsupported CSS Property: stroke

nectar\_material\_loader\_colors

Low

**Avoid chaining critical requests** FCP LCP

42 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Maximum critical path latency: **531ms**

INITIAL NAVIGATION

<a href="https://bioinduction.com/">https://bioinduction.com/</a> 16.8KB, 74ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/grid-system.css?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/css/build/grid-system.css?ver=15.0.4</a> 3.11KB, 35ms
<a href="https://bioinduction.com/wp-content/plugins/js_composer_salient/assets/js/dist/js_composer_front.min.js?ver=6.9.1">https://bioinduction.com/wp-content/plugins/js_composer_salient/assets/js/dist/js_composer_front.min.js?ver=6.9.1</a> 6.78KB, 91ms
<a href="https://bioinduction.com/wp-content/plugins/salient-core/js/third-party/touchswipe.min.js?ver=1.0">https://bioinduction.com/wp-content/plugins/salient-core/js/third-party/touchswipe.min.js?ver=1.0</a> 3.82KB, 83ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/style-non-critical.css?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/css/build/style-non-critical.css?ver=15.0.4</a> 5.37KB, 21ms
<a href="https://bioinduction.com/wp-content/themes/salient/js/build/priority.js?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/js/build/priority.js?ver=15.0.4</a> 1.25KB, 71ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/elements/element-flip-box.css?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/css/build/elements/element-flip-box.css?ver=15.0.4</a> 1.54KB, 60ms
<a href="https://bioinduction.com/wp-content/plugins/contact-form-7/includes/swv/js/index.js?ver=5.6.4">https://bioinduction.com/wp-content/plugins/contact-form-7/includes/swv/js/index.js?ver=5.6.4</a> 3.41KB, 73ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/off-canvas/slide-out-right-hover.css?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/css/build/off-canvas/slide-out-right-hover.css?ver=15.0.4</a> 1.95KB, 67ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/off-canvas/core.css?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/css/build/off-canvas/core.css?ver=15.0.4</a> 3.90KB, 89ms
<a href="https://bioinduction.com/wp-content/themes/salient/js/build/third-party/transit.min.js?ver=0.9.9">https://bioinduction.com/wp-content/themes/salient/js/build/third-party/transit.min.js?ver=0.9.9</a> 3.21KB, 72ms
<a href="https://bioinduction.com/wp-content/themes/salient/js/build/third-party/superfish.js?ver=1.5.8">https://bioinduction.com/wp-content/themes/salient/js/build/third-party/superfish.js?ver=1.5.8</a> 2.56KB, 72ms
<a href="https://bioinduction.com/wp-content/plugins/email-encoder-bundle/core/includes/assets/css/style.css?ver=220404-55044">https://bioinduction.com/wp-content/plugins/email-encoder-bundle/core/includes/assets/css/style.css?ver=220404-55044</a> 577B, 25ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/skin-material.css?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/css/build/skin-material.css?ver=15.0.4</a> 9.35KB, 60ms
<a href="https://bioinduction.com/wp-content/plugins/email-encoder-bundle/core/includes/assets/js/encoder-form.js?ver=220404-55044">https://bioinduction.com/wp-content/plugins/email-encoder-bundle/core/includes/assets/js/encoder-form.js?ver=220404-55044</a> 1.20KB, 73ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/block-library/style.min.css?ver=6.4.3">https://bioinduction.com/wp-content/themes/salient/css/build/block-library/style.min.css?ver=6.4.3</a> 14.7KB, 40ms
<a href="https://bioinduction.com/wp-content/themes/salient/js/build/third-party/jquery.fancybox.min.js?ver=3.3.8">https://bioinduction.com/wp-content/themes/salient/js/build/third-party/jquery.fancybox.min.js?ver=3.3.8</a> 22.3KB, 79ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/elements/element-fancy-unordered-list.css?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/css/build/elements/element-fancy-unordered-list.css?ver=15.0.4</a> 681B, 34ms
<a href="https://bioinduction.com/wp-content/themes/salient/css/build/plugins/jquery.fancybox.css?ver=3.3.1">https://bioinduction.com/wp-content/themes/salient/css/build/plugins/jquery.fancybox.css?ver=3.3.1</a> 3.88KB, 73ms
<a href="https://bioinduction.com/wp-content/themes/salient/js/build/init.js?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/js/build/init.js?ver=15.0.4</a> 76.5KB, 94ms

- <https://bioinduction.com/wp-content/themes/salient/css/build/responsive.css?ver=15.0.4> 7.76KB, 35ms
- <https://bioinduction.com/wp-content/themes/salient/js/build/third-party/jquery.mousewheel.min.js?ver=3.1.13> 1.65KB, 69ms
- <https://bioinduction.com/wp-content/themes/salient/css/salient-dynamic-styles.css?ver=78184> 21.0KB, 72ms
- <https://bioinduction.com/wp-content/plugins/contact-form-7/includes/js/index.js?ver=5.6.4> 4.37KB, 63ms
- <https://bioinduction.com/wp-includes/js/jquery/jquery.min.js?ver=3.7.1> 31.1KB, 71ms
- <https://bioinduction.com/wp-includes/js/jquery/jquery-migrate.min.js?ver=3.4.1> 5.20KB, 64ms
- <https://bioinduction.com/wp-content/themes/salient/js/build/third-party/jquery.easing.min.js?ver=1.3> 1.34KB, 69ms
- <https://bioinduction.com/wp-content/plugins/contact-form-7/includes/css/styles.css?ver=5.6.4> 1.20KB, 28ms
- <https://bioinduction.com/wp-content/plugins/email-encoder-bundle/core/includes/assets/js/custom.js?ver=220404-55044> 1.10KB, 64ms
- [https://bioinduction.com/wp-content/plugins/js\\_composer\\_salient/assets/lib/bower/animate-css/animate.min.css?ver=6.9.1](https://bioinduction.com/wp-content/plugins/js_composer_salient/assets/lib/bower/animate-css/animate.min.css?ver=6.9.1) 4.35KB, 21ms
- <https://bioinduction.com/wp-content/uploads/salient/menu-dynamic.css?ver=45405> 0.99KB, 57ms
- <https://bioinduction.com/wp-content/themes/salient/js/build/third-party/imagesLoaded.min.js?ver=4.1.4> 2.31KB, 73ms
- <https://bioinduction.com/wp-content/themes/salient/css/build/plugins/select2.css?ver=4.0.1> 2.35KB, 55ms
- <https://bioinduction.com/wp-content/themes/salient/js/build/third-party/anime.min.js?ver=4.5.1> 7.68KB, 77ms
- <https://bioinduction.com/wp-content/themes/salient/js/build/third-party/select2.min.js?ver=4.0.1> 18.7KB, 86ms
- <https://bioinduction.com/wp-content/themes/salient/js/build/third-party/hoverintent.min.js?ver=1.9> 1.45KB, 77ms
- <https://bioinduction.com/wp-content/themes/salient/js/build/third-party/waypoints.js?ver=4.0.2> 3.18KB, 71ms
- <https://bioinduction.com/wp-content/themes/salient/css/build/elements/element-milestone.css?ver=15.0.4> 941B, 58ms
- [https://bioinduction.com/wp-content/plugins/js\\_composer\\_salient/assets/css/js\\_composer.min.css?ver=6.9.1](https://bioinduction.com/wp-content/plugins/js_composer_salient/assets/css/js_composer.min.css?ver=6.9.1) 6.59KB, 71ms
- <https://bioinduction.com/wp-content/themes/salient/css/font-awesome-legacy.min.css?ver=4.7.1> 10.0KB, 34ms
- <https://bioinduction.com/wp-content/themes/salient/css/fonts/fontawesome-webfont.woff?v=4.2> 96.3KB, 35ms
- <https://fonts.googleapis.com/css?family=Montserrat%3A500%2C400%2C300&ver=1666849453> 681B, 90ms
- [https://fonts.gstatic.com/s/monserrat/v26/JTUSjlg1\\_i6t8kCHKm459Wlhyw.woff2](https://fonts.gstatic.com/s/monserrat/v26/JTUSjlg1_i6t8kCHKm459Wlhyw.woff2) 32.4KB, 42ms
- <https://fonts.googleapis.com/css?family=Open+Sans%3A300%2C400%2C600%2C700&subset=latin%2Clatin-ext> 2.13KB, 91ms
- <https://fonts.gstatic.com/s/opensans/v40/memvYaGs126MiZpBA-UvWbX2VnXBbObj2OVTS-muw.woff2> 47.6KB, 42ms
- <https://bioinduction.com/wp-content/themes/salient/css/build/style.css?ver=15.0.4> 30.2KB, 75ms
- <https://bioinduction.com/wp-content/themes/salient/css/fonts/icomoon.woff?v=1.3> 21.2KB, 18ms

**Low** **Reduce unused JavaScript** LCP Potential savings of 60.1KB

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
<a href="https://bioinduction.com/wp-content/themes/salient/js/build/init.js?ver=15.0.4">https://bioinduction.com/wp-content/themes/salient/js/build/init.js?ver=15.0.4</a>	76.5KB	60.1KB

**N/A** **Largest Contentful Paint element** LCP 2,280 ms

This is the largest contentful element painted within the viewport.

**ELEMENT**

```
div.inner > div.hover-wrap > div.hover-wrap-inner > img.img-with-animation

```

PHASE	% OF LCP	TIMING
TTFB	3%	74ms
Load Delay	9%	203ms
Load Time	4%	100ms
Render Delay	83%	1.9s

N/A **Reduce initial server response time** FCP LCP Root document took 45ms

Keep the server response time for the main document short because all other requests depend on it.

URL	TIME SPENT
<ul style="list-style-type: none"> <li><a href="https://bioinduction.com/">https://bioinduction.com/</a></li> </ul>	45ms

N/A **Avoid large layout shifts** CLS 2 elements found

These DOM elements contribute most to the CLS of the page.

ELEMENT	CLS CONTRIBUTION
<div>div.row_col_wrap_12 &gt; div.vc_col-sm-4 &gt; div.vc_column-inner &gt; div.wpb_wrapper</div> <div>&lt;div class="wpb_wrapper"&gt;</div>	0.03
<div>div.row &gt; div#market-opportunity &gt; div.row-bg-wrap &gt; div.row-bg-overlay</div> <div>&lt;div class="row-bg-overlay row-bg-layer" style="background-color:#104f83; opacity: 1; "&gt;</div>	0.00

N/A **Minimize main-thread work** TBT Main-thread busy for 993ms

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this.

CATEGORY	TIME SPENT
Other	347ms
Style & Layout	295ms
Script Evaluation	217ms
Parse HTML & CSS	88ms
Rendering	26ms
Script Parsing & Compilation	14ms
Garbage Collection	2ms



N/A

**Reduce the impact of third-party code** TBT

Total size was 82.9KB

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
<b>GOOGLE FONTS</b>	82.9KB	0ms
• <a href="https://fonts.gstatic.com/s/opensans/v40/memvYaGs126MiZpBA-UvWbX2vVnXBbObj2OVTS-muw.woff2">https://fonts.gstatic.com/s/opensans/v40/memvYaGs126MiZpBA-UvWbX2vVnXBbObj2OVTS-muw.woff2</a>	47.6KB	0ms
• <a href="https://fonts.gstatic.com/s/montserrat/v26/JTUSjlg1_i6t8kCHKm459Wlhyw.woff2">https://fonts.gstatic.com/s/montserrat/v26/JTUSjlg1_i6t8kCHKm459Wlhyw.woff2</a>	32.4KB	0ms

N/A

**Avoid serving legacy JavaScript to modern browsers** TBT

Nothing to do here, good job!

N/A

**User Timing marks and measures**

No user timings and/or marks found.